




Family Services
 “Strengthening Families and Communities”
Newsletter

Winter 2019

Special Points of Interest:

- Trauma Recovery Center
- An appeal from our Board President— Annual Giving
- 19th Annual Families Matter update
- KODA (Kids of Deaf Adults) Camp has another great year
- Updates from CSD & ASL classes
- Family Services announced new hires/transitions
- Special & Upcoming Events
- Successes of 2018-2019
- How to Help- Annual Giving

Mental Health

Nearly half of all Americans will experience the symptoms of a mental illness at some point in life. If it happens to you or your family, you are not alone. Each year, Family Services’ professional and courteous counseling staff provide hundreds of individuals, couples and families with confidential counseling within a safe environment, to address a wide range of concerns.

Ohio Attorney General Office recognizes Family Services as the Trauma Recovery Center (TRC) of Montgomery County



Since 1896, Family Services has provided services to trauma victims and survivors, such as the 1913 Flood, the Great Depression, and most recent the Memorial Day Tornadoes, and the August 4th Dayton Shooting. Due to our history in the Dayton community of assisting victims of crime and/or natural disasters, Ohio Attorney General Office recognized Family Services as the Trauma Recovery Center (TRC) of Montgomery County .

What is a TRC? A Trauma Recovery Center is a place that provides Trauma Informed Services in a safe, friendly environment by trained and skilled professionals. Family Services’ TRC will provide services for ALL trauma survivors to include trauma from ANY victimization and/or natural disaster. The services include: individual, couples, and family counseling of all ages, case management, psychiatric med management, support groups, and several psychoeducational groups. These services are provided to primary, secondary, and tertiary victims/

survivors, particularly to first responders who are at high risk of experiencing vicarious trauma. Family Services receives special funding from the Victims of Crime Act (VOCA) through the Ohio Attorney General Office to help crime victims receive services.

Save the Date for Wednesday evening March 25, 2020 for an Open House. Tour our agency, meet all the trauma specialists, and enjoy light refreshments. More information coming in the Spring Newsletter.

An Appeal from our Board President, Bonnie Beaman Rice

Dear Friends: In 1896, 2000 workers in our community lost their jobs. It was then Family Services was born, furnishing both the necessities for their survival and emotional healing for their families.

Providing guidance and counseling following traumatic events has been a mainstay of our agency. The necessity for mental health counseling and

community advocacy persists, never more so than following the natural disasters and human tragedies our community has witnessed this year.

On a daily basis, Family Services provides counseling on parenting skills, addictive behavior, eating disorders and so much more. We are here to help the abused child, the struggling teen, the overwhelmed parent and the

isolated senior citizen.

The core strength of a community rests upon the strength of its families. For 124 years the mission of Family Services has not faltered or waived; but we need your help to continue to provide the services that ensure our families remain strong and flourish.

A big thanks to our sponsors, participants and volunteers:

- Mandalay Banquet Center
- Marsha Bonhart
- Faith Chambers
- Mike Hemmelgarn
- Miamisburg Moose Lodge
- Sheriff Department, Rob Streck
- Family Service's Board Members
- Joyce Willis & Families Matters Committee
- Students, Parents, & Teachers
- Donors

19th Annual Families Matter Update



On November 23, 2019 Family Services celebrated National Family Week by sponsoring the **19th Annual Families Matter Event “Kindness Matters- How My Family Shows Kindness”**- an annual poster and essay contest for youth in grades K-12 across the Miami Valley.

They were honored with an award ceremony at the Mandalay Banquet Center with gifts donated by various local organizations, entertainment, and breakfast.

This is a very heartfelt event that honors 21 of our students, their parents, and teachers.

For more information about the 20th Annual Families Matter Event, email Joanna White-jwhite@fsadayton.org.

The Transitional Kindergarten class of Tropical Elementary, Merritt Island, FL devised a Kindness Symbol after determining that we, as a class, school, community, and nation need to do more to show kindness in our everyday lives. The Kindness Symbol shows Kindness all around, ongoing, never-ending, north/south/east/west, everywhere! Help make this the National Kindness Symbol!
<http://chnng.it/qXQ7tFTQ9Z>



KODA Camp Has Another Successful Year

From June 28th—July 3rd, 48 youth attended KODA (Kids of Deaf Adults) Camp at Camp Kern in Southern Ohio. Our amazing CSD staff, Amber and Sarah, spent the week at camp overseeing the activities which included climbing, archery, horseback riding, zip-line adventure, canoeing and having a

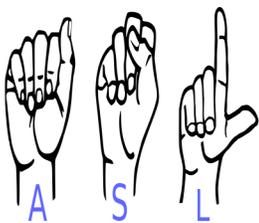
great time.

Kids attending camp meet other kids living with Deaf adults to create friendships, build leadership and communication skills, and learn drug and alcohol prevention through fun interactive activities. KODA often “grow up” much

faster due to the exposure from interpreting for their parents. This is a chance for them to just be kids for a week.

Funding allows little to no fees charged to campers and comes from private donations, state funds, and corporate donations.

CSD Update & ASL Classes



Congratulations to CSD (Community Service for the Deaf) on celebrating 41 years of providing dedicated services to deaf and/or hard of hearing individuals/families with case management, counseling, interpreting and C-Print services.

American Sign Language (ASL) Classes are open for registration!

- ASL 1-** Thursday evenings 6p-7:30p- 2/20/19 – 4/9/2020
- ASL 2-** Tuesday evenings 6p-7:30p- 2/18/20 – 4/7/20

Working Together Training- We can provide a free training to enhance awareness of cultural diversity and to create an understanding between Deaf and hearing employees at your agency. Email infomation@fsadayton.org

Family Services names a new director of Womanline, Associate Director, and Clinical Case Manager



Family Services is proud to announce two new hires and one transition to our small, but mighty team. We welcome Leah Stone MSW, LSW as the new Womanline Director as the former Director, Joanna White MSW, LISW-S, became the new Associate Director, and Callie Stewart CT as the new Clinical Case Manager. They bring with them amazing experience and will definitely be an asset to our agency!

Special & Upcoming Events

Save the Date for May 6, 2020

for the 46th Annual Womanline Dinner and Fashion Show Fundraiser, "Embrace the Journey" at the Miamisburg Moose Lodge. Fashions by Magnolias on Main in Springboro and catering by Bullwinkles in Miamisburg.

This Fundraiser has been a major source of funding for

Womanline since 1971 that continues to ensure quality programming is available for those in our community.

Email Leah Stone, Womanline Director, for more information- lstone@fsadayton.org.

On September 21, 2019, Family Services and the Miamisburg

Moose Lodge joined together for the first time to share missions and to raise awareness and money with a 1st Annual Golf Outing. It was a great success! Date for next year TBD, but we are looking forward to it!

Watch your mail and Constant Contact for more information. Visit our website to learn more

about all of our special events, programs and services at: www.fsadayton.org. There you may sign up for Constant Contact. Follow and Like us on Facebook <https://www.facebook.com/mentalhealthinterventions>

2018-2019 of which we are Proud

◇ We Celebrated 124 years of providing critical programming and services in the Greater Miami Valley/Dayton area.

Deaf/Hard of Hearing in Southwest Ohio.

◇ We Celebrated 41 years of Community Service for the Deaf (CSD) dedicating services to the

◇ 4,800 is the number of lives touched by services provided through our agency for individuals, families, and groups

◇ Created a designated child play therapy room.

Trauma Recovery Center and receiving VOCA funding since 1998.

◇ Created a safe space for Yoga and Meditation.

◇ We celebrate the recognition of being identified as the

How Can You Help?

In efforts to maintain the excellent services we provide at Family Services and being a non-profit agency we rely on community support and involvement.

Sponsor our Annual Events/ Fundraisers

You Can Help!!

◇ Spread the word Family Services is here and ready to help

◇ Donate for our Annual Giving- cash, check, credit card accepted

◇ Attend, Participate, and/or

◇ Sign up with Amazon Smiles and Kroger Rewards and choose Family Services of Dayton as your charity of choice

As 2019 comes to an end please consider an end of the year

contribution to allow us to continue to provide services to those in need.

After our horrors of this summer, Family Services needs to be supported to help those in need. No one must ever be turned away because of limited resources, nor should families be forced to choose between food and help.

Donate now. Thank you!

How to Donate:

Send back the enclosed envelope with cash, check, or credit card information or use Network for Good through our website at www.fsadayton.org.



Groups and Classes

Parenting- Parenting 101- Foundations to Healthy Parenting and building a healthier family

August Project- Perpetrators of domestic violence learn non-violent ways to manage emotions. This is an ongoing 21-week program.

Anger Management Course- Eight week class- Learn to identify, manage and control angry behaviors

AoD (Alcohol and Drug) Classes- Outpatient, once a week, addiction counseling/psychotherapy group for 12 weeks + optional additional 12 weeks on Mondays at 1pm.

Sexual Assault Survivor Support Group- Every first Tuesday of each month from 6p to 7:45p, beginning February 4, 2020



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Strengthening Families & Communities

Established in 1896, Family Services is a non-profit social service agency committed to sustaining and enhancing the potential within all families through services and activities designed to strengthen their members and the communities where they live. The mission of Family Services is to strengthen families and communities through counseling, education, community building and advocacy.

From the Executive Director

Throughout these difficult times, Family Services once again steps into the forefront of providing services for families regardless of their ability to pay. We are seeing a number of clients who, for one reason or another, find themselves new to poverty, desperate to provide for their families and keep their homes. For nearly 125 years we have been here to help the families of our community, and today we will do the same. A day does not go by that we are not witness to the impact our prrams have had on the lives of the families we touch. As you review this newsletter, please know behind each story is a dedicated group of professionals. These individuals become our heroes, and these individuals give new meaning to doing more with less.



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