

You're invited to our Doc Talk: Optimizing Vitality, Staying Dynamic & Lowering Inflammation

Presented by Dr. Dushyant Viswanathan



Join Dr. Dushyant Viswanathan for a morning of valuable information.

As we get older, our bodies begin to go through changes that leave us more susceptible to illness and injury. Learn how optimizing our vitality and how staying dynamic is related to our gut health, hormones, sleep, and lifestyle habits.



Friday, May 20, 2022
11:00 a.m. – 12:00 p.m.

Las Palmas Park

505 S. Huntington St., San Fernando, CA 91340



Monday, June 6, 2022
10:00 a.m. – 11:00 a.m.

Las Palmas Park

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To RSVP, visit HealthyWayEvents.com. Call Las Palmas Park at (818) 898-7340 for questions about this event.



**Bring your health and wellness
questions for a chance to win
one of three \$10 gift cards!**



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Dr. Viswanathan has been in practice for more than 10 years, specializing in endocrinology, chronic disease reversal, gut health and diabetes. He serves the San Fernando Valley and works closely with his patients to improve their health and quality of life. In his spare time, Dr. Viswanathan enjoys spending time with his wife and three children, writing music and playing multiple instruments.

Visit HealthyWayEvents.com to see a full list of FREE programs, classes, and events in your area.

