



May 2019

Dear Friends,

Mothers' Day is a great day to show appreciation for our mothers. But many people don't know that Mothers' Day was founded to honor women for their role as active, civic-minded peacemakers, working to improve their communities and the world.

Through the month of May, Mothers and Others for Peace explores the history and commitment of women working for peace in **"Mothers' Day: Back to Our Roots,"** an exhibit at the Oak Park Public Library, 834 Lake Street, Oak Park, in the Community Room (behind the main floor checkout counter).

- Learn the birth story of how Mothers' Day began as a rallying cry for women to become peacebuilders after the Civil War. Read Julia Ward Howe's "Original Mothers' Day Proclamation" of 1870, urging women of all nations to protest the carnage of war.
- Honor Mothers' Day by committing to "one thing you can do for peace" – in your personal life, your community, or the world – and share it on our wall.
- Find tips in our brochure on resolving conflict through Nonviolent Communication, based on Marshall Rosenberg's teachings.
- Find lists of library books on peace and peacemakers --- for adults and children. Find out what books have inspired your friends and neighbors!
- Read the Illinois State Senate Resolution of 2016 declaring the Saturday before Mothers' Day to be "Mothers' Day---History Day."

We again will offer our popular **"Make a Flower, Give a Flower"** workshops. Make a flower for your Mom (or anyone else) and make a second to give to someone you don't know. Anyone can quickly learn to make these fun easy pom-pom flowers, and you'll be glad you tried! All supplies will be provided. The workshops will be held:

Saturday, May 4, 1-3 pm  
Wednesday, May 8, 2-4 pm  
Saturday, May 11, 1-3 pm.

Mothers and Others for Peace supports those who work to replace militarism with conflict resolution, consumerism with meaningful community, and impulsivity with civility and mindful attention to values of peace-making.

Since 2015, Mothers and Others for Peace has hosted educational events that highlight the history of Mothers' Day as a day to honor women's work for peace.

Mary Rose Lambke, Mary Ellen Munley, Marilyn Myles, Kathleen Perry, Sue Piha, Cynthia Robinson and Diane Scott are the MOFP movers and shakers.

We give thanks to the League of Women Voters of Oak Park-River Forest for their support, and to Kyrsten Benoit for her design of our beautiful logo.

Look for us on Facebook at:  
[facebook.com/MothersAndOthersForPeace](https://facebook.com/MothersAndOthersForPeace)

Peace and Happy Mothers' Day.

Mothers and Others for Peace