

Instructors

Each class has two qualified instructors. These instructors are certified to facilitate the Parent Project curriculum. Both instructors were or are currently SRO's and have dealt with thousands of children. The current instructors are:

Deputy Anthony Sambrano has been a Deputy Sheriff for six years and has been a School Resource Officer for the past year at Laguna Hills High School. This will be his first time facilitating the Parent Project. Anthony has a bachelor degree in Ethnic Studies from Cal State Fullerton with a concentration in juvenile delinquency. He likes to combine the Parent Project Principles with personal real life experiences.

Sergeant Paul Schaff has been with the Orange County Sheriff's Department for 21 years. Prior to promoting to the rank of Sergeant, Paul was a School Resource Officer for two years and facilitated the Parent Project during that time. Paul has his bachelor degree in Communications from California Lutheran University. He also uses the Parent Project principles in his everyday life with his two teenage daughters!

Safeguarding Our Children

In addition to the Parent Project curriculum, the class is supplemented with additional presentations such as Teens and Technology, Drug Trends, and guest speaker Jorge Galindo, PsyD. (Teen Psychology and Family Dynamics).

www.parentproject.com

The Parent Project®

Parenting Techniques for the strong willed child

The Parent Project provides parents with techniques and skills to manage out of control behaviors such as:

- ◆ Family conflict
- ◆ Poor school attendance and performance
- ◆ Running away
- ◆ Alcohol and drug use
- ◆ Violent outbursts
- ◆ Threats of suicide
- ◆ Gang involvement
- ◆ Criminal activity

For thirty years the Parent Project has been used by courts, social service agencies, school resource officers, counselors and parenting coaches across our country to help parents address problematic behaviors.

Parents are the key to changing unwanted behavior

Research shows parents have the most influence over changing their child's behavior, not school counselors, police officers or judges. The Parent Project causes change by supplementing the parent's natural position of authority with effective techniques.

Give us 30 hours and we'll change your life

The Parent Project is a ten-week course that meets once a week for three hours. It requires dedication and commitment for change to occur. We can show you the way, but parents ultimately decide whether or not to take the path to success. Your blood, sweat and tears are required.

Required Workbook

The class is broken down into ten units. The Parent Project workbook is required for all participants and can be purchased from the Parent Project facilitators at the beginning of the first class. The cost is \$25.

If this cost is prohibitive due to financial hardship, contact the instructors during registration on the first day. We'll find a way.

Certificate of Completion

At the end of the ten-week course, parents will be given a certificate of completion. Some parents need to take a parenting class to fulfill a court mandate. The Parent Project qualifies for most court mandated requirements. If this is your situation, check with your court first to make sure it will be accepted.

Tuition

None. This class is sponsored by the Orange County Sheriff's Department and instructor fees are fully funded.

Class times

Classes meet once a week from 6:30 to 9:30 pm.

Refreshments

Some refreshments are provided such as water, sodas and snacks. However, parents are encouraged to eat before each class.

Privacy

Your privacy is respected. This is not a therapy session. This is an instructional course on how to manage unwanted behaviors. Parents are encouraged to share their stories, but its not required.

Corporal punishment tends to fuel a strong willed child's rebellion and typically makes matters worse. It is not recommended for this type of



Next Scheduled Class

**Norman P. Murray Community
and Senior Center**

24932 Veteran's Way, Mission Viejo

Class Starts

Wednesday, September 27, 2017

6:30 – 9:30 pm

Class ends

December 6, 2017

How to Register

Classes fill up fast so please do not hesitate to

Call Mission Viejo Police Services

(949) 470-8433

or

Online at www.parentproject.com

register. There is a maximum of forty parents per class. Spouses are encouraged to attend together and can save money by sharing a workbook.