

# MAY 2020

## VIRTUAL SUPPORT GROUP MEETINGS



The ALS Association Greater Sacramento Chapter remains committed to serving the needs of the ALS community during the COVID-19 crisis. We are offering Virtual Support Group Meetings throughout the month of May to ensure those living with ALS and their caregivers continue to have access to their networks of support.

**Please join whichever group best fits your schedule; you don't have to live in the specified region to access one of the listed virtual groups.**

### **Placer Support Group Meeting**

When: May 7, 2020 11:30AM PST

[https://us02web.zoom.us/meeting/register/tZArce6przkoG9E5\\_igVRtJuihI7nFxNLIqN](https://us02web.zoom.us/meeting/register/tZArce6przkoG9E5_igVRtJuihI7nFxNLIqN)

### **Redding Support Group Meeting**

When: May 11, 2020 1:00PM PST

<https://us02web.zoom.us/meeting/register/tZMldOqsrTwpG9VGuLUExItZ3Lali-hlaEwz>

### **Stockton Support Group Meeting**

Time: May 12, 2020 10:00 AM PST

<https://us02web.zoom.us/meeting/register/tZUqfuugrj4rEt3KqgKx4FkgPFke5NApnHRY>

### **Sacramento Support Group Meeting**

When: May 16, 2020 10:30AM PST

**cALS** 10:30AM PST <https://us02web.zoom.us/meeting/register/tZwud-qhpjsjEtUnUKHRYX6F7VGGosAG1FQr>

**pALS** 12:00PM PST [https://us02web.zoom.us/meeting/register/tZcsdO2spzsvG9BqCXRMLXon\\_GjDnldVz9E-](https://us02web.zoom.us/meeting/register/tZcsdO2spzsvG9BqCXRMLXon_GjDnldVz9E-)

### **Tahoe Support Group Meeting**

When: May 21, 2020 12:00 PM PST

[https://us02web.zoom.us/meeting/register/tZlqduquqzovE92TVbsEkRxEqYiGc\\_hGa7vR](https://us02web.zoom.us/meeting/register/tZlqduquqzovE92TVbsEkRxEqYiGc_hGa7vR)

### **Transitions Support Group Meeting**

When: May 26, 2020 5:30 PM PST

<https://us02web.zoom.us/meeting/register/tZlPpf-2uqzsjHdyPfKLSzOygnabV1Gnfi5vC>

### **Chico Support Group Meeting**

When: May 28, 2020 12:00 PM PST

[https://us02web.zoom.us/meeting/register/tZElduCsrszvGdW7pUX1WDXh0qW5\\_XZJeUUW](https://us02web.zoom.us/meeting/register/tZElduCsrszvGdW7pUX1WDXh0qW5_XZJeUUW)

Please make sure that you register in advance and familiarize yourself with Zoom. After registering, you will receive a confirmation email with instructions. If you have any questions, your Care Coordinator is happy to help you perform a test run prior to the meeting.

Please call (916) 979-9265 for assistance.