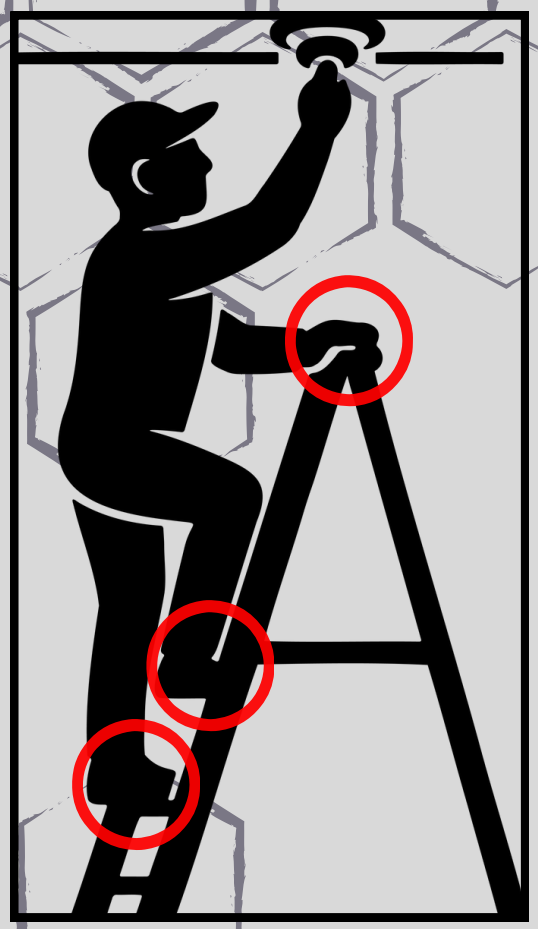
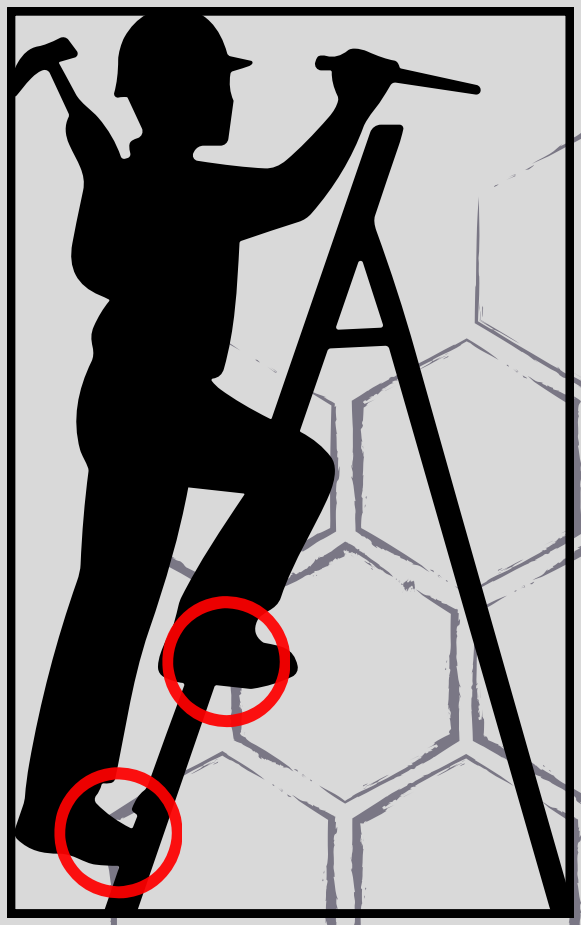
Ladder Safety

3- POINTS OF CONTACT

ALWAYS BEE-BALANCED





TWO HANDS AND ONE FOOT
OR
TWO FEET AND ONE HAND

