



New Mexico Peer-to-Peer Warmline

If you or a loved one wants to talk to someone that has been there, professional peer support workers are here to talk with you.



Concerned about emotional, mental, or behavioral health; substance use; addiction; recovery or resiliency



Feeling hopeless, helpless, worthless, sad, anxious, lonely, or isolated



Worried about being a burden to others



Participating in behaviors that may be addictive and harmful to yourself or others (gambling, gaming, relationships, eating, etc)



Interested in how to help youth that are experiencing mental, behavioral, social, and emotional concerns



Going through challenges as a parent or a resource foster parent



Looking for community services for mental health, behavioral health, or substance use treatment

WE ARE HERE TO HEAR YOU

1-855-466-7100

ALWAYS FREE AND CONFIDENTIAL

Call 7am - 11:30pm, Text 6 - 11pm

Language line available 24/7

nmwarmline.com

