

## **Matthew 11:28-30**

*The Message*

“Are you tired? Worn out? Burned out on religion?

Come to me. Get away with me and you’ll recover your life.

I’ll show you how to take a real rest.

Walk with me and work with me—watch how I do it.

Learn the unforced rhythms of grace.

I won’t lay anything heavy or ill-fitting on you.

Keep company with me and you’ll learn to live freely and lightly.”