

# PEER & CONSUMER SUPPORT GROUPS

## CLUBHOUSES

Clubhouses offer **FREE** support for adults recovering from mental illness. (No treatment provided). They provide classes for vocational training, health & nutrition, physical fitness, computer technology and skill-building. They can also supply you with potential volunteer opportunities in the area.

### **Alvarado Parkway Institute**

5538 University Ave.  
San Diego, 92105  
Membership Information: (619) 667-6176  
Hours: Sat. & Sun.: 10am-4pm

### **Casa Del Sol Clubhouse (Bilingual)\***

1157 30th Street  
San Diego, 92154  
Phone: (619) 429-1937  
Hours: Mondays: 8:30am-6pm  
Tue./Thurs./Fri.: 8:30am-4:30pm  
Wednesdays: 12-8pm

### **Corner Clubhouse**

2864 University Ave.  
San Diego, 92104  
Phone: (619) 683-7423  
Hours: Mon. - Fri.: 8am-4pm

### **Deaf Community Services Clubhouse**

4080 Centre Street Suite 208  
San Diego, 92103  
Phone: (619) 398-2441  
Hours: Mon. - Fri.: 8:30am-12pm  
Saturdays & Sundays: 1-5pm

### **East Corner Clubhouse\***

1060 Estes Street  
El Cajon, 92020  
Phone: (619) 631-0441  
Hours: Mon. - Fri.: 8am-4pm

### **Eastwind Clubhouse**

UPAC Eastwind Center  
8745 Aero Drive, Suite 101  
San Diego, 92123  
Phone: (858) 268-4933  
Hours: Mon. - Fri.: 8:30am-5pm

### **Escondido Clubhouse\***

474 W. Vermont Ave.  
Escondido, 92025  
Phone: (760) 737-7125  
Hours: Mon. - Fri.: 8am-4:30pm

### **NAMI San Diego**

**Connection to Community\***  
(Serving the homeless)  
101 16th Street,  
San Diego, 92101  
Phone: (619) 955-8217  
Hours: Mon. - Fri.: 8am-4pm

### **Mariposa Clubhouse\***

1701 Mission Avenue  
Suite 120  
Oceanside, CA 92054  
Phone: (760) 439-2785  
Hours: Mon. - Fri.: 8am-4:30pm

### **The Meeting Place, Inc.\***

2553 State Street  
San Diego, 92101  
Phone: (619) 294-9582  
Hours: Mon. - Fri.: 8am-4pm

### **NHA - Friendship Clubhouse**

286 Euclid Ave., Suite #104,  
San Diego, 92114  
Phone: (619) 263-6269  
Hours: Mon. - Fri.: 8:30am-5:30pm

### **The Oasis Clubhouse**

Serving Transitional Age Youth  
(Ages 16-25)  
3330 Market St., Suite C  
San Diego, Ca 92102  
Phone: (858) 300-0470  
Hours: Mon. - Fri.: 9am-6pm

### **Visions**

226 Church St.  
Chula Vista, 91910  
Phone: (619) 420-8603  
Hours: Mon. - Fri. 12-7pm  
Saturdays & Sundays: 12-5pm  
NA & Dual Diagnosis groups  
available,  
please call for the schedule.

\*SSI Advocates available to assist  
with applications and appeals.  
Please call the clubhouse for more  
information.