

2022
**Quaker Valley Track and Field
Summer Camp**

WHAT: Track and Field camp run by QVMS Head Coach, Ryan Kelly, members of QVHS and QVMS staff and team

WHO: Boys and Girls entering grades 3-9 in Fall 2022

WHEN: Tuesday, July 5th - Friday, July 8th from 8-11AM each day

WHERE: Quaker Valley High School Stadium; 625 Beaver Street Leetsdale, PA, 15056

COST: \$90 - checks made payable to: Ryan Kelly

FEATURES: T-shirt, simulated meets, track-based contests in the areas of throwing, jumping, sprinting, and distance running), detailed instruction with videos, teaching of fundamentals, guest speakers (Q.V. coaches and student athletes) and more!

BRING: Full water bottle, running shoes, activewear clothing (shorts and t-shirt) and your willingness to try new things!

Quaker Valley Track and Field Summer Camp Application

Name: _____

Address: _____

Age in July 2022: _____ Grade in Fall of 2022: _____

School: _____

Home phone number: _____ Cell phone number: _____

Email: _____

Interest in joining a school team? Yes _____ 'No _____

T-shirt size: Youth _____ Adult _____ S _____ M _____ L _____ XL _____

Will your child be a walker or be picked up after camp? (If not a "walker", campers will need to be picked up in the parking lot of the QVHS stadium)

We hereby give our consent and approval for the participation of the applicant in the program conducted by the Quaker Valley Track and Field Coaching Staff. We certify that he/she is physically fit to take part in all of the activities. Further, we do hereby waive, and release said organization, its staff officer, representatives, coach and employees from any or all claims for damages, injury, or loss of property during camp.

Parent's Signature: _____

Date: _____

*Please mail checks and applications to Ryan Kelly, Quaker Valley Middle School 618 Harbaugh Street Sewickley, PA 15143
Questions? Call (412) 749-5557 x5312 kellyr@qvsd.org*