



# NEBRASKA DANCE

## 26.27 CLASS DESCRIPTIONS

### PEANUT CLASSES

**18 MONTHS-2  
YEARS**

#### **My Little One and Me (18 months- 3 yrs)**

Adult and child participate together in this engaging class, designed to introduce the world of dance and creative movement in a studio setting. With parachutes, stuffed animals, scarves, and more, your child's imagination is encouraged to come alive while exploring movement and expression.

#### **Creative Movement (2-3 years)**

Creative Movement is designed for older 2 to 3-year-olds, serving as a transition between MLOM and our Tiny classes. At the start of the session, parents are invited to join in to help their child feel comfortable and supported. After about 4-6 weeks, we gradually encourage parents to remain in the waiting area, with the goal of helping each child participate independently. If a child is not yet comfortable separating, we recommend continuing in MLOM until they feel ready to attend class on their own.

### TINY CLASSES

**3-4 YEARS**

#### **Lovely Little Ladies**

A perfect start to every little girl's dream of being a ballerina or dancing queen. Introduction to ballet and jazz terminology and movement with whimsical music.

#### **Tiny Tap**

An upbeat introduction to tap! Tiny dancers will learn to find the beat while they make some sound with their feet learning basic tap technique.

#### **Tiny Jazz/Acro**

An introduction to Acro and Jazz technique! Acro skills will focus on limbering, balancing, tumbling, strength and flexibility. Our acrobatic program is based on safe and effective progressions with proven results. Tiny dancers will wiggle and groove to familiar songs as they learn the basics of dance.

#### **Tiny Hip Hop/Pom**

This combo class will explore both hip hop and pom dance techniques. Dancers will be taken through warmups, center floor exercises, upbeat combinations to high energy music and choreography as they learn new styles of dance.



# NEBRASKA DANCE

## 26.27 CLASS DESCRIPTIONS

### MINI CLASSES

5 YEARS - 1<sup>ST</sup>  
GRADE

#### **Mini Performance Crew**

This jazz based class for Performance Crew has additional performing opportunities during the year. Additional class requirements and fees apply. Please email [info@nebraskadance.com](mailto:info@nebraskadance.com) for more information before registering for this class.

#### **Mini Ballet/Tap**

This combo class will cover an introduction to Ballet and Tap. Dancers will be taken through warmups, barre exercises, and rhythmic introductions to captivating music as they learn new styles of dance.

#### **Mini Jazz/Acro**

An introduction to Acro and Jazz technique! Acro skills will focus on limbering, balancing, tumbling, strength and flexibility. Our acrobatic program is based on safe and effective progressions with proven results! Tiny dancers will wiggle and groove to familiar songs as they learn the basics of dance.

#### **Mini Tap/Jazz**

This combo class will cover an introduction to Jazz and Tap. Dancers will be taken through warmups, across the floor exercises, and rhythmic introductions to captivating music as they learn new styles of dance.

#### **Mini Musical Theater**

Release that inner Broadway star in this introduction to musical theater dance! Dancers will participate in character building, improvisation games and be encouraged in their performance as they learn choreography set to musical and Broadway tunes!

#### **Mini Ballet**

An introduction to classical ballet technique with the young student in mind. Dancers will be taken through barre exercises and learn ballet combinations set to classical music.

#### **Mini Acro**

An introduction to Acro limbering, balancing, tumbling, strength and flexibility. Our acrobatic program is based on safe and effective progressions with proven results! Engaging activities will keep young ones learning and growing.

#### **Mini Hip Hop**

Dancers love to shake their groove thing and we love dancing with them! This class will be full of upbeat songs that may inspire new family dance parties as youngsters are introduced to some hip hop moves and grooves.

#### **Mini Tap**

An upbeat introduction to tap! Dancers will learn to find the beat and have an introduction to basic tap technique.

#### **Mini Pom & Cheer**

This combo class will cover an introduction to Pom and Cheer. Dancers will learn pom motions and skills as well as live cheers! A fun, high energy class that will allow dancers to explore both the pom and cheer world!



# NEBRASKA DANCE

## 26.27 CLASS DESCRIPTIONS

**2ND-12TH  
GRADE**

### TRACK A/B/C/D CLASSES

#### **Crew Jazz**

Crew is a non-competitive ND Program that provides extra performances for students- Additional class requirements and fees apply. Please email [info@nebraskadance.com](mailto:info@nebraskadance.com) for more information before registering.

#### **Ballet**

Dancers will study classical ballet technique, developing grace, strength and coordination.

#### **Tap**

Experience tap technique through warm-up, center and across the floor rhythmic exercises and choreography set to upbeat music.

#### **Jazz**

Experience this upbeat opportunity to learn and perform fun jazz choreography.

#### **Lyrical**

Experience lyrical dance, which combines the fundamentals from both ballet and jazz technique, with choreography set to soft and inspiring music.

#### **Lyrical/Contemporary**

Experience lyrical dance, which combines the fundamentals from both ballet and jazz technique, with choreography set to soft and inspiring music. Dancers will also work on contemporary in this class.

#### **Musical Theater**

Experience the world of musical theater through character building, improvisation exercises and choreography set to musical and Broadway tunes!

#### **Hip Hop**

Experience the world of hip hop (a street dance style) with upbeat and fun music.

#### **Acro**

An introduction to Acro limbering, balancing, tumbling, strength and flexibility. Our acrobatic program is based on safe and effective progressions with proven results!