



# **MARINER**

## **Game Plan For**

### **Social Distance Learning**

**Schedule Your Day!**

**Set Up A Workplace!**

**Get Up and Get Ready!**

**Minimize Distractions!**

**Break Up Assignments!**

**Take Breaks and Move!**

**Make a Plan and Stick to It!**

**Home Field Advantage!**

**It's GAME DAY! Be Excited!**

**Be a Winner!**

**Take it One Play at a Time!**

**Hydrate, Fuel Up, & Recover!**

# **Let's GO MARINERS!!!**

