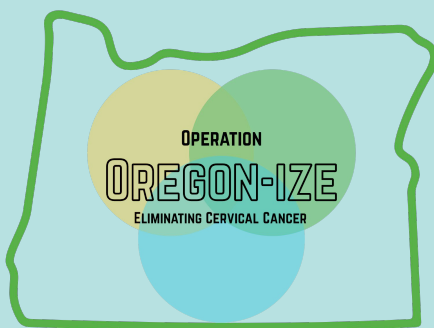




WHAT CAN YOU DO TO ELIMINATE CERVICAL CANCER IN OREGON?

It takes **3 steps**:

1



HPV VACCINE

Give the HPV vaccination to children and young adults aged 9-26

2



SCREENING

Get regular HPV/Pap test to screen for cervical cancer beginning at age 21

3



FOLLOW-UP/TREATMENT

If your HPV/Pap test is abnormal, go back to your doctor/health care provider for a follow-up appointment

WE CAN END CERVICAL CANCER IN OUR LIFETIME



I am a Rotarian

What Can I Do To Eliminate Cervical Cancer In Oregon?

Include cervical cancer elimination in your **club's Strategic Plan**

Encourage women in your family and community to get their regular cervical cancer screening

Encourage women who have had an **abnormal HPV/Pap test** to go back to the doctor for a follow-up appointment

Reach out to other clubs for collaborations on implementation of **HPV vaccination and cervical cancer** screening programs in your community

Partner with local businesses, non-profit organizations, health care providers, and community opinion leaders to organize, develop, and host cervical cancer awareness events or activities (videos and slide decks available)

Partner with **school systems** to work with students in promoting cervical cancer education - materials and examples can be found at the link below

Sponsor grants or initiatives to engage the community in efforts to increase **HPV vaccination**, screening, and appropriate follow-up



Encourage moms, dads, and legal guardians to talk to their doctor about their children (boys and girls aged **9 - 18**) getting the **HPV vaccination**. If they do not have health insurance, **Vaccines for Children (VFC)** provides **free HPV vaccine** to children and adolescents **9 - 18** years of age



Encourage Rotarians in your club to consider paid time off for their employees to get **screened for cervical cancer** and get their **children vaccinated**



Join **OPERATION OREGON-IZE**

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