

Who is CBHC?

Since 1967, the Colorado Behavioral Healthcare Council (CBHC) has been the statewide membership association for Colorado's network of community behavioral health providers. **CBHC members are the backbone of Colorado's behavioral health safety net**, serving Coloradans in every county across the State with community-based services tailored to the needs of each area. CBHC members include:

- **17 Community Mental Health Centers (CMHCs)**—CMHCs provide a wide variety of services to Coloradans struggling with mental illness and/or substance use disorders. CMHCs have partnered to contract with the state to deliver behavioral health crisis services.
- **2 Specialty Clinics**—The Asian Pacific Development Center and Servicios de la Raza provide culturally-relevant mental health services to Asian and Latino populations.
- **5 Behavioral Health Organizations (BHOs)**—BHOs are managed care entities in Colorado's Medicaid program. They ensure that Medicaid members get timely access to high quality behavioral health services in appropriate settings.
- **4 Managed Service Organizations (MSOs)**—MSOs manage provider networks that deliver the full continuum of substance use disorder treatment services to Coloradans struggling with addiction. These entities also manage federal block grant dollars administered by the Colorado Department of Human Services, including managing provider networks and quality assurance.

Our members are also leaders in health care integration, providing physical and behavioral health care in integrated settings so that patients can address all of the issues preventing them from getting well and maintaining good health. Our members currently **offer integrated care with our physical health partners at more than 200 sites** across Colorado.

Did You Know?

- CMHCs, Specialty Clinics, BHOs and MSOs employ roughly **8,000 people** across Colorado.
- CMHCs provided services to more than **195,000 Coloradans** in FY16 (over double the number of patients seen in 2007).
- MSOs contract with over 45 providers to ensure a continuum of services for SUD care.
- Major depression, anxiety disorder, and bipolar disorder are among the most common diagnoses treated at CMHCs.
- BHOs have saved the state millions of dollars by connecting Medicaid members to lower-cost, community-based care, preventing inpatient stays and trips to the emergency room.

What are Behavioral Health Services?

The full continuum of behavioral health services includes prevention, education, treatment, and recovery of/from **mental health conditions and substance use disorders**. Some of the services CHBC members provide to help individuals and families struggling with these conditions include:

- Counseling
- Individual, group, and family therapy
- Psychiatric and medication management
- Crisis intervention
- Hospital psychiatric services
- School-based services
- Suicide prevention
- Detoxification
- Recovery services (maintaining sobriety)
- Case management and connection to other community resources (e.g., housing, transportation, food assistance, etc.)
- Primary physical health care
- Vocational services
- Peer support
- Population-specific programs (seniors, veterans, jail-based, etc.)

CBHCs 2018 Priorities

In 2018, CBHC is committed to:

- ❖ Ensuring Colorado's Crisis Service system is built on a sustainable foundation that is integrated with other community behavioral health supports by:
 - Clearly **defining the entities, roles, and responsibilities** of the crisis system;
 - Updating statute to create a **distinct licensure category for Crisis Stabilization Units**; and
 - **Solidifying the role of the community mental health centers** in crisis and emergency response and securing consistent and **reliable funding for community emergency preparedness** efforts.
- ❖ Advocating for criminal justice and healthcare collaboration to decriminalize behavioral health disorders by:
 - Developing and implementing **an innovative pre-file mental health diversion program to be piloted in at least one rural and at least one urban region in Colorado**;
 - Increasing utilization, structure, and consistency of **outpatient competency restoration services**;
 - **Decriminalizing substance use disorders through harm-reduction policies** and legislation; and
 - **Expanding the use of Jail-Based Behavioral Services to include services for individuals with diagnosed mental health disorders**.
- ❖ Enhancing access to the continuum of substance use disorder (SUD) services in every Colorado community through:
 - Increasing **funding for SB202 to meet identified community need** across the state;
 - Partnering with CDHS to **relocate The Circle Program in the community** under the MSO system;
 - Supporting legislation and policy directly aimed at **addressing the opioid crisis** in Colorado; and
 - Addressing the ability to **expend SB202 funds beyond one fiscal calendar year**.
- ❖ Promoting action through Colorado's State Budget to ensure adequate funding for behavioral health services:
 - Pursuing an increase to the **cost-of-living adjustment** for providers;
 - Funding for **supportive housing initiatives** steeped in evidence-based practices; and
 - Appropriate spending of the **Marijuana Tax Cash Fund** based on voters' intent.
- ❖ Supporting families and communities by building upon and strengthening established programs such as:
 - **Colorado's Mental Health First Aid** continuum of trainings and education opportunities; and
 - The **Children's' Mental Health Treatment Act liaison network**.

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