

August 2019

From Your Woodland School Nurse:

Through the school year there may be times when your child is a little under the weather and you are uncertain if you should send your child to school. Below are some guidelines to help you decide if your child should go to school or stay at home when ill.

**Fever:** If your child has a fever of 100.4 degrees or more he/she will be sent home from school. We ask that your child be free of fever for 24 hours without medication before returning to school.

**Bad cough/cold symptoms:** A bad cough could be something serious and your child will need to see a doctor before returning to school. A mild cough is OK for school.

**Diarrhea or vomiting:** Your child should stay home for 24 hours after the last episode of vomiting/diarrhea without medication.

**Severe sore throat:** With or without fever or with other symptoms, the child needs to see a doctor. A minor sore throat is OK for school.

**Head Lice:** Following CDC evidence-based information, head lice does not lead to disease or illness, but in Fayetteville Public Schools, we recognize the nuisance it is for students and families to rid their homes of head lice. FPS places health, safety, and academic success as high priorities for our students and families, and for that reason, we will contact a parent or guardian to pick up their child from school if live lice are found on their child's head, so treatment can be done immediately, and your child can return to school. All children found with live lice have to be sent home. Lice shampoos may not remove the eggs or nits from the hair. The eggs must be combed out and removed by hand. Everyone in the household should be checked and treated if found. Make sure to wash items such as towels, sheets, and pillowcases your child has had contact with hot soapy water and dry on hot heat for 30 minutes. Continue to check everyone in your family weekly for 3 weeks to avoid getting head lice again. Please remind your children not to share coats, hats, scarves, headbands, hair ties and brushes.

**Pink eye (conjunctivitis):** If your child wakes up with an eye that is matted, red, and itchy, please do not send him/her to school until a doctor has evaluated the eye. Conjunctivitis is highly contagious, especially at the elementary level.

**Rashes:** If your child has a rash of unknown origin, especially with any pustules, please do not send him/her to school until a physician has evaluated the rash.

**Wellness and Education Clinic at Owl Creek** is available for sick and well child check-ups for any Fayetteville Public School student and family member. They accept the uninsured, ARKids, Medicaid, and all private insurance. To make an appointment for medical follow up call **(479)-718-0285**.

It is very important to make sure the **EMERGENCY CONTACT** Card you filled out at the beginning of the year is up to date. You can do this by calling or coming by the front office. The nursing office hours are from 8:15-3:45. Please feel free to contact the school nurse at your school if you have any questions or concerns about your child's health.

School Nurse:

- Kristen Scott, RN