



Join Wilson Crew!

www.wilsoncrew.org

WilsonCrewDC@gmail.com

Learn to Row

Learn to Row is a free 2-week program offered by Wilson Crew to any eligible DCPS student in grades 8 through 12 interested in learning more about rowing crew. No experience necessary! Rowers will learn rowing safety, boat handling and the basics of the rowing stroke, while being introduced to the rigor and teamwork that characterizes Wilson Crew. All rowers who successfully complete the Learn to Row program are invited to join the Wilson Crew Novice team.

Important Dates

- September 6th & 8th Swim Tests, Wilson Pool, 4:00-6:00 pm
- September 7th Information Meeting, Wilson Auditorium, 7:00-8:15 p.m.
- September 12th First practice at Thompson Boat Center!!!!
- September 12th through 15th Learn to Row Week 1 practices 4:30-6:30 pm
- September 19th through 22nd Learn to Row Week 2 practices 4:30-6:30 pm
- September 26th Novice Fall Season Begins

Top 10 Reasons to Join Wilson Crew

1. Crew is like no other sport
2. Going fast on the water feels like flying
3. You see the sun rise over the monuments!
4. You can eat anything, anytime and still get ripped
5. Get good and get recruited for college
6. You get to miss school for away regattas
7. Best. Teammates. Ever.
8. Cool by association
9. Great swag
10. Good People, Good food, great sport!

Register Today! www.wilsoncrew.org/learn-to-row

