

Gateway to Inspired Impact: The Way of the Heart Training

PASSION LED US HERE

The Way of the Heart Training is for entrepreneurs, leaders and professionals who want to make an impact.

Many self-employed people are too busy working IN their business to spend time growing their business. This leaves us financially, mentally, emotionally and energetically burnt out.

This session will introduce you to a practice that will help you gain the energy to survive in our fast paced, ever changing world.

“We can’t help serve others if we can’t take care of ourselves. If we aren’t growing, neither is our business.”

The Gateway course is an approximately 3-hour pre-requisite for Level I & II. The Gateway is designed to introduce the basic tools and processes used in The Way of the Heart courses. (go to: ***www.thewayoftheheart.com*** for more information regarding The Way of the Heart)

Together we begin looking at how to identify, refine and deepen our intentions (what you are longing for), and ways to de-stress and center ourselves if fears or resistance to those intentions arise.

The Elevated Package provides you with the added value of customized support to grow your capacity to serve your goals and vision:

- 2X one-to-one sessions with an experienced practitioner of The Way of the Heart who will help you deepen your connection and capacity to navigate challenges and lead more from your heart with success.
- 2X small group sessions on Zoom (video conferencing) where you will gain a process and practice to stay on track with your goals and gain the energy you need to stay above stress.
- 4-hour workshop: **Introductory Gateway to The Way of the Heart**

The Elevated Package is for those who are serious about being an agent for growth, change and service. Learn to create a solid foundation for leadership and growth, transcend survival mode and be responsive to increasing your capacity to implement economic and social change, in your community and the world.

The **4-hour Introductory Gateway** will support you to:

- Uncover your potential to fully live your professional and personal goals.
- Experience a way of being that will create space and give you more energy.
- Allow for more effectiveness, inner guidance and resources.
- Shift old patterns and limited beliefs.
- Gain certainty by clarifying a way to bridge the gap between where you are now and where you want to be.
-

Date and Time

**Sat. April 13, 2019
12:00 pm – 4:00 pm**

Location

**Xpression Condos, Meeting Room 2nd
9471 Yonge Street, Richmond ON**

Registration by Tuesday April 9th at noon for this Event on EventBrite (click [here](#))

Or with Christine Paquette directly at 416.475.1555, christine@bridgedynamics.ca