

Social Sense or S4L

may be ideal for your child or teenager if he or she has difficulty with:

- Understanding body language and other social cues
- Being a "sore loser" or "sore winner"
- Tattling and gossiping
- Understanding humor and social nuance
- Noticing and responding appropriately to others' viewpoints and emotions
- Handling conflict, cooperation, and gentle competition
- Identifying and expressing emotions, and understanding how others feel
- Controlling impulses in a social setting
- Understanding social networking boundaries
- Making and keeping friends

Mynd Works

offers innovative and effective programs to support our clients' social and emotional growth.

Licensed mental health professionals employ their years of experience to match clients with the appropriate counselor and therapeutic method.

For children and youth, parents and guardians are included as a key part of the process.

An initial assessment with a counselor helps to determine what treatment approach will be best, including the following options:

individual and family counseling

play therapy

social skills groups

Jewish Family Service
of Greater Harrisburg, Inc.
3333 N. Front St.
Harrisburg, PA 17110
717.233.1681
info@jfsofhbg.org
www.jfsofhbg.org

Social Skills Groups

Mynd Works
COUNSELING SERVICES

jfs

3333 North Front Street, Harrisburg, PA 17110 | Ph: (717) 233-1681

Social Sense & S4L*

*Skills for Life

aim to teach skills for relating to peers and adults, using cognitive-behavioral therapy and play therapy techniques.

Social Sense

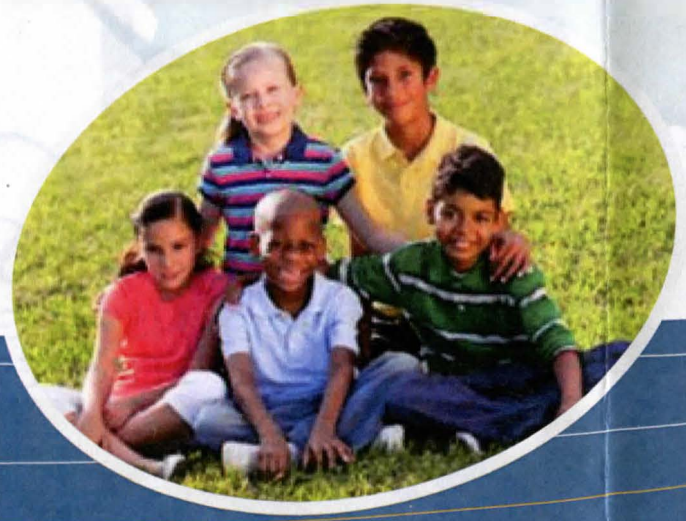
Ages 5-8 - Starts Wednesday, Sept. 21, 2016

Ages 9-12 - Starts Wednesday, Nov. 30, 2016

S4L

Adolescents - Starts Monday, October 10, 2016

Sessions are held weekly, from 6pm-7:15pm.



An initial interview will be scheduled with the youth and his/her parent or guardian to assess readiness for the group setting, individual strengths, and areas of need.

Fees:
There is a one-time fee of $85 for the assessment of new clients, due at the intake appointment.

The fee for an 8-session group series is $240.

Group fees are due on or before the first meeting.

Insurance coverage may be available. Ask your insurance carrier if your plan covers group therapy.

We also have a **Sliding Fee Scale** for families in financial need.



If you have questions or would like to schedule an initial interview/intake:

call 717-233-1681
or email:

Ages 5-12:
Mary Tarbell, LPC
mtarbell@jfsofhbg.org

Ages 13-18:
Bryna Sherr, LCSW
bsherr@jfsofhbg.org