



# TIDES Enrichment Program

**T - Teach**  
**I - Imagine**  
**D - Develop**  
**E - Enrich**  
**S - Skills**

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## Registration - Fall 2017

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We have a fun line up of classes planned for this spring! TIDES offers a diverse group of classes led by talented instructors. The purpose of this program is to give our students new learning opportunities outside the traditional classroom curriculum. This six week enrichment program, beginning **October 17, 2017** will be held on Tuesdays after school at NES and will run from 3:30pm to 4:30pm and end **November 21, 2017**. Please bring this completed form to the registration event. Full payment is required at registration, checks should be payable to: NES PTO (there will be a \$15 fee charged for all returned checks). The fees for each class include instructor time, material costs, scholarship fund and insurance for the use of the facilities. Financial assistance for special circumstances is available; please contact Meghan Vitale in advance for a financial aid application form, Meghan Vitale can be reached at [megvit821@hotmail.com](mailto:megvit821@hotmail.com) or 401-742-3023. All inquiries are kept confidential.

Registration will be held on **Tuesday, October, 2017 from 6:30pm - 7:30pm** in the NES school Hallway. Classes will be filled on a first come first serve basis. If you can't make the event you can send the registration and payment with a friend.

Please note that the children do not have a snack time before class begins. If your child needs to have a snack prior to class please contact Meghan to make arrangements, (contact details below). As a reminder, all rules that are in place during the school day are in place during this after school program. This includes, paying attention during instruction, not shouting out, being respectful, being safe, and taking care of school property. Only those authorized below to pick up can pick up your child and a photo ID will be required each time.

We are looking for volunteers to assist with running the program; some of our volunteers' children are moving on to the Pier School next year (and they will be too). If you have any questions or would like to volunteer, please contact Meghan Vitale @ [megvit821@hotmail.com](mailto:megvit821@hotmail.com) or 401-743-3023

NAME: \_\_\_\_\_

BUS #: \_\_\_\_\_ TEACHER: \_\_\_\_\_ GRADE: \_\_\_\_\_

PRIMARY CONTACT NAME AND AUTHORIZED PICK UP: \_\_\_\_\_  
(Include name of both parents/guardians if applicable)

PRIMARY CONTACT PHONE #: \_\_\_\_\_

ADDITIONAL PERSON(S) AUTHORIZED TO PICK UP (PHOTO ID REQUIRED):

(1) \_\_\_\_\_

(2) \_\_\_\_\_

CLASS: \_\_\_\_\_



### Young Yogis of SoCo

Instructor: Rachel Francis

Tuesdays, Grades K - 4, Limit 15, \$40

In Young Yogis we will have fun with yoga movements, breathing exercises and inspirational yoga related games. Your child's coordination and concentration will grow while feeling self-empowered and confident. Through this yoga class I encourage each child to express themselves freely.

### Fun with Food

Instructor: Katie Smith Hopewood

Tuesdays, Grades 2 - 4, Limit 20, \$40

Want to make your own Yummy Snacks? Think you can learn how to make delicious smoothies, trail mix, and hummus? Come spend the afternoon playing nutrition trivia games, practice some kitchen skills and join us for adventures of making easy snacks that are healthy and fun to make! We will do safe food prep, shake the seasonings and serve each other. *\*\*Please note on the sign up form if there are any food allergies, there are no nut products in this class\*\**



### POW Science! Science Cub

Instructor: Eric Bulmer

Tuesdays, Grades 2 - 4, Limit 20, \$40

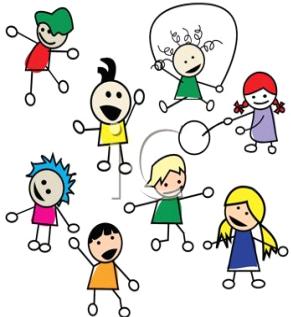
Get your hands ON the science as we perform experiments in a variety of topics including Rocketry, Electricity, Chemistry, Physics, Engineering, Sound, & more! It's an all-out science blitz each week!

## Drama

**Instructor: Sue Pezza**

**Tuesdays, Grades 3 - 4, Limit 25, \$40**

Lights...Camera...Action! All kids are born actors. In this drama session you will be encouraged to act out your creativeness, be spontaneous and above all, be imaginative in a positive atmosphere. You will build confidence within yourself and activities will be focused on developing your unique personality. Come see what all the fun is about!



## High Energy Sports

**Instructor: Dave Smith, Narragansett Pier School**

**Tuesdays, Grade K - 4, Limit 30, \$40**

Tired of sitting all day? Cooperative activity and teamwork are the focus of this high energy sports program. This is a class full of physical activity it combines play and team games.

## Express Yourself Art Class

**Instructor: Andrea Peitsch from South County Art Supply**

**Tuesdays, Grades K - 4, Limit 20, \$40**

A Colorful adventure awaits! Experiment with different art materials and projects! Express yourself through creativity and have fun! Activities include watercolors, working with clay and so much more!



## Talent Factory

**Instructor: Tatum Wentworth**

**Tuesdays, Grades 2 - 4, Limit 20, \$40**

Hip-Hop is best described as high energy street movement. Since there are no set rules on how your body should move, except to be original and energetic, hip-hop has become very popular through the years with all ages. Because no two people dance the same way in hip hop, it allows students to be themselves and dance "out of the box." Hope you can join us!