



ST. JOHN'S NORWOOD
Bethesda - Chevy Chase

THE NATIONAL CAMPAIGN UNLOCK THE BOX TO END SOLITARY CONFINEMENT

SUNDAY, NOV. 16, 2025

10:00 AM - 11:00 AM

**Parish Hall, St. John's Norwood,
6701 Wisconsin Ave, Chevy Chase, MD**

Or join via Zoom at bit.ly/STJNmain

Please join us for an Adult Forum on the use of solitary confinement and the devastating harm it causes to the people who survive it, as well as their families and the communities to which they will return.

Panelists will include

- **Chris Wilson**, author of *The Master Plan*, a memoir tracing his childhood, incarceration, time in solitary confinement, and journey to freedom
- **Jessica Sandoval**, National Director of the Unlock the Box Campaign
- **Rev. Tara "T.C." Morrow**, Ordained Deacon in the United Methodist Church and founding member of the National Religious Campaign Against Torture

What is solitary confinement?

Solitary confinement involves the placement of a person, alone or with a cellmate, in a 6 by 9 foot locked room or cell for as long as 22 hours or more per day without meaningful access to human contact, exercise, programming or family visitation. Despite the fact that solitary confinement causes immense suffering, prisons, jails, and detention centers across the United States continue to daily lock up over 122,000 people in solitary. People are in solitary for days, weeks, months, years, and decades.

What is Unlock the Box?

Unlock the Box is a national advocacy campaign launched in 2018 working to end solitary confinement in all US prisons, jails, youth facilities and immigration detention centers. The Campaign is currently active in 22 states and DC. Learn more at unlocktheboxcampaign.org