

PLAY THE RANDOM ACTS OF CONNECTION GAME!

April is Family Strengthening Month, a perfect time to try out new ways to create in-person connections that boost your family's health and wellbeing. This simple game gives you fun, random ideas for connecting with the people in your lives — strengthening relationships along the way!

Step 1: Close your eyes and point at the grid to the right to select a three-letter combination

Step 2: Got a three-letter combo? Great. Each letter represents a person, simple activity, or an act of connection. Put all 3 together and you've got a recipe for healthy relationships—and a strong family! Check each column in the table below to find your letters and see how you can create connection today.



A + F + M	D + F + N	E + F + N	B + H + K
B + J + M	A + F + O	E + H + L	C + F + L
C + G + O	E + G + K	D + J + O	A + I + M
D + J + L	B + G + N	A + G + K	C + I + O

Pro tip: Feel free to mix, match, and create your own random combinations!

Pick a Person	Choose an Activity	Add an Act of Connection
A Your kid	F Take a quick walk...	K ...while learning something new about them
B Your BFF	G Volunteer at school or faith community...	L ...while asking them about their favorite song
C Your neighbor	H Play a board game...	M ...while telling them 3 things you like about them
D A family member	I Pick up trash at a park or playground...	N ...while putting away your phone for 30 minutes
E A person you want to be your friend	J Write a thank-you note together...	O ...while asking for advice

Check out your local Family Resource Center for other great opportunities to stay connected all year long. Want more ideas for making strong connections? [Visit fiveforfamilies.org](https://www.fiveforfamilies.org)

