

METROPOLITAN COMMUNITY CHURCH OF NORTHERN VIRGINIA

November 24, 2024

There is a book at the Sanctuary entry where prayer requests may be entered.

There is also a Square device at the Sanctuary entry if you would like to make your Offering Donation via credit card.

Spirit, Community, Action – Inside & “Out” Celebrating 43 Years of Being Out in Northern Virginia

Like Life, The Order of Worship is Subject to Change

Gathering Music

Jorge Martinez

Welcome & Announcements

Rev. Emma Chattin

Centering

At the sound of the singing bowl,
please take a few moments to prepare yourself for our worship together

Illumination

Tee

Gathering Words ~ *adapted from Richard M. Fewkes*

One: For the sun and the dawn which we did not create;

Many: For the moon and the evening which we did not make;

One: For food which we plant but cannot grow;

**Many: For this gathered community which welcomes us as we are,
from wherever we have come;**

One: For all the communities that keep us human
and encourage us in our quest for beauty, truth, and love;

Many: For all things which come to us as gifts of sources beyond ourselves;

One: Gifts of life and love and friendship;

All: We lift up our hearts and give thanks this day!

Prayers of the Community

First Reading ~ *Philippians 4:5-9*

Margot Sheiffley

Let your gentleness be known to everyone. Our savior is near. Do not be anxious about anything, but in everything by prayer and in thanksgiving let your requests be known to God; And the peace of God, which passes all understanding, will guard your hearts and minds in Christ.

Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any virtue and excellence, and if there is anything worthy of praise, think about these things. As for the things that you have learned and received and heard and noticed in me, do this, and the God of peace will be with you.

Second Reading ~ *adapted from Rev. Dr. Howard Thurman*

Somehow in thanksgiving I see clearly that much has come my way as a normal part of my dependency, without my being aware of it. Perhaps it is always true that the test of my thanksgiving is the humility which it inspires. Self-examination, thanksgiving, humility: let us experience them in our quiet time in the presence of God.

Third Reading ~ *adapted from Cynthia Ozick*

When something does not insist on being noticed, when we aren't grabbed by the collar or struck on the skull by a presence or an event, we tend to take for granted the very things that most deserve our gratitude.

Response Song

No.

Reflection

Think About These Things

Rev. Emma Chattin

Community Dialogue

Offering Invitation

Offertory

We Are An Offering

MCC NoVA Choir

by Dwight Liles

❧ Welcome To The Table! ❧

Kurt Jaeger

Sung Words of Institution:

"Let Us Be Bread"

By Thomas J. Porter

The Leader will sing the verses. Please join together on the refrain:

Let us be bread, blessed by our God, broken and shared, life for the world.

Let us be wine, love freely poured. Let us be one in our God.

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Invitation to the Table

Sharing The Open Meal of Christ

Community Blessing Kurt Jaeger

Closing Song

No.

Benediction and Sending Forth

Rev. Emma Chattin

Postlude

❧ Go in Peace ❧