

# 2018 Annual Report

**ALS**  
ASSOCIATION  
Greater Sacramento  
Chapter



**The ALS Association Greater Sacramento Chapter**  
*Creating a world without ALS.*

# EXECUTIVE SUMMARY

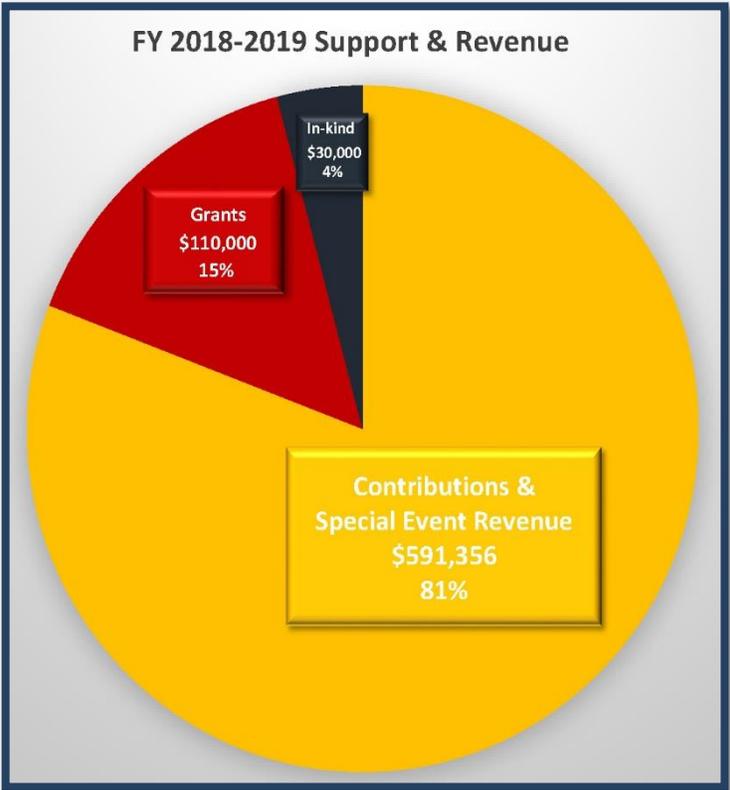
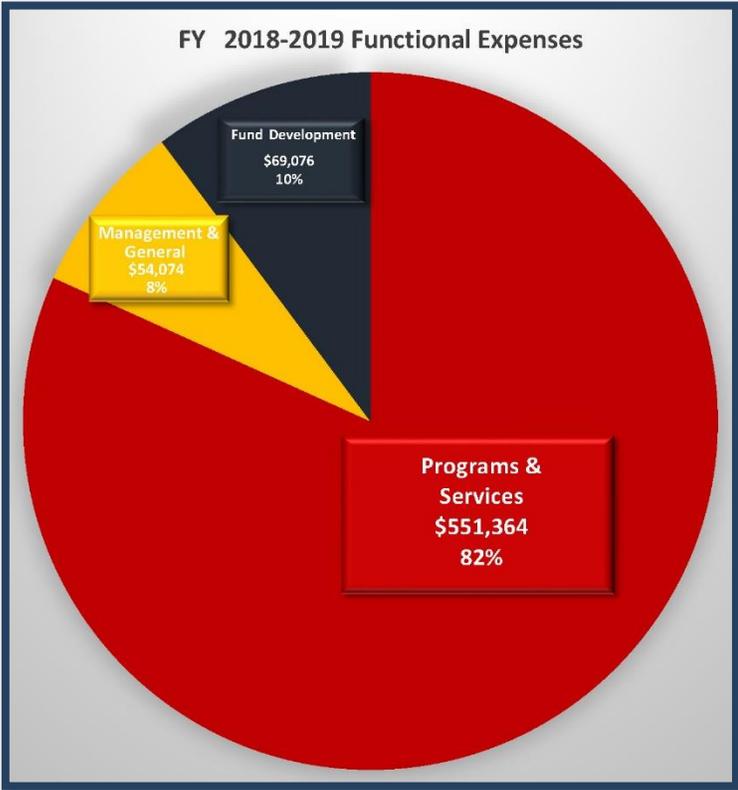
The ALS Association Greater Sacramento Chapter supports the ALS community throughout 24 counties in Northern California. Our programs are designed to improve the quality of life for families living with ALS, while advancing our search for effective treatments and a cure.

As the only nonprofit in our community whose mission is to provide compassionate care and support to those living with ALS, our Chapter is often a lifeline for families to turn to for help, guidance, and support as they cope with their ALS journey.

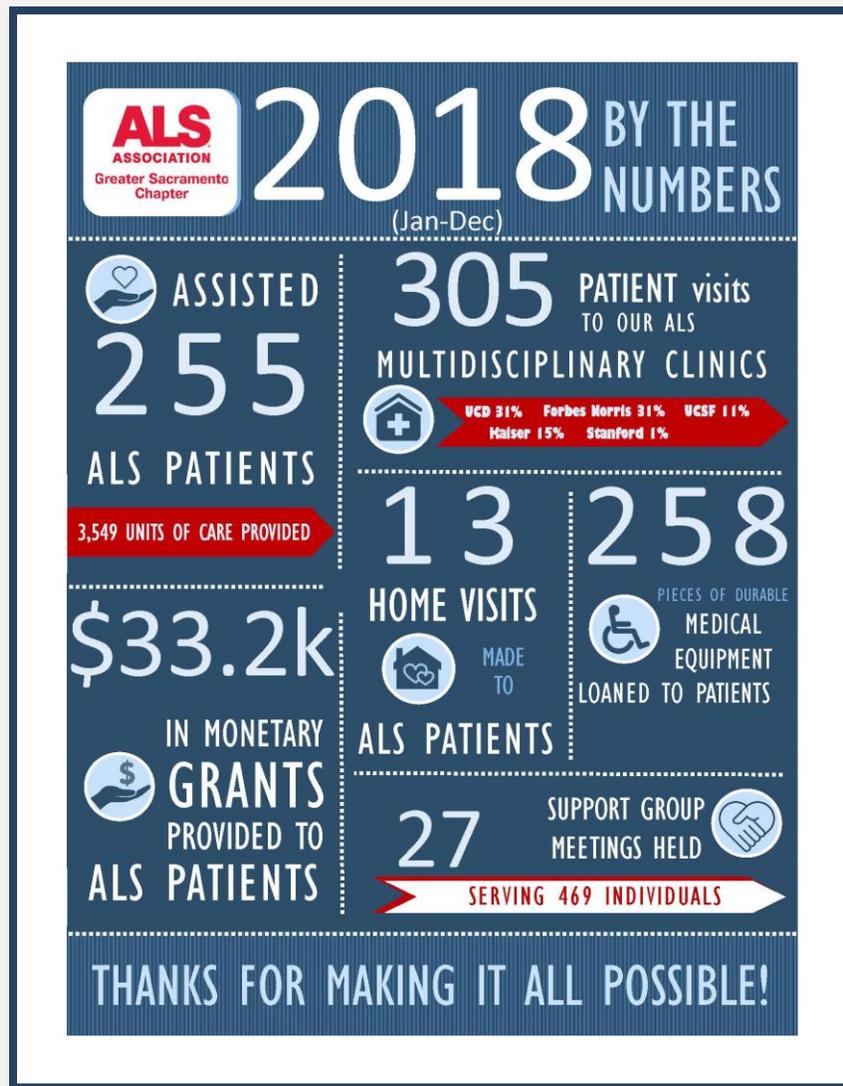
Everything we do—from supporting our Multidisciplinary Centers of Excellence, providing grants to patients and caregivers, local & national legislative work, to the funding of global research programs—is achieved in partnership with the community.

We honor this partnership and are committed to the highest level of transparency by providing complete and accurate information about our activities and the associated financial costs. To support this commitment, we provide access to our Internal Revenue Service 990 and our audited financial statements on our website.

We are proud of our work and thank you for your investment into our mission. You make everything we do possible. Together, finding treatments and a cure for ALS is not only possible, but on the horizon.



# PROGRAMS & SERVICES



### Durable Medical Equipment Loan Program:

ALS quickly strips a person of their ability to move, speak, and eventually breathe. The Association's Equipment Loan Program provides a range of equipment, including ramps, lifts, and power wheelchairs, to those living with ALS. We strive to increase independence and ensure safety for patients and caregivers.

*In 2018, the Association distributed over \$544,000 of loaned equipment to the ALS community in the Greater Sacramento region.*

### ALS Augmentative Communication Program:

When an ALS patient loses their ability to speak, the Association is there to provide a wide array of equipment and support, from low-tech devices to comprehensive solution-based systems that calibrate with a person's eyes. This program gives patients back their voice, so they can continue to communicate with their families, physicians, and friends throughout the progression of ALS.

*In 2018, the Association distributed over \$120,000 worth of speech communication devices to people living with ALS who have diminished communication capabilities.*

### Support Group Meetings:

The Association's support groups offer a safe space for the ALS community to come together, build understanding relationships, receive support, and gain important insight from others to improve their quality of life. The Association holds support groups throughout 24 counties in the Greater Sacramento region.

*In 2018, the Association facilitated 27 support group meetings to 469 people affected by ALS.*

### Multi-Disciplinary Clinical Care:

The Association offers people with ALS access to specialized multidisciplinary ALS care through two certified ALS clinics. Each clinic delivers comprehensive medical care from a coordinated team of ALS specialists that include: neurologists, physical therapists, speech pathologists, dieticians, social workers, respiratory therapists, and nurse case managers.

The multidisciplinary team delivers a custom management plan to each patient with the goal of extending a patient's life and helping them to remain high functioning and independent for as long as possible.

*In 2018, 305 patient visits were conducted at our multi-disciplinary ALS clinics.*

### PALS 4 Life Grant Program:

The Association's PALS 4 Life program seeks to holistically support those affected by ALS by providing responsive grants addressing (1) in-home care, (2) transportation needs, and (3) durable medical equipment.

*In 2018, \$33,200 in PALS 4 Life grants were distributed to support people living with ALS throughout the Greater Sacramento region.*

### Chapter Resource Center:

The Association offers a place to turn for help, information, and support through the Chapter Resource Center. The Center is open Monday through Friday from 9am to 5pm and offers drop-in services, as well as telephone support to the ALS community. The Center provides access to case managers, patient advocates, equipment and supplies, educational information, resources, and referrals.

*In 2018, the Association provided direct support to the ALS community 3,549 times via the Chapter Resource Center.*

### Community Outreach and Education:

By building relationships with outside organizations in the 24 counties we serve, attending community health fairs, and hosting public events like the Walk to Defeat ALS®, the Association works to educate the community about ALS. Presentations are always available to any organization, hospital network, or school upon request to promote ALS awareness and raise funds to better serve our ALS community.

*In 2019, we interacted, educated, and shared the ALS story with over 5,000 members of the community through our comprehensive outreach programs.*



**Greater Sacramento  
Chapter**

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**[www.alssac.org](http://www.alssac.org)**

**Vision:** Create a world without ALS. **Mission:** To discover treatments and a cure for ALS, and to serve, advocate for, and empower people affected by ALS to live their lives to the fullest.