



**SAN FERNANDO**



**HEALTHY  
SAN FERNANDO**

# *Fitness With a Side of Fun*

## FALL MENU

### MONDAY

Zumba 5:20PM  
Cycling 5:30PM

### WEDNESDAY

Zumba: 5:20PM  
Total Body  
Conditioning:  
5:30PM

### FITPASS CLASS

\$20 for 10 classes

### TUESDAY

Yoga: 8:15AM  
Cardio Training  
5:30PM  
Zumba: 6:30PM

### THURSDAY

Yoga: 8:30AM  
Cardio Training:  
5:30PM  
Zumba: 6:30PM

### ZUMBA PASS

\$25 for 10 classes

**5K! CHALLENGE YOURSELF ON OCTOBER 27TH**

\*20% off discount during  
the month of October\*

\*(Limit 2 passes per  
person)\*



Recreation Park 208 Park Ave.  
For more information: (818) 898-1290  
Para mas informacion llame al (818) 898-1290  
[www.sfcity.org](http://www.sfcity.org)