



# SAN FERNANDO



## HEALTHY SAN FERNANDO

### *Fitness With a Side of Fun*

#### FALL MENU

##### MONDAY

Zumba 5:20PM  
Cycling 5:30PM

##### WEDNESDAY

Zumba: 5:20PM  
Total Body  
Conditioning:  
5:30PM

##### FITPASS CLASS

\$20 for 10 classes

##### TUESDAY

Yoga: 8:15AM  
Cardio Training  
5:30PM  
Zumba: 6:30PM

##### THURSDAY

Yoga: 8:30AM  
Cardio Training:  
5:30PM  
Zumba: 6:30PM

##### ZUMBA PASS

\$25 for 10 classes

**5K! CHALLENGE YOURSELF ON OCTOBER 27TH**

\*20% off discount during  
the month of October\*

\*(Limit 2 passes per  
person)\*



**DIA DE MUERTOS**  
Healthy San Fernando



**OCTOBER 27, 2018**

Recreation Park 208 Park Ave.

For more information: (818) 898-1290

Para mas informacion llame al (818) 898-1290

[www.sfcity.org](http://www.sfcity.org)