

2023
Quaker Valley Track and Field
Summer Camp

WHAT: Track and Field camp run by QVMS Head Coach, Ryan Kelly, members of QVHS and QVMS staff and team

WHO: Boys and Girls entering grades 3-9 in Fall 2023

WHEN: Monday, June 19th, 2023, Wednesday, June 21st, 2023, Thursday, June 22nd, 2023, and Friday, June 23, 2023, from 8-11AM each day

WHERE: Quaker Valley High School Stadium; 625 Beaver Street Leetsdale, PA, 15056

COST: \$90 - checks made payable to: Ryan Kelly

FEATURES: T-shirt, simulated meets, track-based contests in the areas of throwing, jumping, sprinting, and distance running), detailed instruction with videos, teaching of fundamentals, guest speakers (Q.V. coaches and student athletes) and more!

BRING: Full water bottle, running shoes, activewear clothing (shorts and t-shirt) and your willingness to try new things!

Quaker Valley Track and Field Summer Camp Application

Name: _____

Address: _____

Age in June 2023: _____ Grade in Fall of 2023: _____

School: _____

Home phone number: _____ Cell phone number: _____

Email: _____

Interest in joining a school team? Yes No

T-shirt size: Youth Adult S M L XL

(To receive a t-shirt, camp application must be received by Monday, May 15, 2023)

Will your child be a walker or be picked up after camp? (*If not a "walker", campers will need to be picked up in the parking lot of the QVHS stadium*)

We hereby give our consent and approval for the participation of the applicant in the program conducted by the Quaker Valley Track and Field Coaching Staff. We certify that he/she is physically fit to take part in all of the activities. Further, we do hereby waive, and release said organization, its staff officer, representatives, coach and employees from any or all claims for damages, injury, or loss of property during camp.

Parent's Signature: _____

Date: _____

*Please mail checks and applications to Ryan Kelly, Quaker Valley Middle School 618 Harbaugh Street Sewickley, PA 15143
Questions? Call (412) 749-5557 x5312 kellyr@qvsd.org*