CLINICAL PASTORAL EDUCATION
AT CARON TREATMENT CENTERS

AN EXPERIENTIAL LEARNING PROCESS



Caron's Clinical Pastoral Education (CPE) Program offers opportunities for Seminarians, local clergy, and appropriately prepared laypersons to be trained in providing the very best in professional spiritual care as recovery begins at Caron's Pennsylvania campus.

The program is oriented toward the patients we treat and their families, who are dealing primarily with substance use disorders and other behavioral health complications. As the name describes, the three foundational components of the program are:

- **Clinical**: Developing competence in providing spiritual care services as a constituent discipline in multidisciplinary, integrated, clinical treatment settings
- **Pastoral**: Developing the specific spiritual care competencies necessary to meaningfully serve the pastoral needs of a diverse patient and family population
- **Educational**: Developing a robust theological understanding of spiritual care as it manifests in behavioral health and other settings

Caron's program employs a case study model that uses the "verbatim" practice common in other CPE settings. Interns write a case study of the individual session with a client to the best of their memory, along with a reflective writing about the case. These case studies are then presented in individual and group supervision. The program also includes:

- Individual supervision that establishes learning goals for each intern
- Group dynamics
- Didactics
- Inter-processing group
- Mindful meditation components

Accountability for CPE interns includes their individual learning covenant, maintenance of clinical hours, focused journaling, written case preparation and presentation, attendance and participation in scheduled learning activities, and individual supervision with mid-unit and final unit evaluation.

Each intern must complete 400 clinical hours in order to receive one unit of credit. Those hours comprise:

- **Seminar Time**
- **Internship hours** (direct service to patients, clients, family members, staff, parishioners; participation in interdisciplinary meetings or staffing meetings; etc.)
- **Individual supervision**
- **Writing, reading, etc.** (writing case conferences and clinical reports, charting, reading assignments, etc.)
- **Participation in continuing education activities that relate to the intern's clinical development**

Visit https://www.caron.org/specialized-services/spiritual-support or call 484.345.2640 to apply TODAY!

Supervisory Education Fellow



zhill@caron.org

Rev. Zoë Hill, M.Div., BCC

Director of Pastoral Services, Caron Treatment Centers, Pennsylvania

Rev. Zoë graduated from Lancaster Theological Seminary with an M.Div. in 2010. She is ordained through Metropolitan Community Church, and currently serves as Director of Spiritual Care at Caron Treatment Centers in Wernersville, PA, working with the Men's and Women's Primary Care populations. She began working at Lancaster General Hospital (Lancaster, PA), followed by St. Luke's Hospital (Bethlehem, PA) in Residency programs prior to starting her ministry at Caron in 2012, and served in the Emergency Room, Trauma, ICU, Mental Health, Physical Rehabilitation, Medical and Intermediate ICU Units at these hospitals. As well as working with the above-mentioned patient population, she facilitates specialty groups, such as Grief & Loss Group, Chronic Pain Group and teaches new employees about the 12 Steps, including how they can be practically applied in day-to-day life. She has a passion for teaching Pastors and Chaplains hands-on ministry, especially working with people and their families who may be struggling with addictions, grief and chronic pain.

Clinical pastoral education at Caron Treatment Centers is offered under the accreditation of the Center for Spiritual Care and Pastoral Formation (www.cscpf.org) and in association with the University of Theology and Spirituality (https://www.uofts.org/).

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