



ResearchILD
Research Institute for
Learning and Development

ONLINE CONFERENCE LIVE NOVEMBER 11–12

36TH ANNUAL EXECUTIVE FUNCTION CONFERENCE

LYNN MELTZER, Ph.D., CONFERENCE FOUNDER AND CHAIR

EXECUTIVE FUNCTION, ATTENTION, AND STRESS: BUILDING RESILIENCY AND FOSTERING EQUITY FOR ALL STUDENTS

VIRTUAL CONFERENCE
NOVEMBER 11–12, 2021 — ONLINE

WHO SHOULD ATTEND?

This conference is designed for professionals in education, psychology, child development, speech and language pathology, school psychology, home-school education, and other related fields.

EXECUTIVE FUNCTION, ATTENTION, AND STRESS: BUILDING RESILIENCY AND FOSTERING EQUITY FOR ALL STUDENTS

This 36th Annual Executive Function Conference will address the close connections between executive function, stress, persistence, and school performance. This year's virtual conference will emphasize the role of executive function as a cornerstone of equity in education. Presentations will focus on the importance of creating strategic classrooms by promoting metacognitive awareness, executive function strategies, persistence, and resilience in *all* students.

The conference will highlight practical strategies for promoting metacognition and executive function in all students from K-12 to college. We will address the following issues:

- *As students return to their classrooms after the pandemic recedes, how do we build a school culture that re-engages all students and promotes self-understanding, persistence, and resilience?*

- *How do executive function strategies build a foundation for equity in our classrooms and our schools?*
- *How do we promote executive function by teaching strategies for goal-setting, cognitive flexibility, organizing and prioritizing, accessing working memory, and self-monitoring so we can empower students to succeed in the classroom and during online learning?*
- *How do we promote students' strengths in social-emotional areas so we reduce their anxiety and stress in the context of the classroom?*
- *How do executive function weaknesses affect the performance of students with LD, ADHD, ASD, and other learning difficulties?*

This conference will include a combination of live plenary sessions, pre-recorded workshop sessions, and smaller break-out sessions in chat rooms to provide opportunities for in-depth discussion. The program will emphasize the application of theory and research to educational practice.

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FACULTY



LYNN MELTZER, Ph.D.
CONFERENCE CHAIR

Dr. Lynn Meltzer is the President and Director of the Institutes for Learning and Development (ResearchILD and ILD) in Lexington, MA. She is a Fellow and Past-President of the International Academy for Research in Learning Disabilities. She is the Founder and Program Chair of this Executive Function Conference, (formerly the Learning Differences Conference) which she has chaired for the past 35 years. For 30 years, she was an Associate in Education at the Harvard Graduate School of Education and an Adjunct Associate Professor

in the Department of Child Development at Tufts University. Her 40 years of clinical work, research, publications, and presentations have focused on understanding the complexity of learning and attention problems. Her extensive publications include articles, chapters, and books, most recently, *Executive Function in Education: From Theory to Practice* (2018), *Promoting Executive Function in the Classroom* (2010) and *The Power of Peers in the Classroom: Enhancing Learning and Social Skills* (2015), co-edited with Karen Harris. Together with her ResearchILD staff, she has developed SMARTS, an evidence-based executive function and peer mentoring/coaching curriculum for elementary, middle, and high school students (www.smarts-ef.org).

LYNN MELTZER, Ph.D.

Founder and Program Chair for 36 years, President and Director, Institutes for Learning and Development (ResearchILD and ILD)

ANTHONY S. BASHIR, Ph.D., CCC-SLP

Educational Consultant; Adjunct, The Lynch School of Education and Human Development, Boston College, Chestnut Hill, MA

DONNA CECILIA BOWEN, M.S.

Learning Specialist, Merrick Academy Charter School, Queens, New York, and a ResearchILD EF & Equity Fellow

KIM CARTER, M.ED.

Founder and Executive Director, Q.E.D. Foundation

KIM DAVIS, M.ED.

Senior Associate for Research and Teacher Training, ResearchILD

MAURICE ELIAS, Ph.D.

Professor, Psychology Department, Rutgers University, Director, Social-Emotional and Character Development Lab; Co-Director, Rutgers-based Academy for SEL in Schools

DAVID FLINK, Ed.M.

Founder and Chief Empowerment Officer, Eye to Eye

MICHAEL GRESCHLER, M.ED.

Director, SMARTS Program, ResearchILD; Educational Specialist, ILD

RAJNEET GOOMER, M.A.

Director of Student Services, Robbinsville Public Schools

JULIE JARVIS, Ed.D.

Director of Curriculum, Instruction and Assessment, Fremont Public Schools, WY

SUCHETA KAMATH, M.A., M.A., CCC-SLP, BC-ANCDS

Founder/CEO of ExQ, LLC

DONNA KINCAID, M.ED.

Assistant Director and Director of Outreach and Training, Institutes for Learning and Development (ResearchILD and ILD)

SHELLY LEVY, M.ED., M.S.

SMARTS Curriculum Coordinator, ResearchILD; Educational Specialist, ILD

GEORGE MCCLOSKEY, Ph.D.

Professor and Director of Research, School of Professional and Applied Psychology, Philadelphia College of Osteopathic Medicine

KRISTINA MANNINO, M.ED.

Supervisor of Special Services, Robbinsville Public Schools

DAVID MELNICK, LICSW

Co-Director, Outpatient Services, Northeastern Family Institute, Vermont; Fellow, Child Trauma Academy

VERONICA MILLER, M.S.

Instructional Facilitator at Arapahoe Schools, Wind River Reservation, WY

LINDA NATHAN, Ed.D.

Director of the Perrone-Sizer Institute for Creative Leadership (PSI); Strategic Partnership Advisor, Hale Education; Adjunct Lecturer, Harvard Graduate School of Education and Cambridge College

PEDRO NOGUERA, Ph.D.

Dean, Rossier School of Education; Distinguished Professor of Education, University of Southern California

EMILY PETTY, B.S.

6th grade teacher, Arapahoe Middle School, Wind River Reservation, WY

REGINE PHILLIPEAUX, Ed.D.

Deputy Chief of the Equity, Strategy, and Opportunity Gaps Division, Boston Public Schools

MINDY SCIRRI, Ph.D.

Learning (Dis)ability Specialist and Consultant, Learnabilities

IRVIN SCOTT, Ed.D.

Senior Lecturer on Education, Harvard Graduate School of Education

JOAN SEDITA, M.ED

Founder of Keys to Literacy

BONNIE SINGER, Ph.D., CCC-SLP

Founder and CEO of Vivido and Architects for Learning

CHRIS WILLARD, Psy.D.

Lecturer in Psychiatry, Part-Time Harvard Medical School Faculty

“Thank you for this amazing collection of experts, information, and resources.” 2020 Conference Attendee

The Institutes for Learning and Development websites:

<http://smarts-ef.org>
www.researchchild.org
www.ildlex.org

36TH ANNUAL
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ONLINE CONFERENCE SCHEDULE

NOVEMBER 11 & 12, 2021

THURSDAY, NOVEMBER 11, 2021

- 8:30-8:50 **Welcome**
Lynn Meltzer, Ph.D.
- 8:50-9:45 **Creating Strategic Classrooms: Re-Engaging Students to Promote Self-Understanding and Resilience**
Lynn Meltzer, Ph.D.
- 9:45-10:00 **Q & A**
- 10:00-10:15 **Break**
- 10:15-11:05 **Equity Detectives: The Heart of the Matter for Teachers and Schools**
Irvin Scott, Ed.D.
- 11:05-11:20 **Q and A**
- 11:20-12:20 **Panel: Executive Function and Equity in Schools: Success Stories from Administrators and Teachers**
Regine Phillipeaux, Ed.D., Donna Bowen, M.S., Julie Jarvis, Ed.D., Veronica Miller, M.S., Emily Petty, B.S.
- 12:20-12:30 **Q & A**
- 12:30-1:05 **Lunch and Networking in Chat Rooms**
- 1:15-2:05 **Educating Equitably After the Pandemic: Promoting Student Agency and Self-Understanding**
Pedro Noguera, Ph.D.
- 2:05-2:20 **Q & A**
- 2:20-3:30 **Panel: Addressing EF, Social-Emotional Learning Skills, and Classroom Learning: Practical Strategies that Work in Classrooms**
Michael Greschler, M.Ed., Joan Sedita, M.Ed., Kim Carter, M.Ed., Anthony S. Bashir, Ph.D., CCC-SLP, Bonnie Singer, Ph.D., CCC-SLP
- 3:30-3:45 **Q & A**
- 3:45 **Day One Ajourns**

FRIDAY, NOVEMBER 12, 2021

- 8:30-8:40 **Overview**
Lynn Meltzer, Ph.D.
- 8:40-9:30 **Strengthening Students' Resilience through the Motivation-EF Connection**
George McCloskey, Ph.D.
- 9:30-9:45 **Q & A**
- 9:45-10:35 **Social Emotional Learning and Character Development: The Foundations of Safe and Successful Schools**
Maurice Elias, Ph.D.
- 10:35-10:50 **Q & A**
- 10:50-11:05 **Break**
- 11:05-11:55 **Using Arts to Create Schools that Address Students' Strengths and Embed Equity**
Linda Nathan, Ed.D.
- 11:55-12:10 **Q & A**
- 12:10-1:00 **Lunch Break or SMARTS Optional Sessions**
- MetaCOG Online: A New Survey for Helping Teachers Understand Each Student's EF Strengths and Challenges**
Lynn Meltzer, Ph.D. and Kim Davis, M.Ed.
or
SMARTS and MTSS School-Wide: Administrator and School Leader Panel
Michael Greschler, M.Ed., Rajneet Goomer, M.A., Kristina Mannino, M.Ed.
- 1:00-1:50 **Identity, Advocacy, and Accommodations: Transitioning to a World After COVID**
David Flink, Ed.M.
- 1:50-2:05 **Q & A**
- 2:05-3:05 **Panel: Reducing Stress to Foster Success During Classwork and Homework**
Donna Kincaid, M.Ed., Shelly Levy, M.Ed., M.S., Sucheta Kamath, M.A., M.A., CCC-SLP, BC-ANCDs, Mindy Scirri, Ph.D., Chris Willard, Psy.D., David Melnick, LICSW
- 3:05-3:15 **Closing Remarks**
Lynn Meltzer, Ph.D.

"Thank you for such an insightful and well-planned conference. Your work is so, so important!" 2020 Conference Attendee

ALL SESSION RECORDINGS WILL BE AVAILABLE THROUGH DECEMBER 31, 2021.

36TH ANNUAL
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PLENARY PRESENTATIONS—LIVE

THURSDAY, NOVEMBER 11, 2021

8:50 AM, EST

Creating Strategic Classrooms: Re-Engaging Students to Promote Self-Understanding and Resilience

Lynn Meltzer, Ph.D.

Founder and Program Chair, President and Director, Institutes for Learning and Development



10:15 AM, EST

Equity Detectives: The Heart of the Matter for Teachers and Schools

Irvin Scott, Ed.D.

Senior Lecturer on Education, Harvard Graduate School of Education



1:15 PM, EST

Educating Equitably After the Pandemic: Promoting Student Agency and Self-Understanding

Pedro Noguera, Ph.D.

Dean, Rossier School of Education; Distinguished Professor of Education, University of Southern California



FRIDAY, NOVEMBER 12, 2021

8:40 AM, EST

Strengthening Students' Resilience through the Motivation-EF Connection

George McCloskey, Ph.D.

Professor and Director of Research, School of Professional and Applied Psychology, Philadelphia College of Osteopathic Medicine



9:45 AM, EST

Social Emotional Learning and Character Development: The Foundations of Safe and Successful Schools

Maurice Elias, Ph.D.

Professor, Psychology Department, Rutgers University; Director, Social-Emotional and Character Development Lab; Co-Director, Rutgers-based Academy for SEL in Schools



11:05 AM, EST

Using Arts to Create Schools that Address Students' Strengths and Embed Equity

Linda Nathan, Ed.D.

Director of the Perrone-Sizer Institute for Creative Leadership (PSI); Strategic Partnership Advisor, Hale Education; Adjunct Lecturer, Harvard Graduate School of Education and Cambridge College

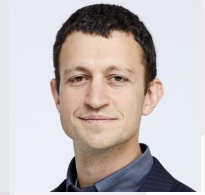


1:00 PM, EST

Identity, Advocacy, and Accommodations: Transitioning to a World After COVID

David Flink, Ed.M.

Founder and Chief Empowerment Officer, Eye to Eye



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PANEL PRESENTATIONS—LIVE

THURSDAY, NOVEMBER 11, 2021

11:20-12:20 AM, EST

Panel: Executive Function and Equity in Schools: Success Stories from Administrators and Teacher

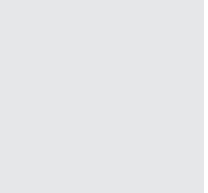
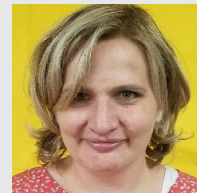
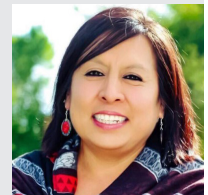
Regine Phillipeaux, Ed.D., Deputy Chief of Equity and Strategy, Boston Public Schools

Donna Bowen, M.S., Learning Specialist, Merrick Academy Charter School, Queens, New York, and a ResearchILD EF & Equity Fellow

Julie Jarvis, Ed.D., Director of Curriculum, Instruction, and Assessment, Fremont Public Schools, WY

Veronica Miller, M.S., Instructional Facilitator at Arapahoe Schools, Wind River Reservation, WY

Emily Petty, B.S., 6th grade teacher, Arapahoe Middle School, Wind River Reservation, WY



2:20-3:30 PM, EST

Panel: Addressing EF, Social-Emotional Learning Skills, and Classroom Learning: Practical Strategies that Work in Classrooms

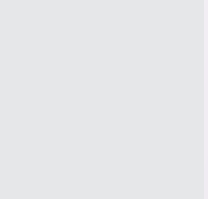
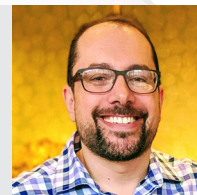
Michael Greschler, M.Ed., Director, SMARTS Program; Educational Specialist, ResearchILD

Joan Sedita, M.Ed., Founder of Keys to Literacy

Kim Carter, M.Ed., Founder and Executive Director, Q.E.D. Foundation

Anthony S. Bashir, Ph.D., CCC-SLP, Educational Consultant; Adjunct, The Lynch School of Education and Human Development, Boston College, Chestnut Hill, MA

Bonnie Singer, Ph.D., CCC-SLP, Founder and CEO of Vivido and Architects for Learning



“As always, it is a privilege to participate in this conference. There are so many fantastic takeaways to be immediately implemented. The content is cutting-edge and multidisciplinary.”

2020 Conference Attendee

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PANEL PRESENTATIONS—LIVE

FRIDAY, NOVEMBER 12, 2021

2:05-3:05 PM, EST

Panel: Reducing Stress to Foster Success During Classwork and Homework

Donna Kincaid, M.Ed., Assistant Director and Director of Outreach and Training, Institutes for Learning and Development (ResearchILD and ILD)

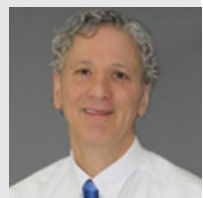
Shelly Levy, M.Ed., M.S., Educational Specialist, ILD; SMARTS Curriculum Coordinator, ResearchILD

*Sucheta Kamath, M.A., M.A., CCC-SLP, BC-ANCDS
Founder/CEO of ExQ, LLC*

*Mindy Scirri, Ph.D., Learning (Dis)ability Specialist and Consultant,
Learnabilities*

*Chris Willard, Psy.D., Lecturer in Psychiatry, Part-Time Harvard Medical
School Faculty*

*David Melnick, LICSW, Co-Director, Outpatient Services,
Northeastern Family Institute, Vermont; Fellow, ChildTrauma Academy*



OPTIONAL SMARTS LUNCHTIME SESSIONS

12:00-1:00 PM, EST

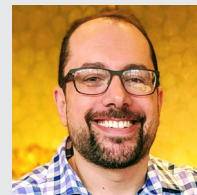
MetaCOG Online: A New Survey for Helping Teachers Understand Each Student's EF Strengths and Challenges

Lynn Meltzer, Ph.D. and Kim Davis, M.Ed.

OR

SMARTS and MTSS School-Wide: Administrator and School Leader Panel

Michael Greschler, M.Ed., Rajneet Goomer, M.A., Kristina Mannino, M.Ed.



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CONCURRENT PRESENTATIONS

THE FOLLOWING PRE-RECORDED CONCURRENT PRESENTATIONS CAN BE VIEWED AT ANYTIME AND ALL SESSION RECORDINGS WILL BE AVAILABLE THROUGH DECEMBER 31, 2021.

SMARTS STRAND

Executive Function and Organization: Unlocking Students' Ability to Stay Organized

Michael Greschler, Ed.M. and Shelly Levy, M.Ed., M.S.



Flexible Thinking: Practical Strategies to Improve Academic Performance and Reduce Stress

Donna Kincaid, M.Ed.



Self-Monitoring and Self-Regulation: From School to Home and Back

Mindy Scirri, Ph.D.



"You always seem to put together the perfect team of presentations. Just when you can't imagine that it can get better, it does! Thanks for all the hard work."

2020 Conference Attendee



CONCURRENT PRESENTATIONS

GENERAL STRAND

Radicalized by Hurt or Hate?: Rethinking the Social Need-To-Belong in ASD Youth

Sucheta Kamath, M.A., M.A., CCC-SLP, BC-ANCDs



Student Identity and Student Agency: Strategies for Engagement, Inclusion, and Equity

Kim Carter, M.Ed.



Mindfulness, Metacognition, and Stress Reduction

Chris Willard, Psy. D.



The Role of Working Memory in Speaking and Written Language

Anthony S. Bashir, Ph.D., CCC-SLP and Bonnie Singer, Ph.D., CCC-SLP



Comprehension Strategy Instruction for Students with Executive Function Difficulties

Joan Sedita, M.Ed.



Transforming Trauma: Helping Schools Become Healing Places

David Melnick, LICSW.

