



Food Pantries

Tuesday 11:30 A.M. - 2:15 P.M.
St. Mark Roman Catholic Church
22 McVeagh Road, Westbrook

Tuesday 2:00 P.M. - 4:00 P.M.
First Church of Christ in Saybrook
366 Main Street, Old Saybrook

Wednesday 3:30 P.M. - 6:00 P.M.
First Church of Christ Congregational, Clinton
55 Church Road, Clinton

Thursday 2:30 P.M. - 4:30 P.M.
St. John's Episcopal Church
400 Main Street, Niantic

Saturday 8:30 A.M. - 10:30 A.M.
First Congregational Church of Old Lyme
2 Ferry Road, Old Lyme

Community Meals

Sunday 5:00 P.M. - 6:00 P.M.
United Church of Chester
29 West Main Street, Chester

Monday 5:00 P.M. - 6:00 P.M.
First Baptist Church in Essex
10 Prospect Street, Essex

Tuesday 5:00 P.M. - 6:00 P.M.
St. John's Episcopal Church
3 Cross Street, Essex

Wednesday Noon - 1:00 P.M.
Grace Episcopal Church
336 Main Street, Old Saybrook

Wednesday 5:00 P.M. - 6:00 P.M.
United Methodist Church
12 Commerce Street, Clinton

Thursday 5:00 P.M. - 6:00 P.M.
Deep River Congregational Church
1 Church Street, Deep River

Friday Noon - 1:00 P.M.
Trinity Lutheran Church
109 Main Street, Centerbrook

Friday 6:00 P.M. - 7:00 P.M.
Westbrook Congregational Church
1166 Boston Post Road, Westbrook

Saturday 9:00 A.M. - 10:00 A.M.
First Congregational Church of Madison
20 Meetinghouse Lane, Madison

Ways to Help:

Make a Donation

Become a Volunteer

Organize a Food Drive

Make a Matching Gift through Work

Leave a Legacy Gift to SSKP



Donate online:

www.shorelinesoupkitchens.org



Or mail a check to:

Shoreline Soup Kitchens & Pantries

P.O. Box 804, Essex, CT 06426

(860) 388-1988

Thank you!

Sharing food every day



www.shorelinesoupkitchens.org

2025

Sharing Food & Fellowship

Each week registered guests can visit one of our five **Food Pantries** and receive fresh fruit, vegetables, dairy, meat, pasta, bread, eggs, canned goods, and packaged food.

All are welcome at our nine **Community Meals** for dinners, lunches, a Saturday breakfast, and the fellowship of others.

Our **Backpack Support Program** helps children access food on weekends and school breaks.



About Us

- SSKP was founded in 1989.
- All our meals and services are offered free-of-charge.
- The only requirement to receive food is residency in the 11 towns we serve.
- Over 1.7 million pounds of food was shared through our pantries in 2024.
- We registered over 8,500 guests at our pantries last year.



A Mission that Matters

Shoreline Soup Kitchens & Pantries' mission is to provide food and fellowship to those in need and educate our community about hunger and poverty.

Our small staff and over eight hundred volunteers share food every day.

SSKP's programs are generously hosted by fourteen faith communities.

Five garden partners donate thousands of pounds of fresh produce each year.

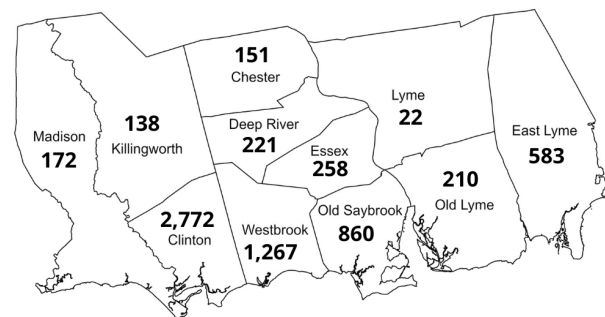
We receive no direct state or federal funding.

SSKP is supported by caring individuals, communities of faith, foundations, corporations, and our wider community.

We are grateful to our volunteers, host sites, garden partners, and our caring family of supporters.

Your donation makes our mission possible.

Thank you!



Number of residents registered at an SSKP Pantry by town in our service area in 2024

The Towns We Serve

SSKP serves residents of Madison, Clinton, Killingworth, Westbrook, Essex, Chester, Deep River, Old Saybrook, Old Lyme, Lyme, and East Lyme.



Who We Help

Many of our guests are adults who work at low-wage jobs. Others are struggling with a medical crisis or are living with a disability. Some are caring for children or are seniors who live on a fixed income.

Families of four or more make up 38% of our guests. Children and teens make up 29% of those receiving food, 19% are seniors, and 24% live alone.

Every guest is facing unique challenges, and all are welcomed with dignity, respect, and compassion.