



Press Release

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Issues in the Identification and Treatment of Eating Disorders Focus of Dec. 1 Webinar

Wyoming Behavioral Institute and Reasons Eating Disorder Center will offer a one-hour webinar on Wednesday, Dec. 1 from noon to 1 p.m. on issues in the identification and treatment of eating disorders. Eating disorders have the highest mortality rates of any psychiatric condition and are among the most common chronic illnesses of adolescence. Despite their seriousness, there is a significant amount of misunderstanding about the nature of the illness and who is likely to be affected. Ongoing advances in our understanding of the neurobiology and genetics of eating disorders and anxiety support a more transdiagnostic approach to their conceptualization and treatment. Dr. Norman Kim and Dr. Christina Martinez will present a summary of their understanding of this perplexing illness and will review application of their understanding of eating disorders to make clinically appropriate decisions about when to treat and when to refer for more intensive care. To register for the webinar, call or text Emily Genoff, Wyoming Behavioral Institute Director of Business Development, 307-262-0362, or email emily.quarterman-genoff@uhsinc.com.

Dr. Kim is the co-founder of Reasons Eating Disorder Center, and co-founder and principal of the Institute for Antiracism and Equity, a social justice focused consultancy. Dr. Kim also serves as the Deputy Director of Ayana Therapy, an app startup focused on providing culturally intelligent, adapted, and accessible care to marginalized communities. He completed his bachelor's degree at Yale and his doctorate in psychology at UCLA. His research and clinical interests include the social development of people with autism, the developmental course of bipolar disorder, and anxiety disorders. His primary areas of interest are the

application of a transdiagnostic framework for eating disorders, taking an evolutionary approach to shame and anxiety, and minority mental health. He is a regular national and international speaker, educator, and passionate advocate with a particular focus on minority status and barriers to mental health care in marginalized communities. Dr. Kim also is the founding co-chair of the BIPOC Committee of IAEDP, on the inaugural Behavioral Health Taskforce for the Gay and Lesbian Medical Association, and serves on numerous advisory boards.

Dr. Martinez is the Director of Admissions and Case Management at Reasons Eating Disorder Center. She completed her doctorate in clinical psychology with an emphasis on depth psychology at Pacifica Graduate Institute. She brings her depth of psychological training experience and provision of case management services to patients and families at various levels of care. Dr. Martinez is passionate in her advocacy and service to patients, families, and surrounding healthcare professionals. She draws her inspiration from music, nature and the creativity of daily life.

About Wyoming Behavioral Institute

Wyoming Behavioral Institute offers acute inpatient psychiatric treatment for children, adolescents, adults and seniors, and residential and intensive outpatient teletherapy for adolescents. For more information, call 800-457-9312 or visit www.wbihelp.com.

About Reasons Eating Disorder Center

Reasons Eating Disorder Center offers a full continuum of inpatient, residential and outpatient programs for adults and adolescents struggling with anorexia, bulimia, binge eating and other eating disorders. Telehealth eating disorder treatment options are offered for partial hospitalization and intensive outpatient levels of care. For more information, call 844-573-2766 or visit www.reasonedc.com.

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