

Date	Time	Location	Respiratory Session and objectives	Cardiovascular Exam Session and objectives
Thursday, February 17 th	14:00 – 17:00	RGN	Tutorial: Introduction to the respiratory system 12115: Describe the signs of respiratory distress. 12116: Describe the physical exam features of clubbing and cyanosis. 2668: Demonstrate a basic approach to the respiratory exam with the focus on inspection and palpation. 2670: Explain the signs of Respiratory Distress. 2671: Describe the features associated with clubbing. 2672: Demonstrate how to examine for cyanosis. 2208: Describe examination findings using proper medical terminology.	Tutorial: Cardiovascular exam 1 2619: Demonstrate the basic use of the stethoscope. 2620: Demonstrate how to measure the heart rate and respiratory rate. 2621: Demonstrate a basic approach to the physical examination of the cardiovascular system including inspection, palpation and auscultation. 2622: Demonstrate the normal location of the apical impulse. 2623: Demonstrate manoeuvres to elicit the apical impulse and auscultation of the heart. 2624: Demonstrate how to take an office blood pressure as per the Canadian Hypertension Education Program (CHEP). 14476: Refine the technique of measuring vital signs. 2208: Describe examination findings using proper medical terminology. 2215: Recognize a distressed patient. 2216: Discuss normal vital signs values.
Thursday, February 24 th	14:00 – 17:00	RGN	Tutorial: Respiratory exam 2 2688: Review the approach to the Respiratory Exam with the focus on Inspection, Palpation, Percussion and Auscultation.	Tutorial: Cardiovascular exam 2 2625: Demonstrate the locations for auscultation of the mitral/tircuspid/aortic/pulmonic valves. 2626: Describe the normal heart sounds. 2627: Explain how heart murmurs are described. 2628: Palpate the carotid pulse and check for carotid bruits. 2629: Describe the location and the different components of the jugular venous pulse (JVP). 2630: Demonstrate the best patient position for eliciting the JVP and how to differentiate it from the carotid pulse.
Thursday, March 3 rd	14:00 – 17:00	RGN	Tutorial: Respiratory exam 3 2910: Perform a screening history of the respiratory system. 2911: Perform a focused history of the Respiratory System. 2913: Demonstrate key components of professionalism. 2688: Review the approach to the Respiratory Exam with the focus on Inspection, Palpation, Percussion and Auscultation. 1246: Elicit a basic review of systems.	Tutorial: Cardiovascular exam 3 2835: Review the approach to cardiovascular and peripheral vascular exam in an organized approach. 2836: Demonstrate the key elements of the history of the cardiovascular and peripheral vascular systems. 2837: Utilize Mock OSCE cases as an effective learning tool.