



Wyoming Young Adult Survey

WHAT: The Wyoming Department of Health (WDH) is opening a survey in Fall 2022 to assess substance use and other health-related behaviors among Wyoming young adults. Areas of interest include:

- Substance use, including alcohol, marijuana, tobacco, and other drugs;
- Mental health and suicide;
- Motor vehicle safety;
- Healthcare access;
- Experiences with violence.

The survey is anonymous, and takes about 10 minutes to complete. All questions are optional. The survey is available in English and Spanish. Participants will have the choice at the end of the survey to link to a form to provide their contact information as part of a drawing for a gift card of \$25 or \$100.

WHO: Current Wyoming residents ages 18-29 are eligible to complete the survey. WDH is hoping to receive surveys from about 2500 participants, with a fairly even distribution across counties. WDH is also hoping to receive an even distribution of responses from young adults who have and have not attended college or completed a college degree.

The survey is co-sponsored by the Community Prevention Unit and the Maternal and Child Health Unit, located within the Public Health Division at the WDH.

WHERE: The survey [is available online](#). The Arkansas Foundation for Medical Care (AFMC) will email the survey link to a random selection of eligible participants, and individuals can also opt in to the survey by following the link shared [in social media posts](#) and posted flyers. Accessing the survey will require an internet connection and will be accessible via desktop, tablet, or mobile phone.

WHEN: The survey is open now, and will remain open through December 2022.

WHY: The young adult age group is a difficult group from which to get information. Most national surveys complete phone call surveys, and young adults are much less likely to participate in a phone survey than an online survey. Young adults also have different stressors and health barriers than children and older adults. WDH is hoping to get an accurate picture of the health needs of young adults, so we can adjust our programming to meet those needs. Data among this age group will help us to determine if programs we currently fund are having an impact or where there may be additional opportunities for programming.

WDH is aiming for an even distribution among counties and educational attainment levels to allow us to provide a young adult health profile for each county, and to avoid assuming that college student behaviors are representative of the entire young adult population in Wyoming. WDH is hoping for 100 responses from most counties to allow us to break down the survey results at the county level. If full survey results at the county level are not available WDH will provide county level estimates when possible. [WAITING ROOM FLYER FOR HEALTHCARE OFFICES](#)