

METROPOLITAN COMMUNITY CHURCH OF NORTHERN VIRGINIA

November 3, 2024

There is a book at the Sanctuary entry where prayer requests may be entered.

There is also a Square device at the Sanctuary entry if you would like to make your Offering Donation via credit card.

Spirit, Community, Action – Inside & “Out” Celebrating 43 Years of Being Out in Northern Virginia

Like Life, The Order of Worship is Subject to Change

Gathering Music

Jorge Martinez

Welcome & Announcements

Rev. Emma Chattin

Centering

At the sound of the singing bowl,
please take a few moments to prepare yourself for our worship together

Illumination

Tee

Gathering Words

Fab Fernandez

~ *adapted from Father Richard Rohr, Essential Teachings on Love*

One: God, lover of life, lover of our lives,

Many: **God, lover of our souls, lover of our bodies, lover of all that exists,**

One: May we know that we are love.

Many: **May we never doubt this love.**

One: May we never doubt that we were created for love.

Many: **That we are a reflection of you,**

One: *That you love yourself in us,*

All: **And therefore we are perfectly lovable.**

Prayers of the Community

Dale Bradshaw

First Reading ~ *Deuteronomy 6:4-9*

Starlene Keppel

Hear, O Israel: YHWH, our God, is One! You are to love YHWH your God with all your heart, and with all your soul, and with all your strength. Let these words I command you today be written in your heart. Teach them diligently to your children, and repeat them constantly- when you are at home, walking down a road, when you lie down at night and when you get up in the morning. Tie them on your hand as a reminder; wear them as a circlet on your forehead; write them on the doorposts of your house and on your gates.

Second Reading ~ *Mark 12:28-31*

One of the religious scholars who had listened to them debating and had observed how well Jesus had answered them, came up and put a question to him: “Which commandment is the first of all?” Jesus answered, “The first is, ‘Hear O Israel, God, our God, is One. You shall love the Most High God with all your heart, with all your soul, and with all your mind, with all your strength.’ The second is this: ‘You shall love your neighbor as yourself’. There is no commandment greater than these.”

Third Reading

~ adapted from Bishop Michael Curry and Sara Grace in "Love Is the Way: Holding on to Hope in Troubling Times"

There is a Jewish proverb, "Before every person there marches an angel proclaiming, 'Behold, the image of God.'" Unselfish, sacrificial living isn't about ignoring or denying or destroying yourself. It's about discovering your true self—the divine self that looks like God—and living life from that grounding. Many people are familiar with a part of Jesus's summary of the law of Moses: You shall love your neighbor as you love yourself. Yourself! Loving the self is a required balance. If we fail in that, we fail our neighbor, too. To love your neighbor is to relate to them as someone made in the image of God. And it is to relate to yourself as someone made in the image of God. It is God, up, down, and all around, and God is love.

Response Song

No.

Reflection

For the Love of God
Rev. Emma Chattin

Community Dialogue

Offering Invitation

Cornelius Butler

Offertory

We Are An Offering
by Dwight Liles

MCC NoVA Choir

❖ Welcome To The Table! ❖
Kurt Jaeger

Sung Words of Institution:

"Let Us Be Bread"
By Thomas J. Porter

The Leader will sing the verses. Please join together on the refrain:

***Let us be bread, blessed by our God, broken and shared, life for the world.
Let us be wine, love freely poured. Let us be one in our God.***

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Invitation to the Table

Sharing The Open Meal of Christ

Community Blessing Kurt Jaeger

Closing Song

No.

Benediction and Sending Forth

Rev. Emma Chattin

Postlude

❖ Go in Peace ❖