

2023  
**Quaker Valley Track and Field  
Summer Camp**

**WHAT:** Track and Field camp run by QVMS Head Coach, Ryan Kelly, members of QVHS and QVMS staff and team

**WHO:** Boys and Girls entering grades 3-9 in Fall 2023

**WHEN:** Monday, June 19th, 2023, Wednesday, June 21<sup>st</sup>, 2023, Thursday, June 22nd, 2023, and Friday, June 23, 2023, from 8-11AM each day

**WHERE:** Quaker Valley High School Stadium; 625 Beaver Street Leetsdale, PA, 15056

**COST:** \$90 - checks made payable to: Ryan Kelly

**FEATURES:** T-shirt, simulated meets, track-based contests in the areas of throwing, jumping, sprinting, and distance running), detailed instruction with videos, teaching of fundamentals, guest speakers (Q.V. coaches and student athletes) and more!

**BRING:** Full water bottle, running shoes, activewear clothing (shorts and t-shirt) and your willingness to try new things!

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**Quaker Valley Track and Field Summer Camp Application**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Age in June 2023: \_\_\_\_\_ Grade in Fall of 2023: \_\_\_\_\_

School: \_\_\_\_\_

Home phone number: \_\_\_\_\_ Cell phone number: \_\_\_\_\_

Email: \_\_\_\_\_

Interest in joining a school team? Yes \_\_\_\_\_ 'No \_\_\_\_\_

T-shirt size: Youth \_\_\_\_\_ Adult \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

(To receive a t-shirt, camp application must be received by Monday, May 15, 2023)

Will your child be a walker or be picked up after camp? *(If not a "walker", campers will need to be picked up in the parking lot of the QVHS stadium)*

*We hereby give our consent and approval for the participation of the applicant in the program conducted by the Quaker Valley Track and Field Coaching Staff. We certify that he/she is physically fit to take part in all of the activities. Further, we do hereby waive, and release said organization, its staff officer, representatives, coach and employees from any or all claims for damages, injury, or loss of property during camp.*

Parent's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*Please mail checks and applications to Ryan Kelly, Quaker Valley Middle School 618 Harbaugh Street Sewickley, PA 15143  
Questions? Call (412) 749-5557 x5312 [kellyr@qvsd.org](mailto:kellyr@qvsd.org)*