



ResearchILD
Research Institute for
Learning and Development

35TH ANNUAL

LEARNING DIFFERENCES CONFERENCE

**EXECUTIVE FUNCTION STRATEGIES:
The Antidote to Stress in School**


MARCH 20–21, 2020

CONFERENCE FOUNDER AND CHAIR: LYNN MELTZER, Ph.D.

At the Harvard Graduate School of Education

EXECUTIVE FUNCTION STRATEGIES: The Antidote to Stress in School

Chair: Lynn Meltzer, Ph.D.



March 20-21, 2020
at the Harvard
Graduate School
of Education

WHO SHOULD ATTEND?

This conference is designed for professionals in education, psychology, child development, speech and language pathology, school psychology, and other related fields.

This 35th Annual Learning Differences Conference will address the close connections between executive function, stress, persistence and school performance. Presentations will focus on the connections between research, clinical practice, and teaching. There will be an emphasis on executive function strategies that benefit all students from K-12 to college and span reading, writing, math, and content area subjects.

- *How do we promote a school culture that fosters metacognitive awareness and the teaching of executive function strategies?*
- *How do executive function weaknesses affect the performance of students with LD, ADHD, ASD, and other learning difficulties?*
- *How do we promote students' strengths and reduce their anxiety and stress in the context of the classroom?*
- *How do we teach self-regulation and executive function strategies in the early elementary grades?*

The conference will include a combination of plenary sessions and smaller concurrent sessions to provide opportunities for in-depth discussion with faculty. The program will emphasize the application of theory and research to educational practice.

For more information, including a brief description of the conference talks, go to: www.researchchild.org/lcdc2020

PROGRAM FEE

The program fee includes breaks, a networking lunch, and a certificate of completion. Instructional binders with course information are available for an additional \$70. Registrations made before January 25, 2020 receive the early registration rate of \$595, after which the \$665 rate applies. Limited seats are available for full time students at a rate of \$260. See the registration form or website for details.

CANCELLATION POLICY

Cancellations must be made in writing. Full refunds will be granted until February 8, 2020. Cancellations received between February 9 and February 22 are subject to a 10% administrative fee. Cancellations after February 22 and no shows are subject to full payment.

ResearchILD reserves the right to cancel the program and change faculty at its discretion. In the unlikely event of program changes, ResearchILD is not responsible for non-refundable travel arrangements or other planning costs incurred.

To register online and for more information:

www.researchchild.org/lcdc2020


Phone: 781-861-3711 x 113

HOTEL RESERVATIONS

Participants are responsible for their own travel and accommodation expenses. Please refer to our website for information about local hotels.

FURTHER INFORMATION

www.researchchild.org/lcdc2020
Jamie Cutler: jcutler@researchchild.org
Tel: 781-861-3711, Ext 113



"This conference has been so enriching and relevant. It helps me to bridge the gap between theory, research, and practice."

- 2019 Conference Attendee



CONFERENCE SCHEDULE

DAY 1

- 7:45 - 8:30 **Registration**
- 8:30 - 8:50 **Welcome**
Lynn Meltzer, Ph.D.
- 8:50 - 9:45 **Metacognition and executive function: Reducing stress and igniting success in all students**
Lynn Meltzer, Ph.D.
- 9:50 - 10:40 **The impact of a growth mindset on behavior and performance**
Eduardo Briceño
- 10:40 - 11:00 **Coffee break**
- 11:00 - 11:50 **Stress management strategies to accelerate student performance**
Dave Anderson, Ph.D.
- 11:50 - 12:20 **Panel: Q&A**
Lynn Meltzer, Ph.D.
Eduardo Briceño
Dave Anderson, Ph.D.
- 12:20 - 1:30 **Networking lunch**
- 1:30 - 2:45 **Persistence, resilience, and EF strategies: Keys to overcoming challenges in school and life**
Tony Bashir, Ph.D., Chace Nolen, B.S., Billy Warren, B.S.
- 2:45 - 3:10 **Break**

- 3:15 - 4:45 **CONCURRENT SESSIONS**
1. **Executive function and metacognitive awareness: Strategies to boost independent learning**
Michael Greschler, M.Ed., Wendy Stacey, M.S., Shelly Levy, M.Ed., M.S.
 2. **Intergrating social-emotional development with academics**
Sara Krachman, A.B.
 3. **Reading and the brain for educators and practitioners**
Joanna Christodoulou, Ed.D.
 4. **When worrying takes over: Helping kids with ADHD overcome anxiety and build resiliency**
Sharon Saline, Ph.D.
 5. **Self-Regulated Learning in English Language Learners**
Kalyani Krishnan, Ph.D.

4:45 - 6:30 **Reception**
Faculty Reception for Speakers, LD Conference Alumnae & SMARTS subscribers

CONFERENCE SCHEDULE

DAY 2

- 8:30 - 8:45 **Overview**
Lynn Meltzer, Ph.D.
- 8:45 - 9:30 **Executive function and school readiness**
Stephanie Carlson, Ph.D.
- 9:30 - 10:20 **Bright kids who can't keep up**
Ellen Braaten, Ph.D.
- 10:20 - 10:40 **Coffee break**
- 10:45 - 11:35 **Smart but scattered**
Peg Dawson, Ed.D., NCSP
- 11:35 - 12:00 **Panel: Q&A**
Stephanie M. Carlson, Ph.D., Ellen Braaten, Ph.D., Peg Dawson, Ed.D., NCSP
- 12:00 - 1:15 **Lunch (On your own in Harvard Square)**
- 1:15 - 2:30 **School recharge: Embedding EF strategies into the curriculum**
Panel: Rajneet Bajnath, M.Ed. & Kristina Mannino, M.Ed., Robbinsville Public Schools; Hilary Shea, M.Ed., Cherelle Webster-Payne, LICSW, Boston Public Schools; Suellen Inwood, M.Ed., Easton Country Day School.

- 2:40 - 4:10 **CONCURRENT SESSIONS**
1. **Overcoming math phobia with EF strategies**
Joan Steinberg, M.Ed.
Kathy Button, M.Ed.
 2. **Flexible mindsets: Creating spaces that reduce stress and encourage young learners to take risks.**
Julie Dunstan, Ph.D.
Suzanna Cole, M.Ed.
 3. **Working memory strategies that improve academic performance**
Surina Basho, Ph.D.
 4. **The magic of mentalizing: Applying innovations in Theory of Mind and Social-Cognition to create effective interventions for Children with ASD**
Sucheta Kamath, MA. MA. BC-ANCDS, CCC-SLP
 5. **Digital technologies for improving thinking skills in children**
Randy Kulman, Ph.D.
- 4:15 - 4:30 **Closing Panel: Practical strategies for use on Monday morning**
Donna Kincaid, M.Ed.
Nancy Trautman, M.A.T.

“An AMAZING conference!! Cutting-edge, practical, and engaging.”

2019 Conference Attendee

“This was a life and career changing experience. Both days were jam packed with valuable information.”

2019 Conference Attendee

FACULTY LIST



LYNN MELTZER, Ph.D., CONFERENCE CHAIR

Dr. Lynn Meltzer is the President and Director of the Institutes for Learning and Development (ResearchILD and ILD) in Lexington, MA. She is a Fellow and Past-President of the International Academy for Research in Learning Disabilities. She is the Founder and Program Chair of this Annual Learning Differences Conference which she has chaired for the past 34 years. For 30 years, she was an Associate in Education at the Harvard Graduate School of Education and an Adjunct Associate Professor in the Department of Child Development at Tufts University. Her 40 years of clinical work, research, publications, and presentations have focused on understanding the complexity of learning and attention problems. Her extensive publications include articles, chapters, and books, most recently, *Executive Function in Education: From Theory to Practice* (2018), *Promoting Executive Function in the Classroom* (2010) and *The Power of Peers in the Classroom: Enhancing Learning and Social Skills* (2015), co-edited with Karen Harris. Together with her ResearchILD staff, she has developed SMARTS, an evidence-based executive function and peer mentoring/coaching curriculum for elementary, middle and high school students (www.smarts-ef.org).

DAVE ANDERSON, PH.D.
Senior Director of National Programs and Outreach, Child Mind Institute

RAJNEET BAJNATH, M.ED.
Director of Student Services, Robbinsville Public Schools

ANTHONY BASHIR, PH.D.,
Adjunct professor, Boston College, Lynch School of Education

SURINA BASHO, PH.D.
Director, Executive Function Research Program, Morrissey-Compton Educational Center

ELLEN BRAATEN, PH.D.
Director, LEAP, MGH, Associate Director, MGH Clay Center for Young Healthy Minds, Associate Prof., Psychology, Harvard Medical School

JULIE DUNSTAN-BREWER, PH.D.
Founding Director reFLEXions™ Consulting Psychologist, The Reading Clinic, Bermuda

EDUARDO BRICENO
Co-Founder and CEO, Mindset Works

KATHY BUTTON, M.ED.
Educational Specialist, ILD, SMARTS Curriculum Specialist, ResearchILD

STEPHANIE M. CARLSON, PH.D.
Distinguished McKnight University Professor at the Institute of Child Development, University of Minnesota

JOANNA CHRISTODOULOU, ED.D.,
Associate Professor, Department of Communication Sciences and Disorders, MGH Institute of Health Professions, Adjunct Lecturer on Education, HGSE

SUSANNAH COLE, M.ED.
Executive Function Coach, Bermuda

PEG DAWSON, ED.D., NCSP
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MICHAEL GRESCHLER M.ED.
Director, SMARTS Program, Educational Specialist, ResearchILD

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Director and Co-Founder, Easton Country Day School

SUCHETA KAMATH, MA., MA.
BC-ANCDs, CCC-SLP
Founder, ExQ®, Speech-Language Pathologist

DONNA KINCAID M.ED.
Assistant Director, ILD and ResearchILD, Director of Outreach and Training

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RANDY KULMAN, PH.D.
Founder and President, LearningWorks for Kids

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NANCY TRAUTMAN, M.A.T.
Reading and Education Specialist, ILD

BILLY WARREN, B.S.
Scientist, Agios Pharmaceuticals

The Institutes for Learning and Development Websites:
<http://smarts-ef.org>
www.researchchild.org
www.ildlex.org

REGISTRATION FORM

The Research Institute for Learning and Development's 35TH ANNUAL LEARNING DIFFERENCES CONFERENCE March 20–21, 2020

REGISTRATION ONLINE IS FAST AND EASY!

Go to: www.researchchild.org/ldc2020

You can also register by mail/fax, using the following form.

Please complete all information:

NAME _____

POSITION/TITLE _____

SCHOOL/ORGANIZATION _____

ADDRESS _____

CITY _____

STATE _____ COUNTRY _____ ZIP _____

PHONE _____

E-MAIL _____

HOW DID YOU HEAR ABOUT THIS CONFERENCE? _____

PLEASE SPECIFY CONCURRENT SESSION PREFERENCES:

PREFERENCE	FRIDAY SESSIONS #1-5	SATURDAY SESSIONS #1-5
1ST CHOICE:		
2ND CHOICE:		

CONFERENCE FEES:	REGISTER BY JAN. 25:	REGISTER AFTER JAN. 25
Program	\$595	\$665
Student Rate (Limited Seats)	\$260	\$260
Optional Binder	+\$70	+\$70
	Total:	Total:

PAYMENT IS DUE WITH YOUR REGISTRATION. Credit card, check, and school purchase order (PO) accepted.

MASTERCARD OR VISA NUMBER: _____ EXP. DATE: _____

NAME AS IT APPEARS ON THE CARD: _____

BILLING ADDRESS FOR CARD: _____

Send registration form to: ResearchILD, 4 Militia Drive, Suite 20, Lexington, MA 02421

Or Fax (credit card or PO only) to: 781-861-3701. Any questions? Please call us at: 781-861-3711, x 206.

PLEASE TELL US ABOUT YOUR WORK:

School Setting:

- Elementary
 Middle School
 High School
 District-wide

School Setting:

- Public
 Charter
 Private
 Other

Other:
