



In a fast-paced world, growing something brings us back to basics. It gives kids a chance to slow down, care for something, and see the results of their effort. And here in South Florida, we're lucky our climate allows us to grow almost year-round. Small habits grow into lifelong connections!



Milkweed

Milkweed is more than just a plant; it's a home for monarch butterflies. Kids love spotting caterpillars and watching them transform.

Why It's Great

- Supports pollinators
- Hands-on learning about life cycles
- Grows well in Miami's climate



Basil

Basil is easy to grow, thrives in warm weather, and provides fresh flavor while naturally attracting pollinators to your garden.

Why It's Great

- Easy to grow indoors or outdoors
- Can be used in meals
- Encourages healthy eating habits



Cherry Tomatoes

Cherry tomato plants are easy to grow, produce abundant fruit throughout the season, and make a delicious snack straight from the garden.

Why It's Great

- Fast-growing and productive
- Perfect for containers
- Makes gardening exciting and interactive

Additional Tips & Resources

- Make it a weekly ritual
- Pick one day a week to talk about the changes they see
- Cook and taste what you grow together

Articles:

- [Better Homes & Gardens - 25 Gardening Tips Every Gardener Should Know](#)
- [Plantisima - 15 Essential Gardening Tips Every Beginner Should Master](#)



Download Florida-Friendly Landscaping (FFL) Plant Guide app free!

Where to Find Seedlings to Start

- Flamingo Road Nursery (Davie)
- Living Color Garden Center (Ft. Lauderdale)
- Smarty Plants Nursery (Miami)
- Lowe's & Home Depot Garden Centers

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