

# Hip Hop Fitness – Session 1

# An After School Enrichment Program at **Earths**

**Hip Hop Fitness** is a fusion of Hip Hop dance and cardio fitness.

Instructor demonstration allows each student to feel successful!

Girls – Boys – All dance levels – everyone is welcome!

It's about movement and fun!!!

**TIME: Mondays, After School 2:45pm – 3:45pm**

**LOCATION:** Earths' Multi-Purpose Room

**FOR:** 1<sup>st</sup> through 5<sup>th</sup> grade

**DATES:** 9/16 9/23 10/7 10/21 10/28 and 11/4

**COST:** \$70 per student (cash, checks made payable to Lisa Hutson, or Venmo to Lisa-Hutson-3)

**INSTRUCTOR:** Lisa Hutson

(a credentialed teacher and certified Jazzercise instructor)

**Classes fill quickly – REGISTRATION DEADLINE is FRIDAY, 9/6!**

**PLEASE REGISTER BY eMAIL or MAIL *ONLY*!!**

Complete the bottom portion and mail it with payment, or scan and email to address below with Venmo payment.

***PLEASE DO NOT CONTACT THE EARTHS OFFICE TO REGISTER  
OR ASK ANY QUESTIONS.***

**If you have any questions, please contact Lisa Hutson at:**

**[conahey@aol.com](mailto:conahey@aol.com) or (805) 498-5097.**

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## **EARTHS Hip Hop Fitness Registration**

**(cash, checks made payable to Lisa Hutson, or Venmo at Lisa-Hutson-3.)**

Please detach and mail with payment to: Hip Hop Fitness – c/o Lisa Hutson  
591 Martha Dr., Newbury Park, CA 91320

**Student's Name** \_\_\_\_\_ **Grade** \_\_\_\_\_ **Rm** \_\_\_\_\_

**Parent's Name** \_\_\_\_\_ **email:** \_\_\_\_\_

Hm Ph#	Cell Ph#
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### Agreement, Waiver, and Release

It is the responsibility of the parent/legal guardian to insure that your child arrives at and is promptly picked up from class. Neither Jazzercise, nor the Conejo Valley Unified School District, their agents, employees, and administrators, will assume liability. By participating in, or authorizing participation in, this Enrichment Program in any way whatsoever, you hereby release and hold harmless the Conejo Valley Unified School District and Jazzercise from any and all liability.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_