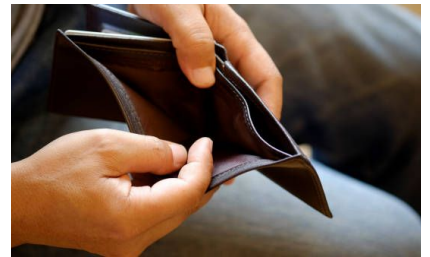
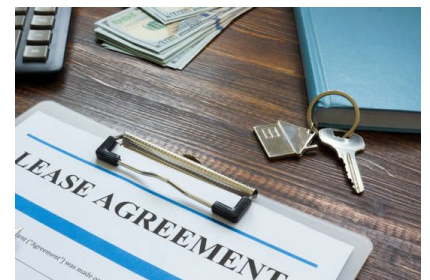


Tenancy Support

Need Help Supporting Your Housing ?

Are you experiencing any of the following tenancy issues:

- **Difficulty Discarding Or Parting With Possessions?**
- **Noisy Neighbours?**
- **Pests**
- **Maintenance Problems?**
- **Paying Your Rent**
- **Communicating With Your Landlord?**
- **Understanding Your Lease Agreement?**
- **Understanding Tenants Rights & Responsibilities?**



We are here to help!
Saturdays 9:00 AM to 12:00 PM

Please Contact us to make an appointment for tenancy support:

Email: eyhhc@eyetfrp.ca

Phone: 416-698-9306

**We are at Access Point on Danforth
(Victoria Park and Danforth) on Saturday
- by APPOINTMENT ONLY**

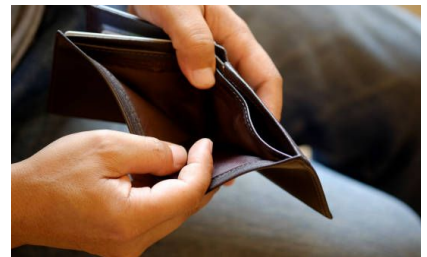
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Housing Support

Need Help Supporting Your Housing ?

Need Help with Housing Access?

- **Would you like help with any of the following housing access issues?**
- **Searching for market rent housing?**
- **Assistance Completing Social housing applications?**
- **Assistance completing Social housing Applications?**
- **Assistance completing the following financial application:**
 - **Rent Bank- for assistance with rent arrears or first last month rent**
 - **Leap (Low income Energy Assistance Program)- hydro or gas bills**
 - **OESP (Ontario Energy Support Program)- lower hydro bills**



We are here to help!
Tuesday 9:00 AM to 3:00 PM

Please Contact us to make an appointment for tenancy support:

Email: eyhhc@eyetfrp.ca
Phone: 416-698-9306

We are at Access Point on Danforth (Victoria Park and Danforth) on Tuesdays - by APPOINTMENT ONLY



Boarding Homes (part 1)

East York Housing Help Centre Resource

Arrabon House

Long term residential treatment program in group home environment (capacity of 7). Contact intake worker at 416-536-7037 or referring worker can contact Centralized Access to Residential Services (CARS) at 416-482-7884

Eligibility: Young women 13-18 years experiencing family conflict, mental health, behavioral and emotional issues or survival of physical and sexual abuse.

Numbers: 416-536-7037

Website:

<https://jeantweed.com/supportive-housing/>

Email: info@jeantweed.com

COTA

Supportive housing program provides rent subsidized accommodation and support for 20 men and 6 women living with mental health challenges.

Supportive housing program provides rent subsidized accommodation and support for 10 men living with mental health challenges and co-occurring diabetes or pre-diabetic conditions. Each tenant has his/her own bedroom and shares a bathroom and kitchenette with two or three other tenants. Cota Health provides on-site support during the day, seven nights per week. Cota Health provides on-site support during the day, seven days a week. Overnight security is on-site seven nights per week. Cota Health provides one meal per day on Saturday, Sunday and Monday. Tenants are responsible for their own meals outside of these scheduled times

Numbers: 416-926-9915

Eden Community Homes

Affordable supportive housing at two locations downtown Toronto for individuals living with serious mental illness. This program is for women who have experienced homelessness and serious mental health problems. On site staff available for 24 hours a day and assist residents with day to day providing a meal program, assistance with medication if needed and helping residents with doctor appointments. The model of service is based on helping become as healthy as possible.

Numbers: 416-977-3655

George Hull Center for Children and Families

Support to children and their families facing mental health issues 18 years and below. Services including prevention and early intervention, outpatient treatment for school aged children, residential treatment, substance abuse treatment, specialized school programs. The early centre offers preschool speech and language services several EarlyON centre Program

Numbers: 416-622-8833

Boarding Homes (part 2)

East York Housing Help Centre Resource

House of Compassion of Toronto

Provides a permanent supportive home to adults living with severe and persistent mental illness. Support staff on-site 24 hours, programs include: informal counseling, advocacy, coordination of supports, development of a supportive community, support with activities of daily living, crisis prevention and intervention as needed, meal planning and preparation.

Phone: 416-532-0550

LOFT Community Services

Serving individuals 16 and older with complex needs including mental health, addiction, cognitive and physical health challenges, social isolation, homelessness and poverty, services include support housing, community support and outreach, case management, care coordination and system navigation

Phone: 416-979-1994

John Gibson House

John Gibson House: Provides high support housing for 38 of the most vulnerable, at-risk and frail older adults and seniors in the community. The program offers 24-hour on-site staffing and access to services for seniors with serious mental illness. JGH assists them with health and medical concerns, mental illness and substance abuse problems and other related issues. The communal dining program at JGH provides affordable and nutritious meals. Personal Support Workers provide practical assistance and care to residents, including personal care, housekeeping, laundry and escorts to appointments, enabling them to remain in the community as they age

Phone: 416-537-3477

Margaret's Housing and Community Support Services

This program offers a spectrum of permanent supportive housing options including individual and congregate living style. Support available onsite twice a week or as needed

Numbers: 416-463-1481

Youth Housing

East York Housing Help Centre Resource

Amelie House

Long-term transitional housing (up to 2 years) for women aged 18 years and older who have experienced difficulty in maintaining adequate permanent housing. Residency includes: Meals, Informal Counselling, Crisis intervention, referrals, Advocacy, Basic Necessities, Self-directed living environment with staff supervision and support available 24 hours. Available staff includes: Re-establishing counsellors, Community support worker, Life skills coach, Overnight worker.

Phone: 416-465-0475

Email: ameliehouse@rogers.com

Website: www.svdptoronto.org

Covenant House

Covenant House is the largest agency in Canada serving youth who are homeless, trafficked or at risk. Covenant House is inclusive, intentional and impactful. As a leader in the sector, they advocate so that all youth can have lives free from homelessness and trafficking.

Phone: 416-598-4898

Email: infos@centrefranco.org

Website: covenanthousetoronto.ca/contact-us/

Turning Point Youth Services

Provides emergency shelter for youth ages 16-24 years of age. This is a dormitory style shelter with 8-10 beds per room. The shelter is not highly structures and is flexible.

Phone: 416-925-9250

Website: turningpoint.ca/get-in-touch/

Eva's

Works with homeless and at risk youth ages 16-24 to get them off the streets permanently they operate 3 shelters in the GTA area

Numbers: 416-925-9250

Website: www.evas.ca/what-we-do/

Indigenous Youth Shelter

This Indigenous Youth Shelter will provide housing supports to Indigenous Youth Experiencing Homelessness. Services will include 24-hour on-site staff support, on-to-one case management, food, laundry facilities and cultural support and care

Numbers: 416-969-8510

Email: info@nativechild.org

Website: nativechild.org/youth/housing/

Emergency Centre

East York Housing Help Centre Resource

Society of Saint Vincent de Paul

Emergency shelter and longer term housing, capacity 38, The society of Saint Vincent de Paul is a lay Catholic organization whose mission is to live the Gospel message by serving Christ through the poor with love, respect, justice and joy

Phone: 416-259-2528

Email: elisahouse.svdptoronto@rogers.ca

Website: svdptoronto.org

Fred Victor

Emergency shelter for women, includes counselling and support, crisis management, case management and referrals, access to psychiatrist and Health Bus, and food box for former residents. Capacity 24, average stay 3-12 months

Phone: 416-368-5890

Website: www.frevictor.org

Christie Ossington Neighbourhood Centre

Founded in 1993, Christie Ossington Neighbourhood Centre (CONC) is a multi-service agency in West Downtown Toronto providing essential and innovative services for vulnerable community members. They provide free programs, services and supports for children youth, adults and seniors living in poverty, including community members who are newcomers, sole-support parents, challenged by mental and physical health issues, lacking food and income security, homeless, underhoused and experiencing other barriers to living healthy lives and participating fully in community

Phone: 416-792-8941

Website: greg@conc.ca

Horizons for Youth

Emergency shelter and short term housing program; resident services include food packages and meals, clothing and personal needs, emotional support and informal counselling, crisis intervention, clinical referral and assessment, case management and advocacy, access to housing worker and housing workshops, life skills training, community referrals and aftercare support, day programs and drop-in services, capacity 30, length of stay depends on individual plan.

Phone: 416-781-1933

Website: horizonsforyouth.org

Email: info@horizonsforyouth.org

YMCA of Greater Toronto-Family, Youth and Children

Emergency shelter for self-identified young men, including harm reduction and trauma informed residential services, case management, information referrals, counselling and support finding and maintaining permanent, affordable housing capacity 20, staffed 24 hours, no maximum stay, odd work hours can be accommodate if staff are informed.

Phone: 416-504-9700

Rehab Centre (part 1)

East York Housing Help Centre Resource

Baycrest- Baycrest Hospital- Clinical Services- Inpatient Rehabilitation

Hospital inpatient rehabilitation program for older adults, coordinated care plans ranging from low to high intensity. Adults age 55 and older who are medically stable to participate in and benefit from rehabilitative care to meet the needs of his/her specific mobility and functional goals in the home environment

Phone: 416-785-2500

Email: intake@baycrest.org

Website:

www.baycrest.org/Baycrest/Healthcare-Programs-Services/Clinical-Services/Inpatient-Rehabilitation

Holland Bloorview Kids Rehabilitation Hospital Inpatient Care

Hospital inpatient acquired brain injury rehabilitation program. The goal is to help patients recover as fully as possible and reintegrate into the community. Rehabilitative Stream Program- Patients participate in at least 3 hours of therapy/activity per day for 5 days a week, patients' rehabilitation goals include transition to community, average length of stay is 64 days

Restorative Stream Program - Patients participate in at least 1 hour of therapy per day for 5 days per week- patients' rehabilitation goals include transition to community , average length of stay is 64 days

Restorative Stream Program- Patients participate in at least 1 hour therapy per day for 5 days per week

Phone: 416-425-6591

Email: info@hollandbloorview.ca

Website:

hollandbloorview.ca/services/programs-services/brain-injury-rehab

Runnymede Healthcare Centre

A 35 beds unit providing care and therapy to patients who have experienced a decline in function due to musculoskeletal injuries, recent course in hospital or multi-system illness. The multidisciplinary team plans the care to facilitate a discharge back to the community.

The program cannot accommodate the following:

Chemotherapy and radiation, Dialysis (hemo and peritoneal), behaviors, chest tubes, chronic ventilation, airvo, NG Tubes, Total parenteral Nutrition (TPN), blood transfusions and paracentesis, Central venous access device (CVAD)

Phone: 416-762-7316 ext 2104

Email: patientflow@runnymedehc.ca

Website:

www.runnymedehc.ca/runnymede-difference/clinical-programs/high-tolerance-short-duration-rehabilitation-htsd-rehab

Rehab Centre (part 2)

East York Housing Help Centre Resource

Medical Rehabilitative Care Program

93-bed inpatient hospital rehabilitation program
Focuses on the frail elderly, people with cardiopulmonary conditions, and people with complex medical needs that require technological support, patients have a moderate to high potential for functional improvement

Typical length of stay in high-intensity stream is 5 weeks or less

Typical length of stay in reconditioning stream is 7 weeks or less

Phone: 416-461-8251 ext 2064

Email: infor@bridgepointhealth.ca

Website: www.hennickbridgepointhospital.ca/en/what-we-do/inpatient-care.asp

Amputee Rehabilitation

High-intensity inpatient rehabilitation program for people recovering from limb amputations, assessment, treatment and education on areas such as diabetes management, lifestyle adaptation and health promotion, services provided by physiotherapists, occupational therapists, nurses, speech language pathologist, pharmacists, physicians, dietitians, social workers, psychiatry and prosthetics

Nutrition- Special needs accommodation to include intermittent tube feeds (PEG tube only)

Phone: 416-226-6780 ext 57300

Website:

<https://sunnybrook.ca/content/?page=sjr-patvis-prog-amp>

Musculoskeletal Rehabilitation

7 days, high-intensity inpatient rehabilitation program for people recovering from elective joint replacements and other complex orthopedic conditions, individual and group therapy available, focuses on improving function and mobility to help patient ease back into the community, services provided by physiotherapists, occupational therapists, nurses, speech language pathologists, pharmacists, physicians, dietitians, social workers, and psychiatrists

Nutrition- Special needs accommodation to include intermittent tube feeds (PEG tube only)

Phone: 416-226-6780

Website:

<https://sunnybrook.ca/content/?page=sjr-patvis-prog-msk>

Neurological Rehabilitative Care Program

75-bed inpatient rehabilitation program for people who have moderate to severe impairment related to a stroke, brain injury or neuromuscular condition, patients have moderate to high potential for functional improvement. Average length of stay in high intensity stream is 6 weeks or less
Average length of stay in reconditioning stream is 12 weeks or less

Phone: 416-461-8251 ext 2064

Refugee Shelters

East York Housing Help Centre Resource

Adam House

Clean and safe living accommodations help and advice with immigration procedures; referrals to legal services, medical assistance and community resources

Phone: 416-538-2836

Email: info@adamhouse.org

Website: www.adamhouse.org

FCJ Refugee Centre

Shelter for up to one year for about 30 women and children, visits from a transitional housing worker, legal and social assistance, community kitchen, women's circle and more

Phone: 416-469-9754

Website: www.fcjrefugeecentre.org

Sojourn House

Emergency shelter, housing stabilization for newly arrived refugees, food program for residents, transitional housing, outreach health clinic, youth program

Phone: 416 864-0515

Website: Sojournhouse.org

Romero House

10 apartments for refugee families for up to one year after they arrive in Canada, support for all aspects of their settlement

Phone: 416 763-1303

Website:

romerohouse.org/about/our-services