

CONNECT. DISCOVER. REMEMBER.



**HORSE MEDICINE
SHAMANIC RETREAT**

OCTOBER 8-9, 2022
INVER GROVE HEIGHTS, MN

\$175-\$225 SLIDING SCALE PER DAY • LIMITED TO 12 EACH DAY

REGISTER: SAGE@DANCINGPORCUPINE.COM

DAY 1: 10 – 5PM: WHO ARE YOU? EXPLORING YOUR INNER FIRE!

Begin around the sacred fire with cacao ceremony and a walkabout to reconnect, share and open our circle. Move into shamanic journeying to uncover and rediscover what lies in your Sacred Garden - who you are on your path right now, what needs healing and how to heal. Spend plenty of time in nature with the horses and donkeys as guides. Vegetarian lunch included. *Proof of Covid vaccine required.*

DAY 2: 10 – 5PM: TROTTING TO GALLOPING – LIVE FULLY!

Begin in silent meditation around the sacred fire with cacao ceremony and move into healing and contemplation with the horses and donkeys. Dive into expansive shamanic journeys to support you in recognizing and healing boundaries, accessing your master guide, finding your inner chief and exploring easy ways to get unstuck and gallop! Vegetarian lunch included. *Proof of Covid vaccine required.*



Sage Lewis is the Creature Teacher with [Dancing Porcupine](#) and [Smudge Your Life](#) and is a Professional Certified Co-Active Life Coach (PCC), Shamanic Practitioner, Animal Communicator, Intuitive/Medium, Officiant, Animal Hospice Consultant and Advanced Tellington TTouch® Practitioner for Companion Animals and People..

Sage has practiced and shared the teachings of plants, animals and the spirit world for 22 years, and has taught numerous shamanic apprenticeships. She leads transformation trips to the Amazon Jungle of Peru and the Southwest and is the author of *JAVA: The True Story, Where Angels Play* and the producer of *Jungle Jaguar: Drum Journey Experience*.

Sage's passion is guiding all creatures to find and embrace their true essence and to live a fulfilling life of love, joy and passion. As a former Madison, WI native with a long stop in Minnesota, Sage now makes her home in the Prescott National Forest in Prescott, Arizona with her husband, James, and their dog, Reggae.