

AT A GLANCE

IHSA 2019 - 2020 Professional Training Calendar

August 2019

August 6: CAE Retreat / Springfield

September 2019

September 11: Homelessness Roundtable / Springfield
September 19: Directors Monthly B2E Teleconference

October 2019

October 1: Directors Fall Meeting / Springfield
October 2 & 3: CLASS Observation Training / Springfield
October 9 & 10: Practice Based Coaching Training Institute / Chicago
October 21: Family Services & ERSEA QEC (ALL REGIONS)
October 22: Disabilities/Mental Health & Wellness QEC (ALL REGIONS)
October 23: Health & Nutrition QEC (ALL REGIONS)
October 24: Education & Coaching QEC (ALL REGIONS)
October 25: EHS / Home Visiting QEC (ALL REGIONS)

November 2019

November 5: Good to Great Training Series / Professional Development Springfield
November 6: Good to Great Training Series / Human Resources & Fiscal Springfield
November 7: Good to Great Training Series: Trauma-Informed Organization Springfield
November 12-15: Region V Head Start Conference / Chicago
November 21: Directors Monthly B2E Teleconference

December 2019

December 4-6: Site Directors & Management Academy / Springfield
December 19: Directors B2E Monthly Call

January 2020

January 9: Directors Winter Meeting / Springfield
January 14: Family Services & ERSEA QEC (ALL REGIONS)
January 15: Disabilities, Mental Health & Wellness QEC (ALL REGIONS)
January 16: Health & Nutrition QEC (ALL REGIONS)
January 17: EHS & Home Visiting QEC (ALL REGIONS)
January 23: Education & Coaching QEC (ALL REGIONS)

February 2020

February 5 & 6: CLASS Observation Training / Springfield
February 20: Directors Monthly B2E Call

March 2020

March 11-13, 2020
IHSA Annual Conference
President Abraham Lincoln Hotel a Doubletree by Hilton Hotel
March 9-11: Pre-Conference Session
PFCE (Parent, Family & Community Engagement)

March 25 & 26: Practice Based Coaching Training Institute / Springfield

April 2020

April 16: Education & Coaching QEC (ALL REGIONS)
April 16: Directors Monthly B2E Teleconference
April 21 & 22: CLASS Observation Training / Aurora
April 28: Family Services & ERSEA QEC (ALL REGIONS)
April 29: Disabilities/Mental Health & Wellness QEC (ALL REGIONS)
April 30: Health & Nutrition QEC (ALL REGIONS)

May 2020

May 1: EHS / Home Visiting QEC (ALL REGIONS)
May 5: Good to Great Training Series / Professional Development / Springfield
May 6: Good to Great Training Series / Human Resources & Fiscal / Springfield
May 7: Good to Great Training Series: Trauma-Informed Organization / Springfield
May 21: Directors B2E Monthly Call

June 2020

June 3-5: Directors Institute / Pere Marquette, Grafton

July 2020

July 21-23: Vanessa Rich Leadership Experience Summer Retreat / Pere Marquette, Grafton

QEC Regions:

Central = IHSA Springfield / South = Fairfield Inn Mt. Vernon / Chicago = El Valor Carlos Cantu Center Chicago

Homelessness Roundtable

September 11, 2019

Homeless Families and their children have been served by Head Start and Early Head Start local agencies for many years. Our programs are uniquely equipped to serve these families with our comprehensive service model.

The new Head Start Program Performance Standards (HSPPS) released in November 2016 include a provision [§1302.15(c)] allowing Head Start and Early Head Start programs to reserve one or more enrollment slots (up to 3% of the funded enrollment) for pregnant women and children experiencing homelessness in their service areas for a period of 30 days when a vacancy occurs. This provision complements the aforementioned regulations of the Head Start Act and can serve as one part of a program's broader strategy for serving children and families experiencing homelessness (<https://naehcy.org/early-childhood/>). Furthermore, local program leaders report challenges on reaching and impacting this community in a meaningful manner. Here in Illinois, and across this nation, services to homeless families is complex and requires new innovations, partnerships and resources.

Join us for a Roundtable on Services to Families Experiencing Homelessness, on September 11, 2019!

During this time, we hope to engage with our Regional Office and hear updates on how they are supporting this effort in coordination with the Central Office of Head Start. We are planning for presentations from selected agencies and group discussions to reflect on challenges facing our grantees, delegates, and community partners.

Location: IHSA/IACAA Training Room / 3435 Liberty Drive / Springfield

Time: 10:00am—3:00pm

Member Registration Fee: Free for IHSA Members

Non Member Registration Fee: \$150.00 per person

Meals Included: Lunch

[REGISTER ONLINE HERE](#)

Directors Meetings

We invite new, current and future leaders the opportunity to come together to connect, reflect, learn and build. The Directors meetings are an important opportunity to gather and collectively assess the challenges facing us, and identify how to move forward, cooperatively, and sometimes with solutions for you to apply within your own agencies. This event is not just education or networking, but truly designed to be a venue for problem-solving and creating value that you can take back to implement with your own Head Start teams. Don't miss the opportunity to come together with other statewide Head Start/Early Head Start Directors and to enjoy some well deserved time away from the Agency!

Fall Meeting: Tuesday, October 1, 2019

Location: IHSA/IACAA Training Room / 3435 Liberty Drive / Springfield IL 62704

Time: 9:00am—3:00pm

Registration Fee: \$125.00 member / \$275.00 non-member

Meals included: lite breakfast and lunch

[REGISTER ONLINE HERE](#)

Winter Meeting: Thursday, January 9, 2020

Location: IHSA/IACAA Training Room / 3435 Liberty Drive / Springfield IL 62704

Time: 9:00am—3:00pm

Registration Fee: \$125.00 member / \$275.00 non-member

Meals included: lite breakfast and lunch

[REGISTER ONLINE HERE](#)

2020 Directors Institute

Wednesday June 3—Friday June 5, 2020

Location: Pere Marquette Lodge & Conference Center / 13653 Lodge Blvd / Grafton, Illinois 62037 / 618-786-2331

Sleeping Room Rate: \$99.00 Plus Tax (Sleeping room reservation details coming soon!)

Times: The Institute will begin at 1:00pm on Wednesday and will end at Noon on Friday

Registration Fee: \$285.00 member / \$435 non-member

Meals Included: Wednesday—afternoon break and Dinner, Thursday—Cont. Breakfast & Lunch, Friday- Breakfast

Registration is currently closed. Registration will open March 3, 2020.



BREAK TO EDUCATE

EHS/HS Directors! Don't Miss the B2E (BREAK2EDUCATE) Monthly Calls!!

NEW DESIGN FOR B2E's COMING!

Grab your lunch and call-in monthly on the B2E date to make sure you stay in the loop with new happenings in the Head Start world! Don't miss this monthly opportunity to stay informed on important federal and state initiatives and how they might affect your program. Mark your calendars now for the 3rd Thursday every month from Noon - 1:00pm! No need to register...on the date & time just call **1-866-866-2244** and then press code **6150639#**.

Next Directors B2E: September 19, 2019

CLASS Observation Training



The CLASS (Classroom Assessment Scoring System) is an observational instrument to assess quality in preschool classrooms. The CLASS assesses interactions between children and teachers in three broad domains of classroom quality: Emotional Support, Classroom Organization, and Instructional Support. The Office of Head Start believes that the domains of quality measured by the CLASS remain central to its approach to child development and education and serve as important indicators of the future school readiness of all Head Start children. The two days will focus on CLASS Observation Training with Reliability Assessment offered online.

Who should attend? Are you interested in learning how to observe classrooms using the CLASS? This training will guide you through the CLASS Observation tools and prepare you to become a reliable CLASS Observer in our two-day Pre-K CLASS Observation Training. This training is open to Education Managers, Curriculum Specialists, Master Teachers, and Program Directors in Head Start agencies, school districts, and other early childhood agencies that serve preschool age children. ***Important Note: Attendance is required for both days to be eligible for reliability testing.***

Date: October 2 & 3, 2019

Location: IHSA/IACAA Training Room / 3435 Liberty Drive / Springfield

Time: 8:30am—5:00pm (both days)

Registration Fee: \$395.00

Meals Included: lite breakfast and lunch both days

[REGISTER ONLINE HERE](#)

Date: February 5 & 6, 2020

Location: IHSA/IACAA Training Room / 3435 Liberty Drive / Springfield

Time: 8:30am—5:00pm (both days)

Registration Fee: \$395.00

Meals Included: lite breakfast and lunch both days

Registration is currently closed. Registration will open November 5, 2019.

Date: April 21 & 22, 2020

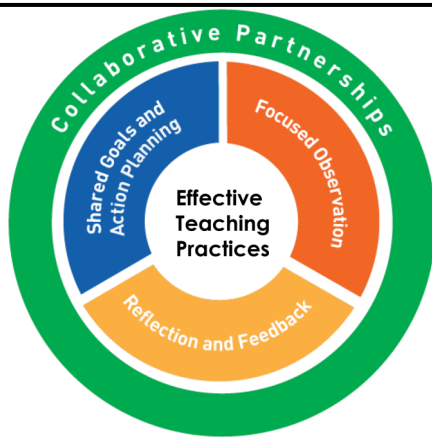
Location: Two Rivers Head Start Agency / 1661 Landmark Road / Aurora

Time: 8:30am—5:00pm (both days)

Registration Fee: \$395.00

Meals included: lite breakfast and lunch both days

Registration is currently closed. Registration will open January 21, 2020.



Practice Based Coaching

Training Institute

PBCTI

The Practice-Based Coaching Training Institute (PBCTI) is an intensive 2-day event intended for coaches implementing the Practice Based Coaching model. During the PBCTI, coaches will learn how to use Practice-Based Coaching to support staff's use of high-quality teaching and home-visiting practices.

Objectives for the PBCTI:

Coaches will be able to:

- Identify the key components of PBC
- Describe the characteristics of collaborative partnerships
- Work with staff to create shared goals and develop action plans for achieving those goals
- Conduct focused observations based on action plans
- Use reflection and feedback to support staff's implementation of the identified goals
- Meet the Head Start Program Performance Standard for implementing a research-based, coordinated coaching strategy by a trained coach



The training content has been expanded to include coaching in center-based, home-based and family child care program options. Discussion will include coaching to fidelity with an emphasis on using research-based teaching practices.

October 9 & 10, 2019

Location: Easter Seals Chicago / 4415 West Harrison Street, Suite 510 / Hillside

Time: 8:30am—5:00pm (both days)

Registration Fee: \$195.00 members / \$345.00 Non Members

Five or more registrations from the same agency: \$170.00 per person

Meals Included: lite breakfast and lunch both days

[REGISTER ONLINE HERE](#)

March 25 & 26, 2020

Location: IHSA Office / 3435 Liberty Drive / Springfield

Time: 8:30am—5:00pm (both days)

Registration Fee: \$195.00 members / \$345.00 Non Members

Five or more registrations from the same agency: \$170.00 per person

Meals Included: lite breakfast and lunch both days

Registration is currently closed. Registration will open January 6, 2020.

Quality Enrichment Circles!



For the **11th straight year in a row**, the Illinois Head Start Association is bringing back the **Quality Enrichment Circles** to you! Quality Enrichment Circles (QEC's) otherwise known as "communities of practice" are held three times a year with your peers/colleagues. During the meeting we will share ideas and insights, help each other solve problems and develop a common practice or approach to your content area. QEC's are a group of people who share a concern or a passion for something they do and want to learn how to do it better. QEC groups will meet three times...**Fall, Winter and Spring.**

The five content driven QEC meetings are held in three different regions throughout Illinois:

South in Mt. Vernon, Central in Springfield and the City of Chicago.

There are five content area QEC meetings:

- 1. Education & Coaching**
- 2. Family Services & ERSEA**
- 3. Disabilities, Mental Health & Wellness**
- 4. Health & Nutrition**
- 5. Early Head Start/Home Visiting**

QEC REGISTRATION INFORMATION

Member Registration Fee: \$299.00

Five or more registrations from the same Agency: \$274.00

Non Member Fee: \$449.00

Registration Fee Includes all three QEC meetings

Meals Included: Each QEC meeting will provide a lite continental breakfast and lunch

All QEC meetings will be held from 10:00am—3:00pm

2019/2020 IHSA Training Budget Planning Sheet

(QECs Continued)

Central QECs / 3435 Liberty Drive / Springfield **CENTRAL REGISTRATION HERE**

Central QEC Dates:

Family Services & ERSEA

October 21, 2019 January 14, 2020 April 28, 2020

Disabilities, Mental Health & Wellness

October 22, 2019 January 15, 2020 April 29, 2020

Health & Nutrition

October 23, 2019 January 16, 2020 April 30, 2020

Education & Coaching

October 24, 2019 January 23, 2020 April 16, 2020

EHS & Home Visiting

October 25, 2019 January 17, 2020 May 1, 2020

BRAND
NEW!

South QECs / Fairfield Inn & Suites / 217 Potomac Blvd / Mt. Vernon **SOUTH REGISTRATION HERE**

South QEC Dates:

Family Services & ERSEA

October 21, 2019 January 14, 2020 April 28, 2020

Disabilities, Mental Health & Wellness

October 22, 2019 January 15, 2020 April 29, 2020

Health & Nutrition

October 23, 2019 January 16, 2020 April 30, 2020

Education & Coaching

October 24, 2019 January 23, 2020 April 16, 2020

EHS & Home Visiting

October 25, 2019 January 17, 2020 May 1, 2020

BRAND
NEW!

Chicago QECs / EL Valor Carlos H. Cantu Center / 2434 S. Kildare / Chicago **CHICAGO REGISTRATION HERE**

Chicago QEC Dates:

Family Services & ERSEA

October 21, 2019 January 14, 2020 April 28, 2020

Disabilities, Mental Health & Wellness

October 22, 2019 January 15, 2020 April 29, 2020

Health & Nutrition

October 23, 2019 January 16, 2020 April 30, 2020

Education & Coaching

October 24, 2019 January 23, 2020 April 16, 2020

EHS & Home Visiting

October 25, 2019 January 17, 2020 May 1, 2020

BRAND
NEW!

Do You Want to Go from...“GOOD 2 GREAT?!?”

If so...don't miss the **BRAND NEW “Good 2 Great” Training Series** for:

- 1. Professional Development**
- 2. Human Resources / Fiscal**
- 3. Trauma-Informed Organization**



Do you want to be great at your job and not merely good? Many people settle for good because well...it's just easier. Some people don't even try to be great. Those are the individuals that are not striving to do the best and be the best for their Head Start organization. Going from good to great is not magic. It's passion, purpose, and action. Find your path, have a purpose, and make it happen. Turn your resistance into growth and fully immerse yourself in the experience. Get out of your own way and to create success for yourself by channeling your thinking, feeling, and doing. To go from good to great, you need to be disciplined with disciplined thoughts and disciplined actions. Think about the thoughts that serve you, feel the feelings that empower you, and do what you know needs to be done. Applying this approach in your profession will in no time...take you from good to great! If you want to reach your true and full potential in your Head Start role....join us for this advanced level learning opportunity series that will take you from being good at your job to GREAT!

Professional Development

November 5, 2019 & May 5, 2020

Location: IHSA/IACAA Training Room / 3435 Liberty Drive / Springfield

Time: 9:00am—4:30pm (both meetings)

Member Registration Fee: \$200 per person

Five or more Registrations from the Same Agency: \$175.00 per person

Non Member Registration Fee: \$350.00

Meals Included: lite breakfast and lunch both meetings

Registration is currently closed. Registration will open August 5, 2019.

In this training, you will learn more about the Gateways Authorized Entity process and Guidelines for Success. We will review key policies including Authorized Entity standards, guidelines and expectations for the program as you move forward. You will learn how to access and maximize the portal and about the features available and how to use the portal to monitor registry membership, training hours and credential status for your team members. We will explore methods to understand credentials and learn how to better support your staff through the process. Learn more about the available Gateways Credentials, related application processes and the range of supports available to support you and your team. The second part of this training will be guiding you through designing effective trainings and to share quality practices for training adults. Learn the key components to understanding adult learning and engaging adults in learning. Recognize and implement learning styles and instructional strategies using multiple intelligences to create an effective learning environment for learners. This training will explore the various components and tools which help adults learn. Writing objectives and ways to assess those objectives will be discussed in addition to techniques and processes that will improve the impact and effectiveness of your trainings.

("Good to Great" Training Series Continued)

Human Resources / Fiscal

November 6, 2019 & May 6, 2020

Location: IHSA/IACAA Training Room / 3435 Liberty Drive / Springfield

Time: 9:00am—4:30pm (both meetings)

Member Registration Fee: \$200 per person

Five or more Registrations from the Same Agency: \$175.00 per person

Non Member Registration Fee: \$350.00

Meals Included: lite breakfast and lunch both meetings

Registration is currently closed. Registration will open August 5, 2019.

The HR/Fiscal training is an opportunity for individuals supporting all functions of HR & Fiscal: Recruitment – Safety – Employee Relations – Compensation and Benefits – Compliance – Talent Development – Fiscal Management—to come together to listen, learn, network and build a professional community to advance your agencies performance. This training will focus on both general employment laws and specific Head Start Requirements. We will encourage time for robust discussions with your colleagues – other HR/Fiscal Professionals, so that you can learn how other agencies manage and handle challenges around human resources and fiscal.

HR discussion agenda items include: the intersection of Head Start governance and human resources, managing the increase in minimum wage, personnel policies, background checks, staff qualifications and competencies, internal investigations, social media.

Fiscal Management Agenda items include: compensation, cost principles, facilities and property, financial management systems, reporting requirements, procurement policies and procedures.

Trauma Informed Organization

November 7, 2019 & May 7, 2020

Location: IHSA/IACAA Training Room / 3435 Liberty Drive / Springfield

Time: 9:00am—4:30pm (both meetings)

Member Registration Fee: \$200 per person

Five or more Registrations from the Same Agency: \$175.00 per person

Non Member Registration Fee: \$350.00

Meals Included: lite breakfast and lunch both meetings

Registration is currently closed. Registration will open August 5, 2019.

A trauma-informed organization continues to demonstrate a commitment to compassionate and effective practices and organizational reassessments, and it changes to meet the needs of children and families with histories of trauma. Creating a trauma-informed organization is a fluid, ongoing process; it has no completion date but is critical in the work we do for our most vulnerable children and families. Come to this training to begin the process of becoming a trauma-informed organization or to touch-up on your current process. Part One of the good to great "Trauma-Informed Organizations," training will focus on specific organizational strategies that will help develop a trauma-informed culture in your Head Start agency. The training will provide a broad overview of how to create and implement an institutional framework for trauma-informed services in program delivery and staff development, policies and procedures, administrative practices, and organizational infrastructure. The second part of this training will focus on building a trauma informed workforce. This will focus on organizational activities that foster the development of a trauma-informed workforce, including recruiting, hiring, and retaining trauma-informed staff; providing training on evidence-based and emerging trauma-informed best practices; developing competencies specific to trauma-informed care; addressing ethical considerations; and providing trauma-informed supervision.

2019/2020 IHSA Training Budget Planning Sheet



Creating Connections Building Bridges

Region V Head Start Leadership & Professional Development Conference

November 12-15, 2019

<http://www.regionvconference.org>

Hyatt Regency Chicago

Reservations: 312.565.1234 or 1.888.421.1442

Group and meeting name: Region V Head Start Conference

Group Room Rate: \$255 + 17.4% state and local taxes
(up to a double occupancy)

Guest room includes wireless internet access and discounted parking rates

REGISTRATION RATES: Rates change depending on date of registration -

Before August 16th - \$425 & \$50 per meal

August 16th – September 24th - \$525 & \$50 per meal

After September 24th - \$585 & \$50 per meal

Any questions regarding the conference? Give us a call or send us an email and we will get back to you as soon as possible! 937-435-1113 / info@regionvconference.org

2nd Annual Site Directors & Management Academy December 4—6, 2019



Whether you are new or a seasoned professional looking to renew and improve your skills....this Academy is for you! Many who serve in a leadership position (or desire to serve in the future) must work to engage all site stakeholders (staff, children, parents, administrators, community members/partners) from various skill levels, backgrounds, and experiences. Whether your job title is EHS/HS Director, Site Director, Center Director, Center Manager, Center Director, Education Manager or some variation thereof, this academy has been developed and designed with you and your specific needs in mind. You serve as a mentor, coach, support system, and you must keep staff motivated all while ensuring you have the infrastructure (both physical and mental) in place to yield positive outcomes for children and families. Some of the skills you will learn at the Academy will include: creating your own leadership style; engaging in mindful supervision and actions; bringing out the best in yourself and others; and building a cohesive team. The program is designed to help leaders develop strategies to lead effectively and maintain high performing teams in the midst of organizational change and challenges. IHSA has recognized these challenges and has partnered with Ericka Williams and Yolanda Winfrey, two very experienced senior level Head Start managers and trainers /consultants to provide you with an intensive, hands-on, high-energy, engaging, skill & knowledge-building 2 ½ day Academy to include six in-depth training modules. The six modules will provide a collaborative adult learning experience with peer-to-peer networking.

The six intensive training modules included are:

- | | | |
|------------------------|-----------------------|-----------------------------|
| 1. Leadership | 2. Supervision | 3. Program Operations |
| 4. Systems Integration | 5. Community Building | 6. Building a Cohesive Team |

Additionally, we are excited to be adding “Mindfulness” as a common thread that will be woven, recognized, and practiced in each academy module. We believe embracing and practicing the art of mindfulness in tandem with other essential leadership skills can be a significant, positive difference maker in the lives of our academy participants and those they serve.

Location: Illinois Head Start Association / 3435 Liberty Drive / Springfield

Times: 4th: 9AM—4:30PM, 5th: 9AM—4:30PM / 6th: 8:30AM — Noon

Member Registration Fee: \$395.00 per person

Five or more Registrations from the Same Agency: \$370.00 per person

Non Member Registration Fee: \$545.00 per person

Meals Included: Tuesday: lite breakfast & lunch, Wednesday: lite breakfast & lunch, Thursday: Lite Breakfast

Registration is currently closed. Registration will open September 4, 2019

2020 IHSA Annual Conference

March 11-13, 2020

**President Abraham Lincoln Springfield -
a DoubleTree by Hilton Hotel**



Every year the Illinois Head Start Association gathers professionals and parents from across the state of Illinois to attend our Annual Conference. The conference provides innovative training, wonderful professional development opportunities and an excellent forum for exploring best practices. These training opportunities allow Directors, Staff, Parents and Head Start Friends to get the most current approaches to materials in their respective areas at an affordable cost. Join us in Springfield for our 2020 Annual Training Conference that houses the IHSA Component Meetings & Elections, IHSA Business Meeting, Directors Forum, Awards Luncheon, Exhibitors and Powerful Inspiring Keynote Presentations!

Sleeping Room Rate: \$92.00/ Single

Online link will be sent out closer to the date.

****Sleeping Room Reservations must be made by February 17, 2020****

Conference Registration Information & Fees

REGISTRATION FEES

Early Bird Registration (*must receive between January 2nd and January 24th*) : \$345.00 member /

\$495.00 non-member / Five or more from same Agency \$320.00 per person

Regular Registration Rate (*must receive between January 25th and February 23rd*)): \$395.00 mem-

ber / \$545.00 non-member / Five or more from same Agency \$370.00 per person

Late Registration Fee (*ALL registrations received ON & AFTER February 24th*): \$445.00 member /

\$595.00 non-member / Five or more from same Agency \$420.00 per person

Meals Included: Wednesday—afternoon break, Thursday—continental breakfast and lunch, Friday—closing lunch

Registration is currently closed. Registration will open January 2, 2020.

Pre-Conference Session: PFCE (Parent, Family and Community Engagement)

March 9—11, 2020

Times:

March 9th: 1:00PM—5:00PM (afternoon break included)

10th: 8:30AM—5:00PM (lite continental breakfast and lunch included)

11th: 8:30AM—Noon (continental breakfast included)

More information and registration fees coming soon!

6th Annual Vanessa Rich Leadership Experience Summer Retreat July 21—23, 2020 Pere Marquette Lodge & Conference Center / Grafton, IL



Don't miss the leadership retreat of the year! We invite you to join with us in the celebration of our dear friend and Head Start colleague Vanessa Rich. This leadership experience was created to continue Vanessa's legacy. Vanessa was a brilliant and formidable leader, a fearless advocate and a kind, devoted friend. Vanessa once said, "In Head Start, we don't just stand on the porch, we come all the way into the house." That is how she lived: all the way in. Let's come together to fuel her passion to expand opportunity for vulnerable children and families. We will celebrate her kind spirit that will continue to inspire and fortify the entire Head Start community. As Vanessa is no longer able to be the voice for young children and families who do not have their own voice, it is time for you...for each of us..to pick up this responsibility by demonstrating that impactful leaders lead through an artful mix of heart, passion, spirit and mindfulness and by making sure we are always living "all the way in".

BRAND NEW DESIGN AND THEME for 2020....

Leading with Mindfulness:

What it takes to be a mindful leader and why being mindful in Head Start matters!

This Retreat this year will have a brand new design with a focus on being a mindful leader. Becoming aware of oneself – our motivations, our destructive emotions, our crucibles, and our failings – is essential to being an effective leader. Attendees will be given a mindful leadership book and guided through a series of systematic mindful leadership practices, leadership excellence reflections, and everyday applications (e.g mindful communication, mindful meetings, skillful decision-making, leading by inspiration, gaining compassion, and other proven mindful leadership strategies). Improving mindfulness through gratitude, filtering, and active listening will give participants the advantage of seeing things in a new light. Improving mindfulness will provide benefits throughout your professional and personal lives that will accelerate your journey to authentic leadership.

Sleeping Room Rate: \$99.00 Plus Tax (Sleeping room reservation details coming soon!)

Times: Tuesday: 1PM—5PM / Wednesday: 8:30AM—5:00PM / Thursday: 8:30AM—12:00PM

Registration Fee: \$295.00 member / \$445.00 non-member

Five or more from the same agency: \$270.00 per person

Meals Included: Wednesday afternoon break and Dinner, Thursday: Breakfast & Lunch / Friday Breakfast

Registration is currently closed. Registration will open April 1, 2020

"Mindful leadership entails being aware of one's internal compass. It enables a leader to respond to a situation as it arises, to respond to the reality of constant changes from a place of deep calm and focus, and to have the presence of mind to face the reality of any situation."

Maria Gonzalez

Author of Mindful Leadership: The 9 Ways to Self-Awareness, Transforming Yourself, and Inspiring Others

2019/2020 IHSA Training Budget Planning Sheet

Please note.....

**All prices are per registrant, discounts of (5) or more registrations from the same agency are available for trainings noted—this discount is only available to Agency Members. On site and late registration prices will be higher.*

**Check payments should be mailed to IHSA/3435 Liberty Dr / Springfield IL 62704*

**Once registrations have been submitted online—there are NO CANCELLATIONS (name changes will be accepted up to 72 hours prior to the event)*

**Dates may be subject to change*

**Pricing is meant for budgeting purposes only and may increase or decrease slightly due to unforeseen circumstances closer to the event*

**Events may be added should additional training needs be identified.*

**Any questions, please call or email Michelle Locca at miocca@ilheadstart.org or 217-381-5007*