



2019 Tryout Information

Date: Tuesday and Wednesday, November 6th and 7th from 4:30 PM-5:30 PM. You must attend BOTH days.

Location: FHS Track, located at Ramay Junior High School (Off of Old Farmington Road)

Requirements:

- A current physical must be turned in to Coach Large (B4) **before** the tryout.
- Come prepared to run. Appropriate athletic attire/shoes are required.

Who does NOT need to try-out?

- Athletes currently competing in Fall/Winter sports
- Athletes enrolled in 1st or 7th hour Athletics

Questions? Talk to Coach Large or Coach Bennett