

Ms Courtney's Nepal Journey So Far!

We made it! We're in Nepal. Noah and I, along with one of our best friends, Joey, got accepted to the All Hands and Hearts Nepal program to help build a health post in Dudhauri.

We flew into Kathmandu and spent a few days exploring and shopping in preparation for our journey down south. We then took a quite eventful 11 hour bus ride with 25 other volunteers to our base that we will call home for the next month. Thank you so much to everyone who has helped me make this happen. I will hopefully be posting more often now that we are settled and will share photos of Dudhauri and the worksite soon.

I am also currently working on a fundraising page so that you are able to directly donate to this organization and help support these beautiful communities they work with. The link will be in my next post! [#allhandsandhearts](#) [#volunteering](#) [#adventure](#) [#newtrails](#) [#dalbaati](#) [#buffalo](#) [#bamboo](#) [#ricefields](#) [#mangojuice](#) [#coldshowers](#) [#grownupcamp](#)

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