



Chronic Disease Prevention Program Newsletter

Quarter 2: November 2023

November is Diabetes Awareness Month!


November is Diabetes Awareness Month, a time when communities across the country seek to bring attention to diabetes. The Chronic Disease Prevention Program (CDPP) has worked with the Regional Coordinators at the Wyoming Center on Aging to provide your organization with marketing materials to use during the month of November.

YOU CAN THRIVE WITH DIABETES

The 4 critical times for diabetes education are:

1. When you're diagnosed with diabetes.
2. As part of your annual assessment of education, nutrition or emotional issues.
3. When new complications arise.
4. During changes in your healthcare team or treatment.

Scan me for more information on diabetes education:



Scan me

Contact Your Local Diabetes Education Specialist
YOUR INFORMATION HERE



The Four Critical Times to Seek Diabetes Education

[Video Link](#)

Did you know?

- People with diabetes are 3x more likely to develop cardiovascular disease.
- You can track your blood pressure at your local library! Learn more at:
<https://www.uwyo.edu/healthierwyo/heartdisease/index.html>

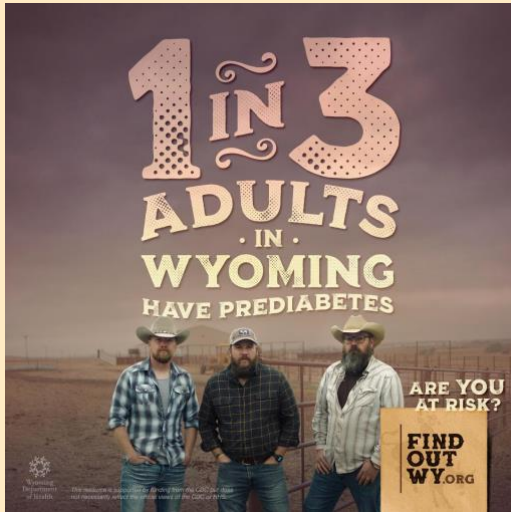
Diabetes is at the Heart of the Matter



UNIVERSITY OF WYOMING | Wyoming Center on Aging

Diabetes & Hypertension

Social Media Posts & Flyers
please contact kbeech@uwyo.edu for customization



Find Out WY Toolkit

[FindOutWy.org](https://www.findoutwy.org) is a website that offers education and screening for prediabetes and referrals for the National Diabetes Prevention Program.

You can utilize the marketing and media toolkit for the Find Out WY Campaign [here](#).

Community Cares Event Series

The CDPP will continue to bring together community based organizations, healthcare and state programs to network and showcase their services in communities across Wyoming in 2024. Our next event will be held on March 19th in Cheyenne, WY and registration will open in January. A tentative 2024 event schedule is included below.

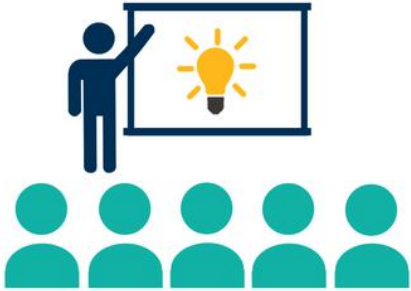
- **March 19, 2024- Cheyenne at LCCC**
- **April 25, 2024- Worland at Washakie Museum and Cultural Center**
- **May 2024- TBD**



*Speaking spots during these events are limited to event sponsors. Please email amber.nolte@wyo.gov if your organization is interested in sponsoring one or more of the events listed.

Funding Opportunities

CDPP is accepting applications for two prevention grants.



Diabetes Prevention Program Value-Based Payment

This funding opportunity is available to any Wyoming DPPs currently recognized by the CDC as a pending, preliminary or fully recognized program. The CDPP will reimburse the subrecipient program based on individual session attendance of participants that are considered high needs. No contract is necessary.



Healthy Heart Ambassador Blood Pressure Self-Monitoring Program (HHA-BPSM) Value-Based Payment

This funding opportunity is only available to trained HHA-BPSM facilitators in the the state of Wyoming. The CDPP will reimburse the subrecipient program based on individual session attendance of participants qualifying for the program.

[Apply HERE](#)

Education & Training Opportunities

Million Hearts Learning Collaborative

What: Wyoming Million Hearts Collaborative Quarterly Meeting

When: Wednesday, January 24, 2024 2-3pm

Where: Virtually (all meetings are held via Zoom)

Who: All organizations are welcome!

The Wyoming Million Hearts Collaborative aims to build a state-wide network of multidisciplinary partnerships that address identified barriers to social services and support needs within populations at highest risk for cardiovascular disease.

If you are interested in joining the Wyoming Million Hearts Collaborative or would like more information, please contact amber.nolte@wyo.gov.

Nutrition Spotlight



It's Soup Season!

The American Heart Association has several heart healthy soup recipes to choose from! Need a lunch or dinner idea? [Click Here](#)



Need Help Finding a Lifestyle Change Program?

Visit healthierwyo.org for an up-to-date map of all programs in the state.

[Visit the website](#)



**PUBLIC HEALTH
DIVISION**



**CANCER & CHRONIC
DISEASE PREVENTION**

