



## HOLLYBURN SUMMER 3 ON 3 LEAGUE – BUBBLE HOCKEY EDITION PLAYING RULES

Thank you for registering for our unique physical-distanced game on 3 on 3 - Bubble Hockey Edition!

Modeled after the Bubble Hockey (or Dome Hockey) games typically found in rec rooms, all 6 players on the ice will be restricted to an area where they can freely move up and down within their zone using their hockey skills while developing awareness away from the puck. Goalie movement is restricted to inside their crease or behind the goal-line.

We will structure the playing rules to make it as fast and competitive as possible. Players will be forced to pass the puck more than ever before, move to open ice away from the puck, create passing and shooting lanes, race for loose pucks, and figure out a strategy for success in a way that they never have been forced to think about.

### COVID-19 SAFETY PROCEDURE REMINDERS

- Be ready at the Sport Entrance exactly 15 minutes prior to the start of your game time. **Being on time and ready are extremely important;**
- Players to arrive fully dressed;
- Because of Covid-19 safety procedures, **we will not be able to provide pinnies or jerseys on-site.** We ask team members to coordinate jersey colours in advance of each game;
- **Players need to arrive with their own filled water bottle;**
- **Unfortunately, spectators are still not permitted at this time;**
- Players will be met at the Sports Entrance by a Hollyburn Hockey staff member or coach 15 minutes prior to game time;
- After the game, players have 10 minutes to depart, unless they are scheduled to play the game after;
- After the game, players will exit through the Sports Entrance;
- 4 skaters per team + 1 goalie.

### PLAYING RULES

- 4 skaters per team + 1 goalie;
- Goalie may be required to play on multiple teams;
- Players are not permitted inside the goalies' 2 meter physically-distanced area (black line in front of the blue goalie crease);
- 45-minute games (2 x 20-minute run time halves + 3-minute warm-up);
- Both players' skates must be touching the lines or inside their zone at all times;

- Player zones are physically distanced 2 meters apart. Players are encouraged to reach with their sticks outside of their zone to regain possession of loose pucks. Both skates must remain in the player's zone. This also applies when pucks are across the goalie line in the corners;
- If a player's skate leave his/her zone, a penalty shot will be awarded to the opposite team;
- If the puck is motionless behind the goal-line, the goalie is able to get the puck and pass it to his teammate;
- No face-offs. Every play begins with possession. After a goal or when the goalie covers the puck, the goalie has 5 seconds to advance the puck to his/her teammate;
- A puck may not remain in a player's zone for more than 5 seconds. Players have to move the puck to a teammate or take a shot within every 5 seconds. Change in possession will be awarded immediately up on the 5-second violation;
- Players may not move the puck between zones just to run time off the clock. Maximum puck movements between zones without a shot is 3. On the third consecutive controlled pass between zones, a shot is required. Otherwise, the opposing team will be awarded a penalty shot;
- Play is live immediately following a penalty shot. A shot must be taken within the player's zone;
- Players will rotate zones every 2 minutes and for line changes. This will be controlled by the referee;

### JUST SOME SKILLS NEEDED FOR 3 ON 3 – BUBBLE HOCKEY EDITION

- Passing (passing angles, direct and indirect passes, quick transitions)
- 2 on 1's (offense and defending 2-on-1s)
- Moving and getting open away from the puck
- Communication
- Regaining puck possession, races for pucks
- Shots
- Shooting for rebounds
- New strategies
- Getting into passing lanes
- Active sticks in passing and shooting lanes

### GOALIE SKILLS

- Rebound control
- Moving puck to open teammates
- Passing
- Shot angle awareness
- Lateral movement

Game and rules created by Adam Hayduk  
 Hockey Director, Hollyburn Hockey  
[ahayduk@hollyburn.org](mailto:ahayduk@hollyburn.org)