



San Diego

Faith-Based Mental Health

Community Education & Support PRESENTATIONS

Is Faith is an Important Part of Your Life?

**Would Your Community Benefit from Stigma Free
Mental Health Education & Support?**

These FREE Presentations
Include Wellness, Spirituality
& Living with Mental Health
Challenges, How to Support
& Encourage a Stigma-Free
Environment,
What Faith Communities
Should Know About
Depression, Substance Use
Addictions & More....

**Brought to you by
the National Alliance on Mental Illness**

NAMI San Diego works to support
individuals, families, children and youth
impacted by mental illness.

www.namisandiego.org

FREE

To find out how to bring a free presentation to YOUR Congregation or program...

FaithBasedMH@namisd.org (858) 634-6580 ext. 113

Available in English or Spanish

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This project is intended to support North Inland Faith Communities, Behavioral Health Programs & Community Groups found in these zip codes.



North Inland Faith Based & Community Based Organizations Presentation Zip Codes



If you know of a congregation or community group in this North Inland area that would benefit from this wonderful experience, please email or call us.

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