

UPMC Susquehanna

WorkCenter

Camille Hinojosa, MD, MPH, MRO
Medical Director, WorkCenter

Ihuoma Nwogu, MD, MPH

Aaron Kolb, MD, MPH

Joseph English, MD

Krista Falk, CRNP, MSN

Katelyn Plessinger, MHS, PA-C

Alexa Llewellyn, MS, PA-C

Jeffrey Yount, PA-C

1100 Grampian Blvd
Williamsport, PA 17701
T 570-320-7444
F 570-320-7445

10 Shady Ln
Muncy, PA 17756
T 570-546-4005
F 570-546-4008

25 Walnut St
Wellsboro, PA 16901
T 570-723-0103
F 570-723-1087

300 Washington Ave
Sunbury, PA 17801
P 570-286-6130
F 570-286-3475

24 Cree Dr.
Lock Haven, PA 17745
P 570-893-5510
F 570-893-5441

“Rebuilding A Workplace After COVID-19”

9/11 and Hurricane Katrina taught us that in times of trauma, substance non-users often become users and previous users consume more.

What did Centers for Disease Control researchers learn?

- Mass Post-Traumatic Stress Disorder is a real consequence.
- Substance abuse is significantly increased.
- Hospitalizations for substance use increases.
- And most troubling, although PTSD largely subsided in a short period of time, substance abuse remained elevated.

▪ **Human Suffering and Substance Abuse go hand-in-hand**

LOOK AT THE MATH. Why is 70% a number you want to remember?

21M: Americans have SUD (Substance Abuse Disorder; Surgeon General)

70%: Percentage of drug users in labor force (NSC)

164M: People in labor force before COVID (Dept. of Labor)

If we do the math, what do we find?

Risk.

70% X 21M = 14.7M drug users in the labor force

Sadly, the chances are good that at least some of our co-workers will return with a new or heightened dependence on chemical relief. And being ready for that reality will be our collective post COVID-19 challenge.

The WorkCenter is here to help with your Fit for Work exams and Drug & Alcohol testing to help you reduce your

Risk.

[*CDC 2016 Report on post-Katrina substance abuse](#)