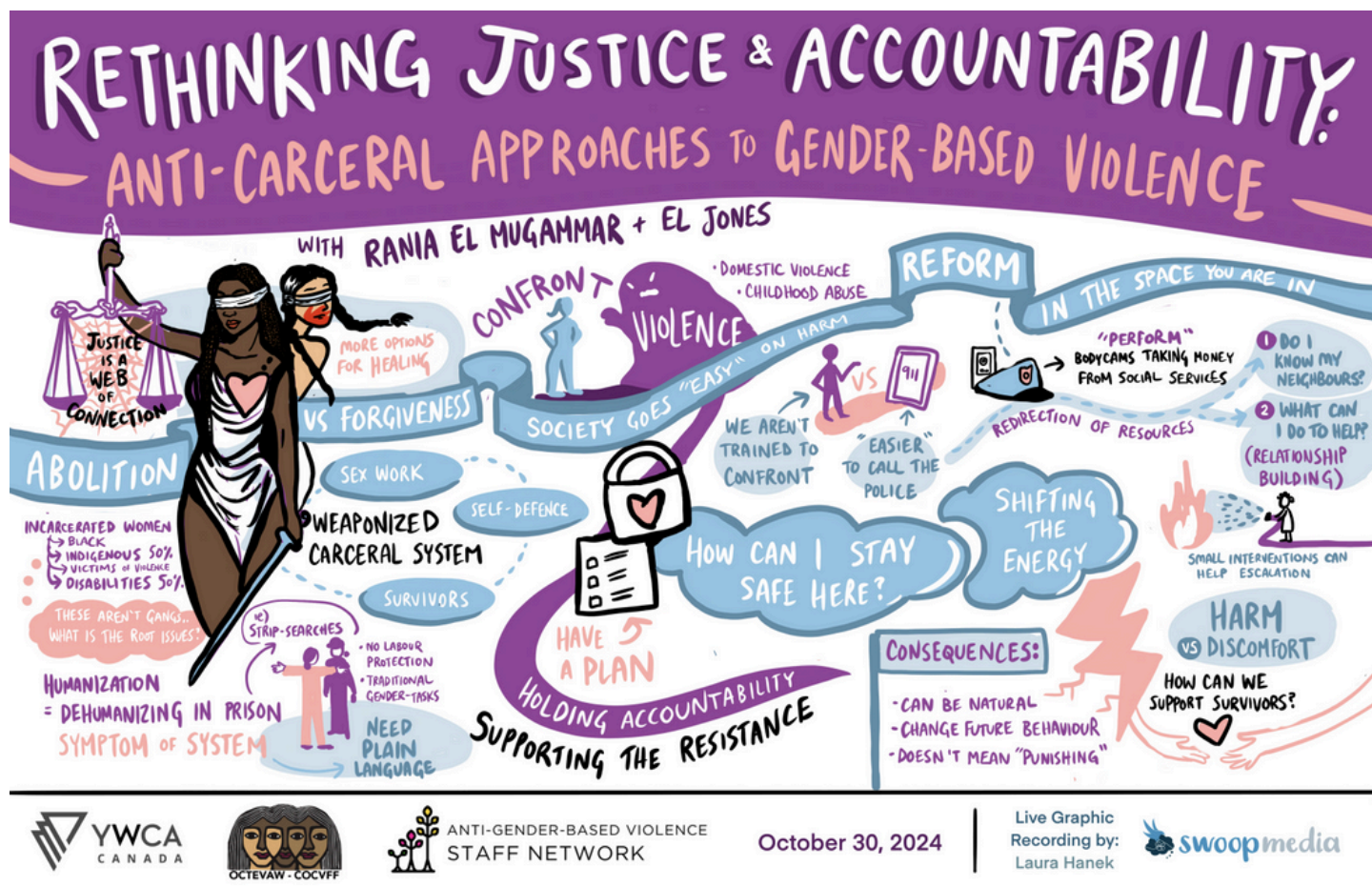


Rethinking Justice & Accountability

Anti-Carceral Approaches to End Gender-Based Violence

Resource Guide



Quick Facts About Anti-Carceral Approaches to Gender-Based Violence

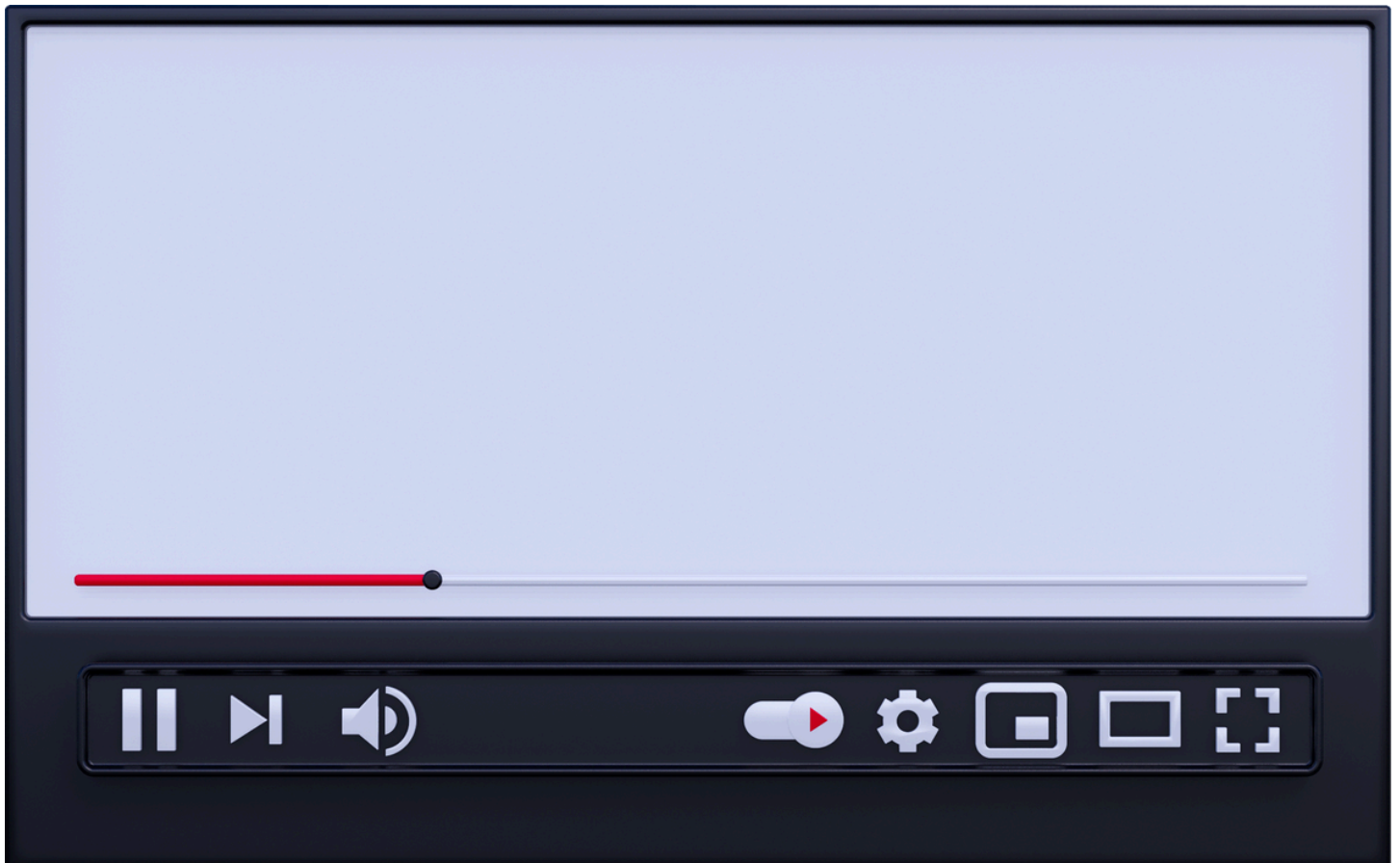
Definition: Anti-carceral approaches seek alternatives to criminal justice systems to address GBV, focusing on healing, accountability, and community-driven solutions rather than incarceration

Limitations of the Legal (Carceral) System:

- Survivors often report feeling retraumatized by the legal system.
- Incarceration does not address the root causes of violence, such as power dynamics, trauma, and systemic inequities.
- Black, Indigenous, and marginalized communities face over-policing and disproportionate incarceration rates.

Why are Anti-Carceral or Alternatives to Justice Important?

Anti-carceral approaches build community resilience by addressing root causes and breaking cycles of violence. They center survivor needs and autonomy, offering tailored, non-punitive pathways to healing and justice.



[Video Link](#)

Rania El Mugammar and El Jones, explore the intricate connections between the historical origins of the carceral system and contemporary anti-gender-based violence (AGBV) efforts. October 30, 2024.



Safety planning tools and resources are rooted in non-carceral approaches to provide options within and outside of formal systems of care for survivors of gender-based violence. We know that each survivor has unique needs; this list is meant to service as a starting point

for tools that can support choice and options when responding to gender based violence/violence against women.

Non-Carceral Mental Health First Aid Workshop This workshop provides an anti-oppressive framework for working with individuals experiencing crisis and non-crisis situations. The mind-body impacts of oppression and social injustice are explored, and systems of authority are challenged. The training supports participants to look beyond the false binary of sickness and wellness. Participants will increase their knowledge of models of mutual aid and harm reduction and learn skills in de-escalation and consent.

Transformative Mutual Aid Practices (T-MAPs) Transformative Mutual Aid Practices (T-MAPs) are a set of tools that provide space for building a personal “map” of wellness strategies, resilience practices, unique stories, and community resources. Creating a T-MAP will inspire you to connect your struggle to collective struggles. When we make and share our T-MAPs with others they become potent tools for healing and liberation.

Pod-Mapping Pod mapping is one structure to help you identify the people who can support you, as well as what kinds of supports they can offer. By mapping out your pods, you have a chance to be more explicit with these people about when you may need to ask them for support, and how you can support them in turn.

National Overdose Response Service NORS is an overdose prevention hotline for Canadians providing loving, confidential, nonjudgmental support for you, whenever and wherever you use drugs.

Virtual Safer Consumption Support Line
No Judgement. No Shame. Just Love.
Canada-wide • 24/7-365
1-888-688-NORS (6677)

Common mistakes we make when supporting others & what to do differently by Peer Support Upskilling Resource – Project LETS

Spring Up provides a variety of tools for safety planning- the Survivor Safety Care Plan; Intentional Community + Co-housing Safety & Care Plan; and Questions to analyze a conflict.

A resource developed by OCTEVAW for YWCA Canada's Anti-Gender-Based Violence Network.