### HAPPY FALL!



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# NEWSLETTER

## FALL CAP TALKS INCORPORATED INTO CLASSES

This year looks a little different from our traditional "CAP Talks". For those of you that are new to North Catholic, our CAP Talks (where CAP stands for Calling and Purpose), allow guest speakers to talk to our students about their current jobs, their educational path and other jobs they have held, how they balance work and life and how faith has impacted them.

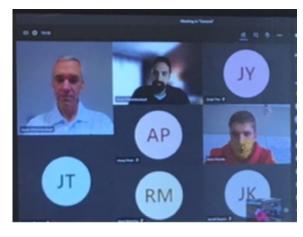
Traditionally we invite speakers to talk in-person, but during this time we are keeping it virtual. In addition, this year we are at capacity on space so we are trying to incorporate the CAP Talks into our traditional classes, with the ability for teachers to record the presentations and then make them available for all students. These videos can then be found in the E-Portfolio Schoology course under the CAP Talks folder.

Last Friday, we had an Engineering CAP Talk with two engineers from General Motors that was focused on Automotive Engineering. We have several upcoming talks scheduled with North Catholic Alumni in November and December in the areas of Business, Government and the Military. We will be reminding students about these CAP Talks and encouraging them to watch the videos once they are made available.

As a North Catholic parent, if you would ever want to share your career journey with our students, please let Mrs. Parsons know!







## PREP FOR THE FUTURE: October 26

We were very excited to offer a live event for the fall PREP FOR THE FUTURE night held at North Catholic last week.

Mrs. Parsons & Mr. Chiesa spent time showing families how to navigate through the Prep for the Future Schoology Course and then followed the presentation with a Q & A from the audience. If you have not joined, please use this course code: MCRT-WRHW-7GGFF.

Additionally it was unveiled that we released several presentations/videos from our local expert presenters in the area of College & Career Planning. They are also available to anyone that has joined the Schoology Course. Some of the new content includes:

- The College List Finding the Right Fit
- How do we plan for college now?
- College Planning Seminar (3 Videos)
- How to use data to build your college list
- Finding Schools that give money
- Introduction to Steady Courses (Career Assessment)
- Air Force Academy Presentation

This can all be found in the pink Folder labeled "Prep for the Future Night - Outside Consultants & Resources". There you will find contact information for each of our presenters and then the actual presentations/videos/materials when you click on their folder. Reminder: Career Development now located in School Counseling Suite!



Mrs. Parsons is now located in the School Counseling Suite (directly across from the main office). You will find her office down the hallway on the left, as you pass Mrs. Standish's desk.

As a reminder her office hours are Mondays/
Wednesdays/Fridays during the school year and Tuesdays/Thursdays by appointment.

Email: jparsons@northcatholic.org

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#### E-PORTFOLIO UPDATE

Senior E-Portfolios are more important this year than ever for college applications. The new due date for seniors was October 14th and Mrs. Parsons just finished her first round check of e-portfolios.

As a reminder, e-portfolios are a graduation requirement. Seniors will be receiving emails from her regarding if they have fulfilled their graduation requirement or if there are still areas to work on. It is our hope that students will then provide the website link as part of their college application.

Several students have already stopped by to let Mrs. Parsons know that they submitted their e-portfolio and that college admissions reps have indicated they are impressed with the extra efforts by our students! Any senior that still needs to work on their e-portfolio is encouraged to make an appointment with Mrs. Parsons. Transfer students only need to complete a modified version.

Freshmen students will soon start creating their e-portfolios with a hands-on workshop led by Mrs. Parsons. This takes students step-by-step through the process of setting up their website during their Freshmen Seminar class. Other grades will continue working on their e-portfolios with in-class workshops. Additionally, helpful information is found in the E-Portfolio Schoology Course, such as previous powerpoint workshops that Mrs. Parsons has made available.

