

## **Social Emotional Learning**

Recently, the school connected with Dr. Missy Gryder who runs a company that focuses on children's Social & Emotional Learning. We worked out the opportunity for our church families to have access to the program alongside our school families. We hope you will take advantage of this offer that we are making available to all of you who have children or grandchildren. *Do you want help with taming your child's tough feelings? With helping your child form a positive body image? With navigating technology? With rebuilding resilience?* St. Peter's Montessori School is making Meeting Kids' Needs online course available for *all* our families! Meeting Kids' Needs makes the latest in Social and Emotional Learning easy for busy parents! Just visit [meetingkidsneeds.com/enroll-now](https://meetingkidsneeds.com/enroll-now) and enter coupon code **STPETERS** at checkout for **FREE ACCESS FOR A FULL YEAR**. A new lesson becomes available on the first of each month.

**In September, we'll focus on helping our children form a positive body image.** Research tells us body image is a top worry for 10-year-olds, and even preschoolers are already forming body image perceptions. Let's make this a better experience for our kids than what we had growing up!

**Log in today to watch a quick and practical video-based lesson! We're here to guide you as your partner in raising happy and emotionally healthy kids!**

Thank you, Dr. Missy Gryder Founder, Meeting Kids' Needs  
p. 602.320.0374 w. [www.meetingkidsneeds.com](https://www.meetingkidsneeds.com)