

Faith-Based Mental Health Community Education & Support PRESENTATIONS

Is Faith is an Important Part of Your Life?
**Would Your Community Benefit from Stigma Free
Mental Health Education & Support?**

These FREE Presentations
Include Wellness, Spirituality
& Living with Mental Health
Challenges, How to Support
& Encourage a Stigma-Free
Environment,
What Faith Communities
Should Know About
Depression, Substance Use
Addictions & More....

Brought to you by
the National Alliance on Mental Illness

NAMI San Diego works to support
individuals, families, children and youth
impacted by mental illness.

www.namisaniego.org

FREE

To find out how to bring a free presentation to YOUR Congregation or program...

FaithBasedMH@namisd.org (858) 634-6580 ext. 113

Available in English or Spanish

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San Diego



This project is intended to support
North Inland Faith Communities,
Behavioral Health Programs &
Community Groups found in
these zip codes.



North Inland Faith Based & Community Based Organizations Presentation Zip Codes



If you know of a congregation or community group in this
North Inland area that would benefit from this wonderful
experience, please email or call us.

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