



Food Pantries

Tuesday 11:30 A.M. - 2:15 P.M.
St. Mark's Roman Catholic Church
22 McVeagh Road, Westbrook

Tuesday 2:00 P.M. - 4:00 P.M.
First Church of Christ in Saybrook
366 Main Street, Old Saybrook

Wednesday 3:30 P.M. - 6:00 P.M.
First Church of Christ Congregational, Clinton
55 Church Road, Clinton

Thursday 2:30 P.M. - 4:30 P.M.
St. John's Episcopal Church
400 Main Street, Niantic

Saturday 8:30 A.M. - 10:30 A.M.
First Congregational Church of Old Lyme
2 Ferry Road, Old Lyme

Meal Sites

Sunday 5:00 P.M. - 6:00 P.M.
United Church of Chester
29 West Main Street, Chester

Monday 5:00 P.M. - 6:00 P.M.
First Baptist Church in Essex
10 Prospect Street, Essex

Tuesday 5:00 P.M. - 6:00 P.M.
St. John's Episcopal Church
23 Main Street, Essex

Wednesday Noon - 1:00 P.M.
Grace Episcopal Church
336 Main Street, Old Saybrook

Wednesday 5:00 P.M. - 6:00 P.M.
United Methodist Church
12 Commerce Street, Clinton

Thursday 5:00 P.M. - 6:00 P.M.
Deep River Congregational Church
1 Church Street, Deep River

Friday Noon - 1:00 P.M.
Trinity Lutheran Church
109 Main Street, Centerbrook

Friday 6:00 P.M. - 7:00 P.M.
Westbrook Congregational Church
1166 Boston Post Road, Westbrook

You Can Help

Make a Donation

Become a Volunteer

Organize a Food Drive

Make a Matching Gift through Work

Leave a Legacy Gift to SSKP



Donate online:

www.shorelinesoupkitchens.org

Donate Now

Secure donations through
Network for Good

Or mail a check to:

Shoreline Soup Kitchens & Pantries

P.O. Box 804, Essex, CT 06426

(860) 388-1988

Thank you!

Sharing food on the shoreline



www.shorelinesoupkitchens.org

2024

Sharing Food & Fellowship

Each week registered guests can visit one of our five **Food Pantries** and receive fresh fruit, vegetables, dairy, meat, bread, eggs, canned goods, and packaged food.

All are welcome at our eight **Meal Sites** for freshly cooked dinners and lunches.

Our **Backpack Support Program** helps children access food on weekends and school breaks.



About Us

SSKP was founded in 1989.

All our meals and services are free-of-charge.

Almost 2 million pounds of food was shared through our pantries in 2023.

We registered over 11,000 guests at our pantries last year.

We are supported by generous donations from individuals, local foundations, corporations, and faith communities.



Our Caring Community

SSKP's small staff works with hundreds of community volunteers each week to share food with our neighbors on the shoreline. Our five food pantries and eight meal sites are hosted by thirteen faith communities.

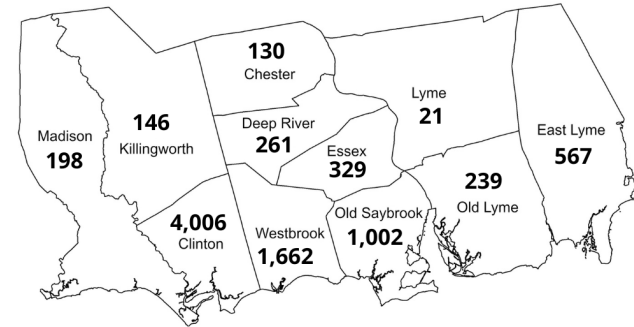
Local gardens grow thousands of pounds of fresh produce for us each year. Our garden partners include Common Good Gardens, Food for All Garden, St. Mary's Church Garden, VSYMCA Partner to Grow Garden, St. Ann's Church Garden, and the L-OL Food Share Garden.

We are truly grateful to our volunteers, host sites, and garden partners!



SSKP Towns

SSKP serves residents of Madison, Clinton, Killingworth, Westbrook, Essex, Chester, Deep River, Old Saybrook, Old Lyme, Lyme,



Number of residents registered at an SSKP Pantry by town in our service area in 2023

Who We Serve

Many of our guests are adults who work at low-wage jobs. Others are struggling with a medical crisis or are living with a disability. Some are caring for children or are seniors who live on a fixed income.

Families of four or more make up 44% of our guests. Children and teens make up 32% of those receiving food, 15% are seniors, and 20% live alone.

Each guest is facing unique challenges, and all are welcomed with dignity, respect, and compassion.

**Your donation makes
our mission possible.**

Thank you!