



## Who We Are

Through a combination of research and education, the HBEC reaches often overlooked residents of the urban landscape to improve their health and aging. Located at the Institute of Gerontology at Wayne State, the HBEC is part of the Michigan Center for Urban African American Aging Research (MCUAAAR) and is funded by the National Institute on Aging.



## How You Can Help

A core goal of the HBEC is to encourage older African American adults to consider participating in approved research projects. In the past, researchers have been hampered by difficulties recruiting older African Americans to be involved in research projects. Research is critical to understanding why African Americans are at much higher risk of developing certain diseases and why these diseases have a greater impact on their health and longevity.

The HBEC has worked to correct this problem by creating a Participant Resource Pool or PRP. If you agree to be part of the PRP, the Center guarantees that:

- All research projects meet the highest quality Federal State and University standards
- Your information will be handled with the strictest confidence
- You will be considered for research that is of interest to you
- You have the right to decline a research project for any reason at any time

## What's Next?

To learn more about our work at the HBEC and how to join our Participant Resource Pool, please **call 313-664-2604** or visit the HBEC website at: [www.mcuaar.wayne.edu](http://www.mcuaar.wayne.edu)



HEALTHIER BLACK ELDERS CENTER



WAYNE STATE  
UNIVERSITY

University of Michigan and Wayne State University's Michigan Center for Urban African American Aging Research (MCUAAAR): A National Institute on Aging Grant Program

# The Healthier Black Elders Center Presents



LUNCH &  
HEALTH  
SCREENINGS  
PROVIDED

**FREE**

But you must  
register to attend  
Please leave your name  
& phone number and  
the date of the event for  
which you are registering  
on voicemail at:

**313-664-2616**

**Date: Thursday April 5, 2018**

Topic: Senior Housing in Detroit

Location: Wilder Branch Library, 7140 E 7 Mile Rd,  
Detroit, 48234

Time: 10:00am – 12:00pm

**Date: Thursday April 26, 2018**

Topic: Money Smart Week

Location: Boulevard Temple, 2567 W Grand Blvd,  
Detroit, 48208

Time: 9:30am – 12:00pm

**Date: Thursday May 10, 2018**

Topic: Seniors, Smart Phones & Tablets:  
Connecting with Ease

Location: Heilmann Recreation, 19601 Crusade St,  
Detroit, 48205

Time: 9:30am – 12:00pm

**Date: Thursday June 7, 2018**

Topic: Innovative Research on Aging

Location: Adams/Butzel Recreation, 10500  
Lyndon St, Detroit, 48238

Time: 9:30am – 12:00pm

Health screening  
provided by



Lunch  
provided by



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