

# SEPTEMBER 2020

## VIRTUAL SUPPORT GROUP MEETINGS



The ALS Association Greater Sacramento Chapter remains committed to serving the needs of the ALS community during the COVID-19 crisis. We are offering Virtual Support Group Meetings to ensure those living with ALS and their caregivers continue to have access to their networks of support.

Please join whichever group best fits your schedule; you don't have to live in the specified region to access any of the listed virtual groups.

### **Making Connections Support Group Meeting** (In place of Redding, Stockton, and Placer Groups)

When: Sept. 8, 2020 01:00 PM Pacific Time

<https://us02web.zoom.us/j/84300184853?pwd=ZmhEcE1KUTNNMW9VVXpZeS9QN3h5Zz09>

Meeting ID: 843 0018 4853

Passcode: 166058

Call in: 1-669-900-6833

### **Tahoe Support Group Meeting** (For anyone affected by ALS)

When: Sept. 17, 2020 12:00 PM Pacific Time

<https://us02web.zoom.us/j/83045617162?pwd=RnpzYnpEV2NhQnR3bmd6S1laWjAvQT09>

Meeting ID: 830 4561 7162

Passcode: 283664

Call in: 1-669-900-6833

### **Sacramento Support Group Meetings**

(For Family, Friends and Caregivers)

When: Sept. 19, 2020 10:30 AM Pacific Time

<https://us02web.zoom.us/j/82890649586?pwd=V0FFMWUt0WjZtd2d6aWozUlhlWTAwUT09>

Meeting ID: 828 9064 9586

Passcode: 743638

Call in: 1-669-900-6833

(For Persons with ALS)

When: Sept. 19, 2020 12:00 PM Pacific Time

<https://us02web.zoom.us/j/86700944697?pwd=d1RZTjVJRSt2aWs0Q0psTIFNRDMzUT09>

Meeting ID: 867 0094 4697

Passcode: 212053

Call in: 1-669-900-6833

### **Transitions Support Group Meeting** (For those coping with loss)

When: Sept. 22, 2020 05:30 PM Pacific Time (US and Canada)

<https://us02web.zoom.us/j/87609861271?pwd=UWx1V3kwOHc2MExXNElWNDJXUmVjdz09>

Meeting ID: 876 0986 1271

Passcode: 304592

Call in: 1-669-900-6833

### **Chico Support Group Meeting** (For anyone affected by ALS)

When: Sept. 24, 2020 12:00 PM Pacific Time (US and Canada)

<https://us02web.zoom.us/j/88232347061?pwd=Y0FYeXJERVJQZ1AvRTI6MUIKRGRzUT09>

Meeting ID: 882 3234 7061

Passcode: 733225

Call in: 1-669-900-6833

If you have any questions, your care coordinator will be happy to help you perform a test run prior to the meeting. Please call (916)979-9265 for assistance.